

## Adolescent Practice at NYC Health + Hospitals/Woodhull

The patients at our Adolescent Health Practice benefit from a welcoming environment, and trust-inspiring staff. The practice offers high-quality, comprehensive healthcare services, and wellness and prevention education tailored to the needs of young people. Our expert healthcare providers and support staff are always mindful of and sensitive to the need for privacy and confidentiality.

At our Adolescent Health Practice the following services are available:

- + Exams for school, college, camp or sports
- + Clearance for work
- + STD testing and on-site treatment
- + PrEP medication for HIV prevention
- + Pregnancy tests
- + Birth control and other family planning
- + Healthy eating and active lifestyle counseling
- + Management for eating disorders
- + Mental health support
- + Substance use and abuse
- + LGBTQIA+ Health concerns/Gender Care
- + Transition care to Adult Care

Practice Location: **Main Floor, Rm 2B- 321**

Phone: **1-844-NYC-4NYC**

Adolescent Provider: **Roman Babayev, MD**

Hours of Operation:

**Monday - 1:00 PM to 5:00 PM**

**Tuesday - 9:00 AM to 5:30 PM**

**Thursday - 9:00 AM to 5:30 PM**

**Friday - 1:00 PM to 5:00 PM**

**Reproductive & Sexual Health Care**

Walk-ins are welcome during hours of operation.

You can call or text the **ABLE Program** at

**929-287-0780.**

If you're an adolescent under the age of 18, you do not need to have anyone with you to get sexual/reproductive healthcare services. You can ask for a confidential visit when making an appointment.

## Directions To Woodhull

760 BROADWAY  
BROOKLYN, NEW YORK 11206

NYC Health + Hospitals/ Woodhull is located at the intersection of Broadway and Flushing Avenue.

### By Subway

Take the J, M, or Z train to Flushing Avenue. Take the elevators or stairs to reach the southwest corner of Broadway and Flushing, where the main entrance is located.

Alternatively, take the G train to Flushing Avenue, then take the B57 bus or walk three blocks east toward Broadway, and the main entrance.

### By Car

**From Brooklyn:** Take the Brooklyn-Queens Expressway (BQE) to the Flushing Avenue exit; turn right onto Flushing Avenue; then continue to Woodhull.

**From Queens:** Take the BQE to McGuinness Blvd (the first exit over the Kosciuszko Bridge); at the third light, turn left onto Humboldt Street (under the bridge), which leads directly to Woodhull. You may take the Jackie Robinson (Interboro) Parkway, to the Bushwick Ave. exit; continue to Myrtle Ave; turn left on Myrtle and go to Throop Ave; turn right on Throop, then continue to Woodhull.

**From Manhattan:** Follow the Williamsburg Bridge to Broadway (the first exit), and turn left; go straight to Woodhull. You may take the Brooklyn Bridge, by going to Tillary St. (the first light); turn left and go to the BQE; exit at Flushing Avenue; turn right, then go to Woodhull.

### By Bus

B15, B40, B46, B43, B54, B57 and B62



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Designed by Medical Communications

# ABLE

## Adolescents Becoming Leaders Empowered



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# Woodhull





## ABLE is a Comprehensive Adolescent Pregnancy Prevention (CAPP) Program

The ABLE Program mission statement is: To give our youth the opportunity to reach their fullest potential, reducing the number of unplanned pregnancies and providing them with the tools to become effective adults.

ABLE is a program developed by NYC Health + Hospitals/Woodhull. This program does the following:

- + Educates Teens on Pregnancy Prevention
- + Encourage teens to go beyond their borders and find new opportunities.
- + Helping teens become aware of the transmission of STD's as well as the consequences.



# Safe, Smart, Successful

## SAFE

What is safe? We teenagers all know the word but let's put it into a deeper perspective:

**Safe** is when all of us know how to use a condom.

**Safe** is protecting yourself from unplanned pregnancies when you want to have sex.

**Safe** is not engaging in risky behaviors.

**Safe** is being Abstinent!

## SMART

Grades don't measure intelligence and age doesn't measure maturity. You are never too young to educate yourself - So why wait? Be a **Leader!**

**Respect** yourself first.

If you are sexually active **get tested every 3 to 6 months.**

Be **smart** about the choices you make because there will be consequences **Don't give in** to Peer Pressure.

## SUCCESSFUL

Most of us believe having sex when we're not ready is cool, as well as smoking or drinking. Little do we know that we are falling into peer pressure. How do we overcome peer pressure? How do we overcome fear? How do we become successful? We should be making goals to prepare for our future.

Stay in School! Be a Leader not a follower and think before you act! Say No! It's okay to say no to drugs and sex.

# Support Resources

Your well-being matters. If you or someone you know is facing challenges, help is just a call or text away. Explore the following hotlines dedicated to supporting teens through various issues, from mental health to relationships. You're not alone—reach out, connect, and let these helplines be your guide towards a brighter path. Your journey matters, and so do you.

1. National Suicide Prevention Lifeline: Call/Text: **988**
2. Crisis Text Line: Text **"HELLO"** to **741741**
3. Trevor Project (LGBTQ+): Trevor Lifeline: **1-866-488-7386** Trevor Text: Text **"START"** to **678678**
4. National Domestic Violence Hotline: **1-800-799-SAFE (1-800-799-7233)**
5. National Eating Disorders Association (NEDA) Helpline: **1-800-931-2237**
6. Substance Abuse and Mental Health Services Administration (SAMHSA) National Helpline: **1-800-662-HELP (1-800-662-4357)**
7. \*\*Planned Parenthood: \*\* **1-800-230-PLAN (1-800-230-7526)**
8. Love is Respect (Dating Abuse Helpline): **1-866-331-9474** Text **"LOVEIS"** to **22522**
9. National Runaway Safe line: **1-800-RUNAWAY (1-800-786-2929)**
10. National Sexual Assault Hotline (RAINN) **1-800-656-HOPE (1-800-656-4673)**

# Thank you for choosing

NYC Health + Hospitals/ Woodhull  
as your medical home.