

Bariatric Surgery Education Calendar July – December 2024

Education and Support for Bariatric Patients

Please join us for a FREE virtual WebEx education series facilitated by our expert staff and guest speakers. Open to pre and post-operative bariatric patients. Participants can join for any number of dates/topics. Registrants will receive an email link to join the WebEx series. **Registration Required:** (click link or copy/paste to sign up) <https://forms.gle/sgP5aVjFD9HsVXvm7>

Date	Time	Topic	Speaker
Tuesday, 7/23/24	6:00 – 7:00 pm	How to avoid weight regain after Bariatric Surgery	Tatiana Figueredo, MD Obesity Medicine at Bellevue (English from 6 – 7 pm)
Monday, 8/5/24	6:30 – 7:30 pm	Teens-Post Operative Meal Prep for Back to School (Adolescent bariatric patients only)	Nicholle Francis, MPH, RDN, CDN, CLC (bilingual English/Span)
Thursday, 9/19/24	6:00 – 7:00 pm	Meeting your Protein Goals on a Balanced Plate	Rosemary Lopez, MS, RDN, CDN (English from 6 – 7 pm)
Thursday, 10/10/24	1:00 – 2:00 pm	Lunchtime with a Bariatric Provider - Q/A for Bariatric Patients (bilingual Eng/Spanish)	Tara Zablocki, FNP-BC, MPH (bilingual English/Span)
Thursday, 11/14/24	6:00 – 7:00 pm	Holiday Support for Bariatric Patients and their Families	Moyra Rondon, LCSW (English from 6 – 7 pm)
Tuesday, 12/3/24	6:00 – 7:00 pm	Managing Reflux after Bariatric Surgery	Alicia Quammie-Clemons, AGNP-BC, MSN, CBN, BSN, RN (English from 6 – 7 pm)