



Serving New Yorkers with Pride.

Located within a trusted community hospital in the heart of East Harlem, the Pride Health Center at NYC Health + Hospitals/Metropolitan provides inclusive, affirming care tailored to the LGBTQ+ community.

Care for NYC. No Exceptions. **NYC
HEALTH+
HOSPITALS**

NYC HEALTH + HOSPITALS/METROPOLITAN

NYC Health + Hospitals/Metropolitan is a 338-bed facility serving East Harlem and surrounding communities. Known historically as the primary health care provider in El Barrio, Metropolitan delivers high-quality, compassionate care to over 350,000 clinic patients and more than 50,000 emergency room visitors annually. The hospital is a designated Sexual Assault Forensic Examination (SAFE) Center of Excellence and a recognized "Leader in LGBTQ+ Healthcare Equality" by the Human Rights Campaign. Metropolitan has earned numerous honors, including the AORN, Beacon, Lantern, and Pathway to Excellence with Distinction awards, a Leapfrog "A" Grade for patient safety, and national recognition in U.S. News & World Report's Best Hospitals list. With a legacy spanning 150 years, Metropolitan maintains the nation's oldest municipal hospital-medical school affiliation through its longstanding partnership with New York Medical College.

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nychealthandhospitals.org/metropolitan

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Metropolitan

Pride Health Center Gender-Affirming Surgery

A Complete Guide





The NYC Health + Hospitals/Metropolitan Pride Health Center offers state-of-the-art primary and preventive care tailored to the needs of the LGBTQ+ community.

Founded in 2014, NYC Health + Hospitals/Metropolitan became the first municipal hospital in New York City to open a dedicated health center for LGBTQ+ patients, setting a new standard for community-based, affirming care.



Gender-affirming care is a deeply personal journey, and there's no one "right" way.

At Metropolitan, our dedicated care teams are here to support you with compassion, expert guidance, and community—every step of the way.

Top Surgery at Metropolitan

Metropolitan offers gender-affirming top surgery for transgender and gender non-conforming patients who meet eligibility criteria set by their insurance and health care providers.

"Top surgery" refers to chest surgery as part of gender affirmation. Feminizing top surgery typically involves breast augmentation or implants, while masculinizing top surgery generally involves mastectomy (removal of breast tissue).

Required Documentation

Our care team will help you gather the documents most insurance plans in New York State require:

- A letter of support from a mental health provider (psychiatrist, psychologist, psychiatric nurse practitioner, or licensed clinical social worker) who knows you well.
- A second letter from a qualified mental health or medical provider who has assessed your need for surgery. This person can be a Metropolitan provider.

Required Documentation Continued:

- A support letter from a Metropolitan psychiatrist. This may replace or supplement the second letter.

Additional Documentation May Include:

- Proof of at least 2 years of hormone therapy.
- For Breast Augmentation: Documentation showing little or no breast growth with hormone replacement therapy.

Please bring at least one letter to your initial consultation.

Contact Us

To schedule an appointment or get more information, please contact us at (212) 423-7292 or metlgbt@nychhc.org.

The Center is open Monday - Friday from 8:30 AM to 4:30 PM ET.

Insurance

For more information, please call the Managed Care Office at (212) 423-7990 or visit the Welcome Center, in Room 114.