



SOUTH BROOKLYN HEALTH

THE FIRST NYC HEALTH + HOSPITALS FACILITY

TO OFFER AQUABLATION®

ROBOTIC THERAPY

**A CUTTING-EDGE TECHNOLOGY FOR TREATMENT
OF BENIGN PROSTATIC HYPERPLASIA (BPH)**

WHAT IS BPH?

BPH – also called enlarged prostate - is a men’s health issue that becomes more common with age. The prostate is a small gland that is found just below the bladder, and often gets bigger as you get older.

An enlarged prostate can cause symptoms that may bother you, such as blocking the flow of urine out of the bladder. It also can cause bladder, or urinary tract problems or erectile dysfunction.

Common symptoms of BPH include:

- Frequent urination (peeing).
- Urinating more often at night.
- Trouble starting to urinate.
- Weak urine stream, or a stream that stops and starts.
- Dribbling at the end of urination.
- Not being able to fully empty the bladder.



1. WHAT IS AQUABLATION THERAPY?

Aquablation therapy is a one-of-a-kind procedure. It is the only procedure that uses a heat-free waterjet controlled by robotic technology to remove prostate tissue and combines a camera with ultrasound imaging, giving the surgeon the ability to see the entire prostate in real time. As a result, the therapy is precise, consistent and predictable and provides long-term relief no matter how large your prostate.

**2. WHO IS AN APPROPRIATE
CANDIDATE FOR AQUABLATION
THERAPY?**

Aquablation therapy has been proven as a safe and effective treatment for patients suffering from lower urinary tract symptoms due to an enlarged prostate. Aquablation therapy can be performed on prostates of any size.

3. WHAT ARE THE RISKS ASSOCIATED WITH AQUABLATION THERAPY?

The most common side effects are mild and temporary. These may include mild pain, bleeding or strain while peeing, discomfort in the pelvis, inability to empty the bladder, a frequent and/or urgent need to urinate, and bladder or urinary tract infection. Other risks include ejaculatory dysfunction and a low risk of injury to the urethra or rectum.

4. WHAT HAPPENS DURING THE AQUABLATION PROCEDURE?

Aquablation therapy is performed in a hospital. You will be under anesthesia for the entire procedure. The procedure typically takes less than one hour and involves an overnight stay.

5. DOES THE TREATMENT IMPACT SEXUAL FUNCTION?

Aquablation therapy has a very low rate of irreversible complications (incontinence, ejaculatory dysfunction, erectile dysfunction).

6. WHAT HAPPENS IMMEDIATELY AFTER THE AQUABLATION THERAPY?

As with most BPH procedures, you will wake up with a catheter following Aquablation therapy, which allows you to urinate while your urethra heals. Patients typically stay overnight in the hospital.

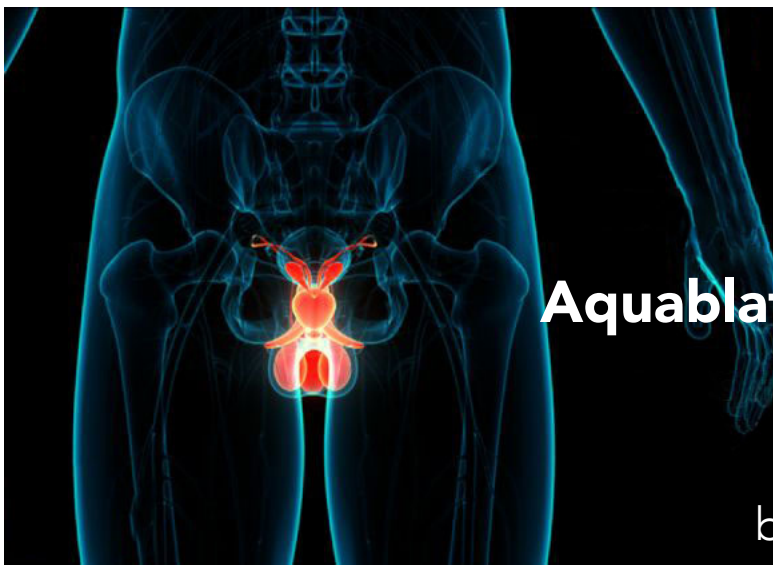
7. WHAT ARE THE SIDE EFFECTS?

Once you're home, you may experience mild burning sensation during urination for a couple of weeks. This can be managed with mild pain medication. Patients can resume their normal activities once approved by their doctor.

8. WHO PERFORMS AQUABLATION THERAPY SURGERY?

A South Brooklyn Health urologist will perform your Aquablation therapy using the AQUABEAM® Robotic System.

For an appointment with a South Brooklyn Health urologist, please call 1.844.NYC.4NYC. Our urology practice will provide an initial consult and evaluation.



Aquablation® Robotic Therapy
for lower urinary tract symptoms caused by benign prostatic hyperplasia.