

Anesthesiology Residency (Advanced)

*Training for the Next
Generation of
Anesthesiologists*



About Us

About South Brooklyn Health

South Brooklyn Health is part of the 11-hospital NYC Health + Hospitals system and has recently opened a brand new \$923 million state-of-the-art hospital facility. Our campus features modern operating rooms, cutting edge technology, and patient-centered design to support excellence in care and education.

Why We Are Training Residents

We are excited to launch a new Anesthesiology Residency Program (Advanced) at South Brooklyn Health. Starting a new program offers unique advantages: it brings energy, innovation, and a deeper culture of continuous learning, while strengthening our mission to care for a diverse and growing community

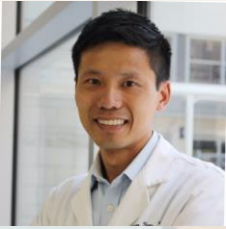
- **Mentorship:** With smaller class sizes, residents receive closer one-on-one attention from faculty.
- **Your Voice is Heard:** Residents play an active role in shaping the culture, policies, and educational focus of the program.
- **Opportunity to Lead:** Being among the first cohorts provides unmatched opportunities to influence the program and leave a legacy.



A Teaching Hospital

South Brooklyn Health is home to many other residency programs—including Internal Medicine, Emergency Medicine, Surgery, OB/Gyn, and more. As an anesthesiology resident, you will train in a rich, interdisciplinary environment alongside peers from multiple specialties.

About Us



Steven Yap, MD MBA Program Director and Chairperson

Residency: NYP-Columbia University Medical Center
Fellowship: Pain Medicine and Major Vascular/Transplant
Clinical Interests: AI in medicine,



Anna Roth, MD Assistant Program Director, Director of Acute Pain

Residency: NYP- Weill Cornell Medicine
Fellowship: Acute Pain and Regional Anesthesia
Clinical Interests: Building the regional service, teaching
students and residents

We offer three advanced anesthesiology residency positions each year (PGY 2–4).

Clinical Training and Rotations

(May be updated as program develops)

Core Rotations include General anesthesia, OB anesthesia, Pediatrics, Acute Pain Management, Chronic Pain management, Critical Care Medicine

Subspecialty Rotations include Point-of-care Ultrasound, Neuro Anesthesia, Thoracic, Vascular, Non-Operating room anesthesia, Preoperative anesthesia medical evaluation

Away rotations include Cardiovascular Anesthesia at Massachusetts General Hospital in Boston, Pediatric Anesthesia at Johns Hopkins University Hospital in Maryland and Critical Care Anesthesia at Harlem Hospital.

Curriculum and Education

- Weekly didactics and case-based learning
- Simulation sessions and airway workshops
- Journal clubs and evidence-based discussions
- Multidisciplinary conferences and M&M reviews
- Grand Rounds and Lectures throughout
- Case discussions, resident presentations, biostatistics
- Oral Board Preparation

Teaching Philosophy

We believe in approachable, hands-on teaching where residents feel supported to ask questions, challenge themselves and grow. Faculty members are committed to mentorship, fostering not just clinical excellence, but leadership, scholarship and professional development.

A Day in the Life of a Resident

First 3 Months of CA - 1 Year

- No call
- 1:1 supervision
- Introductory lecture series

After First 3 Months

Average of 5 to 6 calls per four-week block

Usually two full weekends off; Will be given ample time to study

Typical Day

- Arrive at hospital 06:30 to setup room and see first patient in preoperative area
- Take first patient into OR (07:30)
- Breaks: 15 minute morning break; 30 minute lunch break; 15 minute afternoon break; Breaks for didactics and lectures in the afternoons
- Relieved from OR duty at approximately 17:00 if not on call

Lifestyle and Well-Being

At South Brooklyn Health, we're dedicated to ensuring that you succeed not only as a clinician, but also as an individual. We support your well-being so you can excel throughout your residency and beyond. We provide a range of wellness services, including mental health support through confidential counseling, wellness seminars, and stress management workshops. Our residents will have predictable shifts and ample time off to recharge for themselves and their families.

Outside of work, **Brooklyn** offers a vibrant cultural scene, from exploring art galleries to dining in world-class restaurants, there's something for every resident. The program is designed to support residents **holistically**, with **mentorship** from faculty and peers to help guide both professional development and personal growth