



SUMMER YOGA

AUGUST 22, 2025

12:00 PM - 1:00 PM

FREE FOR AGES 12-24

**SNACKS - GIVEAWAYS-
WELLNESS**

**Mats will be
provided!**

79-01 Broadway
4th floor Room D4-17A,
Elmhurst, NY 11373

ElmhurstESPY@nychhc.org
718-334-1340

RSVP

SCAN HERE



Limited to the first 20 people
who RSVP



**NYC
HEALTH+
HOSPITALS**

Elmhurst