

Other Online Resources

Accreditation Council for Graduate Medical Education (ACGME)
Improving Physician Well-Being, Restoring Meaning in Medicine
<https://www.acgme.org/What-We-Do/Initiatives/Physician-Well-Being>

National Academy of Medicine Action Collaborative On Clinician Well-Being and Resilience
<https://nam.edu/initiatives/clinician-resilience-and-well-being/>

Burnout resources from the APA:
<https://www.psychiatry.org/psychiatrists/practice/well-being-and-burnout>

Reducing the Stigma: Physicians Speak Out
<https://news.aamc.org/medical-education/article/reducing-stigma-suicide-rates/>

A Physician's Perspective on Self-Care and Recovery
<https://www.nejm.org/doi/full/10.1056/NEJMp1615974#t=article>

Video: Making the Difference: Preventing Medical Trainee Suicide
<https://afsp.org/our-work/education/physician-medical-student-depression-suicide-prevention/>

Video: Struggling in Silence: Physician Depression and Suicide
<https://www.youtube.com/watch?v=i1Sz-3GnvGI>

