

The Bellevue Center for Obesity & Weight Management

Program Director: Manish Parikh, MD



Bariatric Surgery Education Calendar January – June 2024

Education and Support for Bariatric Patients

Please join us for a FREE virtual WebEx education series facilitated by our expert staff and guest speakers. Open to pre and post-operative bariatric patients. Participants can join for any number of dates/topics. Registrants will receive an email link to join the WebEx series. **Registration Required:** (click link or copy/paste to sign up) https://forms.gle/xnyACBsN3xBNHUJ97

Date	Time	Topic	Speaker
Thursday, 1/11/24	1:00 – 2:00 pm	Lunchtime with a Bariatric Provider - Q/A for Bariatric Patients (bilingual Eng/Spanish)	Livia Navie, PA
Thursday, 2/15/24	6:00 – 7:00 pm	Support During the Bariatric Surgery Process	Moyra Rondon, LCSW
Thursday, 3/14/24	6:30 – 7:30 pm	Teens Healthy Eating and Nutrition (pre-op adolescent patients only)	Nicholle Francis, MPH, RDN, CDN, CLC
Thursday, 4/11/24	6:00 – 7:00 pm	Proper Hydration and Liquid Calories for Bariatric Patients	Alejandra Luna, MS, RDN, CDN
Thursday, 5/2/24	6:00 – 7:00 pm	How to avoid weight regain after Bariatric Surgery	Tatiana Figueredo, MD
Thursday, 6/6/24	6:00 – 7:00 pm	Why Choose Bellevue for your Bariatric Surgery?	Dr. Eduardo Somoza