

## Physical Medicine & Rehabilitation

The Department of Physical Medicine and Rehabilitation focuses on improving the quality of life of our patients through a team approach in order to help individuals of all ages regain a sense of self-respect, self-confidence, and functional independence after a disabling disease or injury. Our department stresses disease education. One of our main goals is for our patients to be independent in a home exercise program (HEP). The department is made up of Physiatrists (Rehabilitation Physicians), Physical Therapists, Occupational Therapists, Speech-Language Pathologists, and Audiologists.

### APPOINTMENTS

To schedule an appointment or get more information, patients can call 718.963.8601 or 1.844.692.4692

### 24 HOUR NURSE CALL CENTER

Have an after-hours question? Call our 24-hour nurse line at 800.654.0022

### DIRECTIONS TO WOODHULL

760 BROADWAY  
BROOKLYN, NEW YORK 11206

NYC Health + Hospitals/ Woodhull is located at the intersection of Broadway and Flushing Avenue.

#### By Subway

Take the J, M, or Z train to Flushing Avenue. Take the elevators or stairs to reach the southwest corner of Broadway and Flushing, where the main entrance is located.

Alternatively, take the G train to Flushing Avenue, then take the B57 bus or walk three blocks east toward Broadway, and the main entrance.

#### By Car

From Brooklyn: Take the Brooklyn-Queens Expressway (BOE) to the Flushing Avenue exit; turn right onto Flushing Avenue; then continue to Woodhull.

From Queens: Take the BOE to McGuinness Blvd (the first exit over the Kosciusko Bridge); at the third light, turn left onto Humboldt Street (under the bridge), which leads directly to Woodhull. You may take the Jackie Robinson (Interboro) Parkway, to the Bushwick Ave. exit; continue to Myrtle Ave; turn left on Myrtle and go to Throop Ave; turn right on Throop, then continue to Woodhull.

From Manhattan: Follow the Williamsburg Bridge to Broadway (the first exit), and turn left; go straight to Woodhull. You may take the Brooklyn Bridge, by going to Tillary St. (the first light); turn left and go to the BOE; exit at Flushing Avenue; turn right, then go to Woodhull.

#### By Bus

B15, B40, B46, B43, B54, B57 and B62

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# Physical Medicine & Rehabilitation

We treat adults and pediatrics with a multitude of conditions including:

- + Amputations
- + Arthritis/Rheumatologic disorders
- + Brain injuries
- + Burns
- + Cancer
- + Cardiac disorders
- + Fibromyalgia and Myofascial pain syndromes
- + Industrial injuries and Cumulative trauma disorders
- + Multiple sclerosis
- + Neuromuscular disorders
- + Neuropathies
- + Orthopedic and Sports-related injuries
- + Pain disorders
- + Pediatric disorders, including birth defects
- + Pulmonary disorders
- + Spinal cord injuries
- + Stroke
- + Trauma

## Physical Medicine and Rehabilitation Specialty Clinics

### + PROSTHETIC/ORTHOTIC CLINIC:

Specializes in the evaluation of patients who need orthoses (braces) or prostheses (artificial limbs) to help improve their ambulation and activities of daily living. The physicians in the clinic also ensure the devices fit and function properly and the needed follow-up care is arranged.

### + GERIATRIC REHABILITATION CLINIC:

Focuses on the needs of the geriatric patient, with a specific focus on decreasing the risk of falls in our geriatric population. Our physicians will evaluate, educate, and prescribe the necessary assistive devices (cane, walker, etc.), adaptive equipment (bathroom equipment, etc.), and therapeutic interventions to improve the geriatric patient's quality of life and decrease their risk of falls.

### + INTERVENTIONAL PHYSIATRY CLINIC:

Uses therapeutic exercises and modalities together with injections and medications for a variety of medical conditions ranging from orthopedic conditions, including joint and muscle problems, to neurologic and other debilitating diseases.

### + BOTULINUM TOXIN INJECTION CLINIC:

Uses botulinum toxin to treat patients suffering from conditions, such as spasticity that causes increased muscle stiffness in their limbs, cervical dystonia, chronic migraines, and hyperhidrosis. Each patient referred will initially be evaluated by our team of physicians to determine if they would be a good candidate for this type of treatment.

## Health Insurance

We accept most major insurance plans, including Medicaid, Medicare, commercial, and managed care plans. Please visit the Managed Care office in Room 2B-230 to find out what health insurance plans we participate in or to obtain health care coverage. You can also call the Managed Care office at 718.630.3020.



*Thank you for choosing*

NYC Health + Hospitals/ Woodhull  
as your medical home.