



# GROUP 12 BENEFITS OVERVIEW

April 2026

# Contents

---

Your Benefits at a Glance

MetroPlusHealth New Hire

Your Medical Health Plans

Flexible Spending Account Programs

Union Benefits

Types of Leave

Retirement Savings Plans

Additional Savings Options

Tuition Discounts

Ancillary Benefits

Key Contact Information

**You may receive additional information on how to enroll during your New Employee Orientation. For more information, please visit [ess.nychhc.org](http://ess.nychhc.org).**

# Your Benefits at a Glance

---

As the nation's largest public health system, NYC Health + Hospitals was recognized by Becker's as one of the 2026 [Top Places to Work in Healthcare](#), underscoring our commitment to fostering an inclusive workplace culture, investing in its workforce, and delivering high-quality care to more than one million New Yorkers annually. This designation reflects NYC Health + Hospitals' ongoing efforts to foster a supportive environment in which clinicians, administrators, and frontline staff are empowered to thrive and grow.

Our extensive benefits and incentive programs are examples of our commitment to our employees beyond life and health insurance, including tuition reimbursement, retirement savings plans, employee assistance programs, flexible spending accounts, paid time off, and much more.

# MetroPlusHealth New Hire

Newly hired eligible employees hired on or after July 28, 2025 who are electing City Health Coverage will be able to choose from the following options and remain in the plan for the first 365 days as per the New York City Office of Labor Relations.

- MetroPlusHealth Gold Basic **or**
- MetroPlusHealth Gold Standard Rx (see attached prescription list)\* **or** (Includes comprehensive drug prescription coverage. Recommended for employees who take medications not covered under the Basic plan prescription list)
- Buy-Out Waiver **or**
- Waive

**Employees will receive an email notification upon their 366th day giving an option to remain with MetroPlusHealth or select a new plan.**

*Exemptions to this requirement include if you:*

- *Live outside of the MetroPlusHealth Gold Plan coverage area (the 5 Boroughs).*
- *Have health insurance coverage through your spouse or domestic partner that you will be using*
- *Have severe or life-threatening pre-existing condition and your provider does not accept MetroPlusHealth Gold (an Opt-Out Form is required for review and consideration)*

MetroPlusHealth Gold offers exceptional value to employees and their families. It offers some of the following benefits, including quality care, a broad provider network, and prescription coverage—all at no cost to you.

- \$0 co-pays\*\*
- \$0 premium
- Fitness reimbursement (up to \$1,400 per plan year)
- Transportation reimbursement (up to \$60 per plan year)
- \$0, 24/7 virtual access to doctors and therapists
- Up to \$300 per year for utilizing wellness apps
- \$0 nutritionist care
- Up to 10 acupuncture visits with \$0 co-pay

Learn more about the MetroPlusHealth Gold Plan by visiting [www.metroplus.org/plans/gold-plan/](http://www.metroplus.org/plans/gold-plan/)

# Your Medical Health Plans

---

On your 366th day, or if you qualify for an exemption, NYC Health + Hospitals employees can choose from the various medical health plans listed, including options like HMOs, EPOs, POS, and PPOs, which vary in coverage and costs. All employees have **30** (thirty) days from hire date or 1 year anniversary date to enroll in a medical health plan, or elect to either waive or select a buyout waiver of coverage.

The NYC Health Benefits Program Summary Program Description (SPD) provides you with information about your benefits under the New York City Health Benefits Program.

To view the Summary of Benefits and Coverage (SBC) for each Plan, please visit <https://www.nyc.gov/site/olr/health/summaryofplans/health-sbc.page>

## **Important Terms:**

**HMO (Health Maintenance Organizations)** - Members choose a Primary Care Physician (PCP) from the HMO network, and the PCP manages all medical services, provides referrals, and is responsible for non-emergency admissions.

**EPO (Exclusive Provider Organizations)** - Members can see any provider in the EPO network, no need to choose a primary care physician and no referrals are necessary to see a specialist. There is no out-of-network coverage.

**POS (Point of Service)** - Provides the freedom to use either a network provider or an out-of-network provider for medical and hospital care. In-network includes comprehensive coverage and little out-of-pocket costs for services, while out-of-network services are subject to deductibles and/or co-insurance.

**PPO (Participating Provider Organizations)** - Provide the freedom to use either a network provider or an out-of-network provider for medical and hospital care. In-network includes comprehensive coverage and little out-of-pocket costs for services, while out-of-network services are subject to deductibles and/or co-insurance.

## NYC Health Benefits Program – Plan Comparison (2026 – Group 12)

Plan Name	Plan Type	Primary Care Copay	Geographic Coverage Area	Individual Basic Rates (Weekly/ <i>Bi-Weekly</i> )	Individual Prescription Rider (only) (Weekly/ <i>Bi-Weekly</i> )	Individual Total Cost Basic + Prescription Rider (W/ <i>BW</i> )	Family Basic Rate (Weekly/ <i>Bi-Weekly</i> )	Family Prescription Rider (only) (Weekly/ <i>Bi-Weekly</i> )	Family Coverage Total Cost with Prescription Rider (W/ <i>BW</i> )
NYCE PPO	PPO	\$0 preferred/ \$0 H+H / \$15 participating/ \$30 Specialist	National	\$0.00	\$28.50 / <b>\$57.01</b>	\$28.50 / <b>\$57.01</b>	\$0.00	\$52.26 / <b>\$104.52</b>	\$52.26 / <b>\$104.52</b>
DC37 Med-Team	PPO	Plan-specific (varies)	National	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
Anthem Blue Access Gated EPO	EPO	Typical EPO network copay	New York, Hudson, Union, Sussex, Passaic, Monmouth, Middlesex and Bergen Counties. In CT the counties of Fairfield and Litchfield.	\$104.92 / <b>\$209.83</b>	\$147.63 / <b>\$295.27</b>	\$252.55 / <b>\$505.10</b>	\$311.36 / <b>\$622.71</b>	\$361.93 / <b>\$723.85</b>	\$673.28 / <b>\$1,346.57</b>
Anthem EPO	EPO	Typical EPO network copay	National	\$305.44 / <b>\$610.88</b>	\$147.63 / <b>\$295.27</b>	\$453.08 / <b>\$906.15</b>	\$776.69 / <b>\$1,553.39</b>	\$361.93 / <b>\$723.85</b>	\$1,138.62 / <b>\$2,277.24</b>
Aetna EPO	EPO	Carrier EPO PCP copay (varies)	National	\$200.20 / <b>\$400.41</b>	\$714.74 / <b>\$1,429.48</b>	\$914.94 / <b>\$1,829.88</b>	\$696.60 / <b>\$1,393.20</b>	\$2,072.73 / <b>\$4,145.47</b>	\$2,769.34 / <b>\$5,538.67</b>

Effective January 1, 2026

## NYC Health Benefits Program – Plan Comparison (2026 – Group 12)

Plan Name	Plan Type	Primary Care Copay	Geographic Coverage Area	Individual Basic Rates (Weekly/ <i>Bi-Weekly</i> )	Individual Prescription Rider (only) (Weekly/ <i>Bi-Weekly</i> )	Individual Total Cost Basic + Prescription Rider ( <i>W/BW</i> )	Family Basic Rate (Weekly/ <i>Bi-Weekly</i> )	Family Prescription Rider (only) (Weekly/ <i>Bi-Weekly</i> )	Family Coverage Total Cost with Prescription Rider ( <i>W/BW</i> )
GHI HMO	HMO	HMO network copay	New York City/ State	\$91.20 / <b>\$182.40</b>	\$142.17 / <b>\$284.34</b>	\$233.37 / <b>\$466.74</b>	\$233.37 / <b>\$466.74</b>	\$362.56 / <b>\$725.12</b>	\$620.47 / <b>\$1,240.93</b>
HIP HMO Gold Preferred (Standard)	HMO	\$0 H+H HMO network copay	NYC Metro	\$0.00	\$34.41 / <b>\$68.81</b>	\$34.41 / <b>\$68.81</b>	\$0.00	\$63.08 / <b>\$126.15</b>	\$63.08 / <b>\$126.15</b>
HIP POS	POS	HMO rates (in-network)	NYC Metro	\$337.82 / <b>\$675.63</b>	\$135.96 / <b>\$271.92</b>	\$473.77 / <b>\$947.55</b>	\$827.58 / <b>\$1,655.17</b>	\$333.16 / <b>\$666.33</b>	\$1,160.75 / <b>\$2,321.50</b>
MetroPlusHealth Gold (Standard)	HMO	HMO network copay	NYC Metro	\$0.00	\$30.27 / <b>\$60.53</b>	\$30.27 / <b>\$60.53</b>	\$0.00	\$57.81 / <b>\$115.62</b>	\$57.81 / <b>\$115.62</b>
Vytra Basic Plan	HMO	HMO network copay	Queens, Nassau and Suffolk counties.	\$74.03 / <b>\$148.06</b>	\$121.22 / <b>\$242.44</b>	\$195.25 / <b>\$390.50</b>	\$241.58 / <b>\$483.15</b>	\$315.37 / <b>\$630.75</b>	\$556.95 / <b>\$1,113.90</b>

Effective January 1, 2026



**New York City  
Health Benefits Program  
Dependent Eligibility Required Documentation**



Below is a list of all dependent eligibility documentation requirements for health benefits coverage for dependents.

**For a Spouse**

- married one year or less – Government Issued Marriage Certificate
- married more than one year – Government Issued Marriage Certificate and one of the following:
  - Federal tax return filed within last two years and listing spouse as joint or individual
  - Proof of joint ownership (bank account, auto, home, etc.) issued within last six months
  - Proof of cohabitation (two separate documents – one in your name and one in your spouse’s name – at the same address, such as utility bills, bank statements or credit card statements)

**For a Domestic Partner**

- partnership of one year or less – Domestic Partnership Certificate of Registration
- partnership of more than one year – Domestic Partnership Certificate of Registration and one of the following:
  - Proof of joint ownership (bank account, auto, home, etc.) issued within last six months
  - Proof of cohabitation (two separate documents – one in your name and one in your domestic partner’s name – at the same address, such as utility bills, bank statements or credit card statements)

**For a Child**

NOTE: Disabled status for any child still requires current medical certification from the health plan in addition to the documents listed below.

- Biological Child
  - Government Issued Birth Certificate (including parent’s names)
- Step Child – Must be spouse’s child. One of the following combinations of documents is required:
  - Government Issued Birth Certificate (including parent’s names) and Government Issued Marriage Certificate if married one year or less
  - Government Issued Birth Certificate (including parent’s names) and Government Issued Marriage Certificate and Federal tax return filed within last two years listing spouse as joint or individual
  - Government Issued Birth Certificate (including parent’s names) and Government Issued Marriage Certificate and proof of joint ownership (bank account, auto, home, etc.) issued within last six months
- Domestic Partner’s child – Must be registered domestic partner’s child. One of the following combinations of documents is required:
  - Government Issued Birth Certificate (including parent’s names) and Domestic Partnership Certificate of Registration if partnership of one year or less
  - Government Issued Birth Certificate (including parent’s names) and Domestic Partnership Certificate of Registration and proof of joint ownership (bank account, auto, home, etc.) issued within last six months
- Legal Ward
  - Government Issued Birth Certificate and the court ordered document of legal custody
- Tax Dependent Child
  - Government Issued Birth Certificate and the federal tax return filed in the previous year listing child as dependent

## Flexible Spending Account Programs

---

The City of New York offers its employees a Flexible Spending Accounts (FSA) Program, which is allowable under Internal Revenue Code (IRC) Section 125. The programs offered are the HCFSA and DeCAP programs which allow City employees to deposit a portion of their pre-tax income into accounts maintained for certain health and dependent care expenses. Employees covered by a non-City group health plan can enroll in the MSC Health Benefits Buy-Out Waiver Program and waive City health benefits to receive an incentive payment up to \$1,000.

### **Medical Spending Conversion (MSC) Buy-out Waiver Program:**

Allows eligible employees who can obtain non-City group health benefits to waive their New York City health benefits in return for a cash incentive payment.

To learn more about the MSC Buy-Out Waiver program, visit: <https://www.nyc.gov/site/olr/fsa/fsa-msc-buy-out-waiver-home.page>

### **MSC Health Benefits Premium Conversion Program:**

The MSC Premium Conversion Program enables eligible employees to pay for their health plan premium deductions on a pre-tax basis, thereby reducing their gross income for tax purposes.

To learn more about the MSC Premium Conversion program, visit: <https://www.nyc.gov/site/olr/fsa/fsa-msc-premium-conversion-home.page>

### **Health Care Flexible Spending Account Program (HCFSA):**

The Health Care Flexible Spending Account (HCFSA) Program is a way to pay for eligible medical expenses (not covered by insurance), dental, vision, certain OTC medications, and hearing expenses with before-tax dollars.

To learn more about the MSC Premium Conversion program, visit: <https://www.nyc.gov/site/olr/fsa/fsa-hcfsahome.page>

### **Dependent Care Assistance Program (DeCAP):**

DeCAP allows City employees to pay for eligible dependent care expenses on a pre-tax basis, with deductions taken directly from paychecks. These deductions reduce an employee's gross income on his/her Form W-2 for federal and Social Security tax purposes.

To learn more about the MSC Premium Conversion program, visit: <https://www.nyc.gov/site/olr/fsa/fsa-decaphome.page>

## Union Benefits (Employees Covered by Collective Bargaining Agreements)

Provides supplemental benefits to employees covered by a union. Once an employee becomes employed with the City of New York, they must reach out to their union to obtain a summary/explanation of benefits offered through their Union, including vacation and sick leave accrual rates.

Union Contacts & Coverage				
<u>Union</u>	<u>Phone</u>	<u>Dental</u>	<u>Vision</u>	<u>Prescription</u>
<u>1199 SEIU - Local 300</u>	718-383-8945	Yes	Yes	Yes, covered
<u>1199 SEIU - Local 246</u>	212-233-0616	Yes	Yes	Yes, covered
<u>Committee of Interns and Residents (CIR)</u>	212-356-8100	Yes	Yes	Supplemental coverage up to \$750 individual/ \$750 per person in the family
<u>Communication of Workers of America (CWA 1180)</u>	212-226-6565	Yes	Yes	Yes, covered
<u>District Council 37 (DC37)</u>	212-815-1234	Yes	Yes	Yes, covered
<u>Doctors Council (SEIU)</u>	212-532-7690	Yes	Yes	No, not covered
<u>International Brotherhood of Electrical Workers (IBEW Local 3)</u>	212-591-4000	Yes, \$2500/Individual, \$5000/family	Yes, \$350/person, \$750/family	Yes, supplemental, covers up to approx. \$2000/year
<u>International Union of Operating Engineers (Local 30)</u>	718-847-8484	Yes	Yes	No, not covered

## Union Benefits (Employees Covered by Collective Bargaining Agreements)

Union Contacts & Coverage				
<u>Union</u>	<u>Phone</u>	<u>Dental</u>	<u>Vision</u>	<u>Prescription</u>
<u>International Union of Painters &amp; Allied Trades (Local 1969)</u>	212-647-9696	Yes	Yes	No, not covered
<u>NYC District Council of Carpenters (NYCDCC)</u>	212-366-7350 / 226-6565	Yes	Yes	No, not covered
<u>NYS Nurses Association - NYSNA</u>	800-724-6976	Yes	Yes	Yes, covered (Part-time employees are not covered)
<u>Organizational of Staff Analysts (OSA)</u>	212-686-1229	Yes	Yes	No, not covered
<u>Plumbers Union (UA Local 1)</u>	718-738-2700	Yes, not all members	Yes	Yes, covered
<u>Social Service Employees Union (SSEU) Local 371</u>	212-777-9000	Yes	Yes	Yes, covered
<u>Steam Fitters (UA Local 638)</u>	718-392-3420	Yes	Yes	Yes, covered
<u>Teamsters Local 237 City Employee Union</u>	212-924-7220	Yes	Yes	Yes, covered

**The following are regular holidays with pay:**

New Year's Day  
 Martin Luther King, Jr. Day  
 President's Day  
 Memorial Day

Juneteenth Day  
 Independence Day  
 Labor Day  
 Columbus Day

Election Day  
 Veteran's Day  
 Thanksgiving Day  
 Christmas Day

## Types of Leave

---

### **Family & Medical Leave Act (FMLA):**

FMLA entitles eligible employees up to a maximum of 12 weeks of paid/unpaid leave in a 12-month period to care for an immediate family member (spouse, domestic partner, child or parent) or for the serious illness of the employee. During this period, benefits remain intact (health insurance and MBF).

### **Bereavement:**

Following the death of an immediate family member, a domestic partner, or a family member of a domestic partner, an employee shall be entitled to up to four consecutive workdays of excused absence, without utilizing leave balance accruals. If two deaths occur within that four-day period, the new four-day absence shall run concurrently with the first. The Bereavement Leave must be used within 90 calendar days following the death of the immediate family member. For specific information, refer to Operating Procedure 20-26.

### **Cancer Screening Paid Leave:**

Per calendar year, employees are eligible to receive and use **up to four hours** of paid leave of absence, including travel time to and from an applicable cancer screening facility. The entire period of paid leave is excused, without utilizing leave balance accruals. The cancer screening paid leave of absence shall not exceed **four hours** on a calendar year basis to undertake a screening for any type of cancer. This applies to both part time and full-time employees. The date of an employee's use of this leave is at their discretion. This leave may not be used for a screening that takes place on a day or time outside of the employee's regularly scheduled work hours.

### **Dedicated Sick Leave Program:**

Enables active NYC Health + Hospitals staff members to voluntarily donate accrued sick leave, annual leave, and/or comp leave for use as paid sick and/or annual leave directly to a designated seriously ill or injured employee. The seriously ill or injured employee must be out on a continuous leave of absence approved by the HRSS Leave Administration. For specific information, refer to Operating Procedure 20-65.

### **Paid Family Leave (PFL):**

An employee-funded insurance that provides job-protected, paid time off to: Bond with a newly born, adopted, or fostered child; care for a family member with a serious health condition; or assist loved ones when a spouse, domestic partner, child, or parent is called to active military service abroad. This particular leave benefit is administered by a third-party vendor. See Operating Procedure 20-71 for detailed information and parameters.

For more information visit [ess.nychhc.org/paid-family-leave.html](http://ess.nychhc.org/paid-family-leave.html)

## Types of Leave

---

### **Military Leave:**

Military leaves of absence (Call to Duty) are granted to employees in accordance with the Uniformed Services Employment and Reemployment Rights Act of 1994 ("USERRA") and New York State Military Law, Article XI, Section 242.

### **Special Leave of Absence Coverage (SLOAC):**

SLOAC entitles eligible employees on an active approved unpaid leave up to a maximum of 4 months (16 weeks) of continued benefits (health insurance and MBF) coverage in a 12-month period during an unpaid Leave resulting from a disability or serious illness of the employee. This coverage runs concurrently with FMLA.

### **Time for Voting:**

Effective June 1, 2019, pursuant to the New York Election Law § 3-110, as registered voters, employees shall be allowed, without loss of pay, up to three hours of working time off for voting at any federal, New York State, or local election.

### **Workers' Compensation Program:**

The HRSS Leaves Administration is responsible for administering the Workers' Compensation Program with all work-related incident/injury reports and all leaves of absence due to a work-related injury for NYC Health + Hospitals. We focus on the health and safety of our employees while striving to provide a high level of case management services. For specific information, refer to Operating Procedure 20-08.

### **Jury Duty:**

NYC Health + Hospitals will excuse employees from their scheduled work hours and continue to pay employees without charge to leave balances while they serve on jury duty. For specific information, refer to Operating Procedure 40-18.

### **Blood Donation:**

Managerial employees who donate blood during regular working hours, are granted three (3) hours of excused time, in addition to the excused time actually used to donate blood. For specific information refer to Operating Procedure 20-67.

## Retirement Savings Plans

---

NYC Health + Hospitals provides retirement benefits to all eligible employees and provides guidance to allow you a smooth transition from active to retiree status. The plans listed below are all voluntary to best meet your financial needs. We invite you to review and make your savings for retirement easy!

### **New York City Employees' Retirement System (NYCERS) – Pension Plan**

- NYCERS is a defined benefit pension plan, meaning your retirement benefit is determined by a formula established by law.
- Provides guaranteed lifetime income upon retirement.
- Offers the option to provide a continued benefit to a designated beneficiary after your death (if elected at retirement).
- You become vested after five (5) years of pension credited service.
- Membership is available to all New York City employees.
- Other eligible employees may join upon appointment or at any time thereafter. Once enrolled, membership is irrevocable while employed by the City.
- Your pension Tier is generally determined by your membership date
- You may purchase prior public service rendered in New York City or New York State
- Eligible members may apply for a pension loan (subject to qualification requirements).
- Members with at least ten (10) years of pension credited service are eligible for retiree health benefits.

For additional information, visit: [www.nycers.org](http://www.nycers.org)

### **Tax-Deferred Annuity (TDA) 403(b) Program**

The NYC Health + Hospitals TDA Program is a supplemental retirement savings plan available to employees for over 40 years.

- Allows employees to save on a tax-deferred or Roth basis.
- Employees are immediately eligible and may enroll at any time.
- Contributions may range from 1% to 70% of W-2 wages, subject to IRS annual limits.
- Contributions may be made as Pre-Tax, Roth, or After-Tax (subject to plan provisions).
- This is an employee-contribution-only program.
- Participants are always 100% vested in their contributions.
- Contributions may be increased, decreased, or stopped at any time.
- Rollovers from other eligible retirement plans are permitted.
- Loans, hardship withdrawals, and certain distributions (including those related to domestic abuse, subject to IRS rules) may be available.

For NYC Health + Hospitals' TDA 403b enrollment, please visit [www.nychhctda.empower-retirement.com/participant/#/articles/NYCHH/meetYourRepresentatives](http://www.nychhctda.empower-retirement.com/participant/#/articles/NYCHH/meetYourRepresentatives) to Find your Empower TDA Education Representative by your Location, and learn more detail information on the TDA 403(b) plan, including the enrollment/rollover process or schedule an appointment.

## Retirement Savings Plans

---

### **New York City Deferred Compensation Plan (457 & 401(k))**

An employee benefit available to New York City employees, consisting of:

- A 457 Plan
- A 401(k) Plan
- Employees may enroll in either plan or both.
- Immediate eligibility; enrollment is available at any time.
- Contributions may range from 1% to 70% of W-2 wages, subject to IRS annual limits.
- Contributions may be stopped or changed at any time.
- Rollovers from other eligible retirement plans are permitted.
- Loans and hardship withdrawals may be available (subject to plan rules).

For additional information and enrollment to the plan, visit [www.nyc.gov/site/olr/deferred/dcp/home.page](http://www.nyc.gov/site/olr/deferred/dcp/home.page)

### **New York City Employee Individual Retirement Account (NYCE IRA)**

A tax-advantaged retirement savings account available to eligible City employees, former employees, and their spouses. Includes:

- Traditional IRA
- Roth IRA
- Contributions may continue while employed or after separation from City service.
- Traditional IRA contributions require taxable compensation.
- There is no age limit for making Roth IRA contributions.
- Rollovers from other retirement plans are permitted.

For additional information, visit: [www.nyc.gov/site/olr/nyceira/nyceirahome.page](http://www.nyc.gov/site/olr/nyceira/nyceirahome.page)

## Additional Savings Options

---

### **New York's 529 College Savings Program**

A state-sponsored savings program designed to help families save for future education expenses.

- Offers potential tax advantages.
- Covers qualified expenses including tuition, books, supplies, room and board.
- Can be used for college, graduate school, trade and technical schools, and registered apprenticeship programs.

For additional information, visit: [www.nysaves.org](http://www.nysaves.org)

### **Municipal Credit Union (MCU)** Special offer for NYC H+H Employees

- MCU offers the convenience of direct deposit into your savings, checking, IRA and even to a high dividend earning certificate account, all without taking a single step once you've filled out the appropriate forms at an MCU branch.
- MCU offers competitive rates on Savings Account, Mortgages, Auto Loans, Credit Cards, Personal Loans, etc.
- MCU offers special accounts like a Holiday or Vacation Account which earn a dividend rate and help you save for those special occasions. At the end of a 1-year term, your funds will be automatically deposited into your Checking or Share account for easy ATM access.

For additional information, visit: [www.nymcu.org](http://www.nymcu.org)

### **Direct Deposit**

Employees are encouraged to enroll in direct deposit and receive their paycheck to the bank of their choice. Otherwise, employees who are not enrolled in direct deposit will be automatically enrolled into the Wisely Pay Card to receive their pay.

- Enrolling in direct deposit is quick and easy through our Employee Self Service. Your paycheck can be deposited into a checking or savings account.

For additional information, email [payrollinquiries@nychhc.org](mailto:payrollinquiries@nychhc.org)

## Tuition Discounts

---

NYC Health + Hospitals is committed to helping employees at every level access learning and training opportunity. This is the perfect time to focus on your professional development. Please take a moment to review each school program(s), discount offering, and opportunities for you and your immediate family members. Tuition discounts range from 10% - 25%, offers vary for each school. Jumpstart your education journey today!

### Partnerships with Colleges & Universities

- [Berkeley College](#) (Larry L. Luing School of Business, the School of Professional Studies, and the School of Health Studies)
- [Capella University](#) (Nursing, Health Administration, Social Work, Business, & more)
- [Johns Hopkins](#) (Academy for Health Care Leadership & Management)
- [LIU Brooklyn](#) (MPA in Health Administration)
- [Southern New Hampshire University](#) (15% tuition discount for Certificate, Associate, Bachelor, and Master degree programs)
- ...and more!

### Scholarship Opportunities

- [Mayor's Graduate Scholarship Program](#): An opportunity for full-time New York City government employees, with undergraduate degrees, to pursue advanced degrees at local colleges/universities.
- [Johns Hopkins Bloomberg Fellows Program](#): The Bloomberg Fellows Program is a groundbreaking initiative that provides world-class public health training to individuals in organizations tackling critical challenges facing the United States. Fellows will receive a full scholarship to earn an MPH or DrPH degree from the Johns Hopkins Bloomberg School of Public Health.

### Union Funds & Benefits

- [1199SEIU/HHC/City of New York Education, Childcare and Eldercare Fund](#): Offer enhanced training and education benefits as well as child- and eldercare benefits to 1199SEIU members who are employees of NYC Health + Hospitals.
- [NYSNA Continuing Education Discounts](#): NYSNA members can access free and discounted continuing education courses and workshops. Learn more about advancing your practice with our certification review courses, Nurse Education and Practice workshops and seminars, and more.

## Ancillary Benefits

---

### **Transit Benefit**

Edenred transit benefits provides you with improved employee benefit options that support your commute to work.

- Deductions are taken on a monthly basis
- Employees are able to enroll and manage their accounts directly with Edenred
- Contact number is 888-235-9223

#### Edenred Deduction Schedule

The Edenred Deduction Schedule differs from the WageWorks/Transit Deduction Schedule. Employees paid bi-weekly will now have one deduction for the benefit, and one deduction for the associated administrative fees, per month. Employees paid weekly will have two deductions per month.

Visit [edenredbenefits.com/hhc/](https://edenredbenefits.com/hhc/) for additional information

### **Employee Assistance Program (EAP)**

A service that provides education, information, counseling, and individualized attention to assist with a wide range of personal and social challenges to NYC employees and their family members.

All EAP services are available Monday through Thursday, 8am – 7pm and Friday, 8am - 5pm.

Please contact the EAP by email at [eap@olr.nyc.gov](mailto:eap@olr.nyc.gov) or call and leave a message at 212-306-7660.

### **Discounts and Perks**

Perks that help you save time and money. Access exclusive employee discounts and rewards at over 30,000 brands. From small purchases to big ones, our corporate rates help you save every day!

- Exclusive discounts on entertainment, shows, attractions, theme parks, and more.
- Cell phone discounts
- Car rental discounts
- Fitness club discounts
- Sporting events discounts - Mets, Yankees, NYCFC, Jets, Red Bulls, and more...
- Vacation discounts
- Groceries & household item discounts

For more information, please visit [ess.nychhc.org](https://ess.nychhc.org)

## Key Contact Information

Department	Phone	Email
Benefits	646-458-5634	HHCBenefits@nychhc.org
Payroll	646-694-7777	PayrollInquiries@nychhc.org
Leaves of Absence	646-694-6590	LeavesofAbsenceTeam@nychhc.org
Retirement/Savings	646-694-6554	HRRetirementServices@nychhc.org
IT Help Desk	877-934-8442	EnterpriseServiceDesk@nychhc.org
Employee Assistance Program	212-306-7660	eap@olr.nyc.gov
Transit Benefits	888-235-9223	Edenredbenefits.com

Please visit our Employee Resource Center at [ess.nychhc.org](http://ess.nychhc.org) – the one-stop, easy to use place on our intranet for all Human Resources, Payroll, Benefits information and employee self-service functions.



# EMPLOYEE RESOURCES CENTER

*all online, all in one place.*

Payroll & Timekeeping

Leaves of Absence

Health Benefits

Savings & Retirement

Transit Benefits

Discounts & Perks

Emergency Alerts

Workplace Safety

*And much more!*



Scan here to log  
on to the ERC  
[ess.nychhc.org](https://ess.nychhc.org)



✓ MetroPlusHealth