

Bariatric Surgery Education Calendar

July – December 2025

Education and Support for Bariatric Patients

Please join us for a FREE virtual WebEx education series facilitated by our expert staff and guest speakers. Open to pre and post-operative bariatric patients. Participants can join for any number of dates/topics. Registrants will receive an email link to join the WebEx series. **Registration Required:** (click link or copy/paste to sign up) <https://forms.gle/3Vb69H3WRqiUiWZM6>

Date	Time	Topic	Speaker
Tuesday, 7/22/25	6:00 – 7:00 pm (English)	Improving Family and Social Support for Patients Choosing Bariatric Surgery	Moyra Rondon, LCSW
Thursday, 8/14/25	1:00 – 2:00 pm (bilingual)	Lunchtime with a Bariatric Provider - Q/A for Bariatric Patients (bilingual Eng/Spanish)	Tara Zablocki, FNP-BC, MPH
Monday, 9/8/25	6:30 – 7:30 pm (bilingual)	Teens Only- Meal Prep for Back to School (Adolescent bariatric patients only)	Nicholle Francis, MPH, RDN, CDN, CLC (bilingual English/Span)
Tuesday, 10/7/25	6:00 – 7:00 pm (English)	New Ideas for Mixing up your Healthy Eating Plate	Vanessa Martin, MS, RDN, CDN Bariatric Dietitian
Thursday, 11/6/25	6:00 – 7:00 pm (English)	Meeting your Protein Goals on a Balanced Plate	Rosemary Lopez, MS, RDN, CDN
Tuesday, 12/9/25	6:00 – 7:00 pm (English)	Coping with Holiday Stress for Bariatric Patients and their Families	Angela Cervera, LMSW Bellevue Hospital Depression Care Team