

Introduction to CHS' Supportive Transitional Engagement Program (STEP)

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Overview of Current Mental Health Continuum of Care

- To meet the needs of the approximately 60% of CHS patients who require mental health services, CHS provides a spectrum of jail-based care that ranges from individual and group counseling to medication treatment in an outpatient setting through residential-level mental health therapeutic housing units.
- CHS assesses a patient's therapeutic housing needs starting at jail admission and as appropriate throughout the period of detention.
- Most patients with mental health needs can be housed in General Population (GP) and receive mental health services in the clinic.
- Patients with more significant mental health needs who would benefit from greater engagement with providers and from a more structured environment may be housed on a mental health therapeutic housing unit.

Mental Health Therapeutic Housing Units

- Until recently, mental health therapeutic housing units have been comprised of Mental Observation (MO) and Program for Accelerated Clinical Effectiveness (PACE) units.
- CHS' mental health staff typically see these patients directly on the therapeutic housing unit, as opposed to in the clinic. Patients on these units also receive enhanced clinical support and monitoring.
- PACE housing, more clinically intensive than MO housing, represents the highest level of mental health care CHS provides in the jails.
- Depending on individual patients' changing clinical needs, they may be transitioned among GP, MO, and PACE housing.

Supportive Transitional Engagement Program (STEP)

- In its ongoing quality improvement work, CHS developed and implemented a new level of care within the mental health therapeutic housing continuum.
- This new therapeutic housing model, Supportive Transitional Engagement Program (STEP), helps patients who do not, or no longer, require the full clinical support of an MO to maintain clinical gains.
- An intermediate level between GP and MO, STEP units offer mental health services, including individual counseling and therapeutic group activities, directly on the housing units.
- STEP also enables more targeted cohorting of clinically distinct populations across the mental health therapeutic housing continuum, leading to more effective group and individual level interventions and improving the therapeutic milieu of each type of unit.

Mental Health Therapeutic Housing Bed Counts

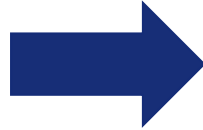
- The number of PACE beds remains the same at 319 beds.
- The number of MO beds decreases from 945 beds to 745 beds with the conversion of 200 beds to STEP.
- The STEP units include 34 additional new beds.
- Overall, the number of mental health therapeutic housing beds is increasing from a total of 1,264 beds to 1,298 beds.

Changes to Mental Health Therapeutic Housing

- Units in NIC, RNDC, and RESH Annex opened in late February/early March.
- Units in OBCC and GRVC are opening this week.



Previous MH THU continuum
Total beds: **1264**



Revised MH THU continuum
Total beds: **1298**

**Thank you to our DOC partners for helping to
implement STEP.**

Questions or comments?