

New York City Health + Hospital - Paid Family Leave (NY PFL)

New York Paid Family Leave (NY PFL)

Paid Family Leave (PFL) wage replacement benefits are for eligible employees who need time off from work for qualifying reasons. Employees may be eligible for PFL to bond with a new child, care for a sick family member, which could include organ donation, and address a qualifying military exigency need.

NY PFL is changing for 2026: The chart below outlines the changes.

	2025	2026
Benefits	• 12 weeks • 67% of weekly pay up to \$1,177.32/week	• 12 weeks • 67% of weekly pay up to \$1,228.53/week
Contribution (payroll deduction):	• NY PFL Total Premium Rate is 0.388% in 2025 • Maximum Employee Annual Contribution: \$354.53 in 2025	• NY PFL Total Premium Rate is 0.432% in 2026 • Maximum Employee Annual Contribution: \$411.91 in 2026
Administrator	AbSolve P.O. Box 1328 Mt. Laurel, NJ 08054 Email: nypfl@absencesolved.com or Phone: 1-800-401-2691 or Fax: 800.728.7028	AbSolve P.O. Box 1328 Mt. Laurel, NJ 08054 Email: nypfl@absencesolved.com or Phone: 1-800-401-2691 or Fax: 800.728.7028
Claims	Absolve as administrator for Metropolitan Life Insurance Co.	Absolve as administrator for Metropolitan Life Insurance Co.
Policy Number	MET228950	MET228950

Resources:

Contact:

AbSolve

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For more information about the NY PFL benefit program, please visit the NY PFL website.

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