

Special Pathogen L2 VHF Personal Protective Equipment
Donning and Doffing Checklist: **N95 + Gown Ensemble**

SP Level 2 VHF DONNING CHECKLIST
N95 + Gown

Step #	Task	Criteria	Complete
1.	Prepare to don PPE	<ul style="list-style-type: none"> Remove watches, jewelry, ID badge, and dangling items that could interfere with integrity of PPE. Scrubs should be worn under PPE. Hair should be off the collar. <p><i>Note: Trained observer to be present with checklist and should assist as needed.</i></p>	<input type="checkbox"/> Yes <input type="checkbox"/> No
2.	Gather PPE in appropriate sizes	<ul style="list-style-type: none"> N95 respirator Face shield Surgical gown 2 pairs of extended cuff gloves Tip: Consider using one size larger for outer gloves to facilitate easier donning and doffing. Surgical hood 1 pair knee-high boot covers Apron 	<input type="checkbox"/> Yes <input type="checkbox"/> No
3.	Inspect PPE	<ul style="list-style-type: none"> Inspect PPE for any holes, ripped seams, tears, and elasticity of bands on respirator and face shield. 	<input type="checkbox"/> Yes <input type="checkbox"/> No
4.	Perform hand hygiene	<ul style="list-style-type: none"> Perform hand hygiene on bare hands by using an alcohol-based hand sanitizer. 	<input type="checkbox"/> Yes <input type="checkbox"/> No
5.	Don knee high boot covers	<ul style="list-style-type: none"> Don knee high boots covers, ensuring the arrow on the soles points towards the toes. Ensure excess material from scrubs is tucked into boot covers. 	<input type="checkbox"/> Yes <input type="checkbox"/> No
6.	Don inner gloves	<ul style="list-style-type: none"> Don inner gloves, ensuring gloves are fully extended over wrist. 	<input type="checkbox"/> Yes <input type="checkbox"/> No
7.	Don gown	<ul style="list-style-type: none"> Ensure gown fully covers torso from neck to knees; arms to end of wrists. Ensure cuffs of inner gloves are fully extended <u>under</u> the gown sleeves. Tuck the left flap under the right /outer flap and tie the outer strings at the waist. Do <i>not</i> tie inside ties. Fasten gown at the back of neck. 	<input type="checkbox"/> Yes <input type="checkbox"/> No
8.	Don N95 respirator	<ul style="list-style-type: none"> Don N95 respirator, covering your mouth and nose. Pull both bands over your head. Place the lower band at the base of your head (below ears) and the upper band at the crown of your head (above ears). Slide fingertips down both sides of the metal nose piece to mold it to the shape of your face. Perform seal check by inhaling and exhaling several times. Mask should deflate and inflate with breaths. Adjust mask until seal is achieved. 	<input type="checkbox"/> Yes <input type="checkbox"/> No
9.	Don surgical hood	<ul style="list-style-type: none"> Don hood over the respirator. Ensure all parts of the skin are covered, no hair is hanging down, and the hood extends to the shoulders. Recheck N95 respirator for seal. 	<input type="checkbox"/> Yes <input type="checkbox"/> No

Colored steps indicate location: **Red** = in patient room | **Yellow** = immediately outside patient room | **Green** = in clean zone

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10.	Don apron	<ul style="list-style-type: none"> • Don apron over hood. • Secure apron ties at the waist in the back. • Recheck N95 respirator for seal. 	<input type="checkbox"/> Yes <input type="checkbox"/> No
11.	Don outer gloves	<ul style="list-style-type: none"> • Don outer pair of gloves over the cuffs of gown. • Tuck any excess material from the sleeves under the cuff of the gloves. 	<input type="checkbox"/> Yes <input type="checkbox"/> No
12.	Don face shield	<ul style="list-style-type: none"> • Expand the elastic band. Place over the back of head, pulling forward and over the head. • Rest the foam strip above the eyebrows but on top of the hood. • Recheck N95 respirator for seal. 	<input type="checkbox"/> Yes <input type="checkbox"/> No
13.	Verify PPE	<ul style="list-style-type: none"> • Verify there is no exposed skin and PPE is comfortable and fits properly by: <ul style="list-style-type: none"> ○ Extending arms ○ Bending at waist ○ Squatting and returning to standing position ○ Slowly turning in circle for final inspection • Trained Observer will mark the back of gown with the healthcare worker's name and time donned. • Healthcare worker to sign into Staff Log before entering room. 	<input type="checkbox"/> Yes <input type="checkbox"/> No

SP Level 2 VHF DOFFING CHECKLIST

N95 + Gown

Step #	Task	Criteria	Complete
1.	Engage the trained observer	<ul style="list-style-type: none"> Engage the trained observer who should be outside the patient room with the checklist. Ensure an infectious waste container is in the doffing areas. <p>Note: Trained observer must be donned in appropriate PPE (gown, respirator, face shield, 2 pairs of extended cuff gloves, shoe covers) if assisting healthcare worker during doffing. Each time assistance is provided, gloved hands must be disinfected with alcohol-based hand sanitizer.</p>	<input type="checkbox"/> Yes <input type="checkbox"/> No
2.	Inspect PPE	<ul style="list-style-type: none"> Inspect PPE for contamination or breaches. If PPE is visibly contaminated, use a single EPA approved disinfectant wipe to swipe once over the contaminated area and immediately discard wipe into infectious waste container. Use a new wipe for each visibly contaminated area. (Remember: 1 wipe for 1 swipe.) <p>Note: PPE is still highly contaminated even if soiled area is no longer visible. Use caution.</p>	<input type="checkbox"/> Yes <input type="checkbox"/> No
3.	Disinfect outer gloves	<ul style="list-style-type: none"> Disinfect outer gloves using an alcohol-based hand sanitizer. 	<input type="checkbox"/> Yes <input type="checkbox"/> No
4.	Doff outer gloves	<ul style="list-style-type: none"> With one gloved hand, pinch the palm or wrist area of the other gloved hand and gently peel off outer glove. Discard glove in the infectious waste container. Slide finger under cuff of the other outer glove and gently peel off. Discard glove in the infectious waste container. 	<input type="checkbox"/> Yes <input type="checkbox"/> No
5.	Disinfect inner gloves	<ul style="list-style-type: none"> Disinfect inner gloves using an alcohol-based hand sanitizer. 	<input type="checkbox"/> Yes <input type="checkbox"/> No
6.	Doff apron	<ul style="list-style-type: none"> Grasp neck tie at shoulder level; pull forward and down to break the neck tie. Fold the apron over itself. Grasp the inner folded area of apron at waist level and pull forward to break the waist tie. Touching only the INSIDE, roll the apron into a bundle. Discard into an infectious waste container. 	<input type="checkbox"/> Yes <input type="checkbox"/> No
7.	Disinfect inner gloves	<ul style="list-style-type: none"> Disinfect inner gloves using an alcohol-based hand sanitizer. 	<input type="checkbox"/> Yes <input type="checkbox"/> No
<p>Transition to Yellow Zone Close Patient Room Door Remaining PPE: Face shield, hood, N95 respirator, gown, gloves, knee high boot covers</p>			
8.	Disinfect inner gloves	<ul style="list-style-type: none"> Disinfect inner gloves using an alcohol-based hand sanitizer. 	<input type="checkbox"/> Yes <input type="checkbox"/> No
9.	Doff face shield	<ul style="list-style-type: none"> Bend at waist over the infectious waste container. Grasp the elastic strap at the temples and pull it up and over the head, allowing it to fall away into the infectious waste container. 	<input type="checkbox"/> Yes <input type="checkbox"/> No
10.	Disinfect inner gloves	<ul style="list-style-type: none"> Disinfect inner gloves using an alcohol-based hand sanitizer. 	<input type="checkbox"/> Yes <input type="checkbox"/> No

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Step #	Task	Criteria	Complete
11.	Doff hood	<ul style="list-style-type: none"> Tilt head forward. Grasp hood at the crown of the head. Use one hand to pull the hood forward, away from the body, and off the head. Discard in the infectious waste container. 	<input type="checkbox"/> Yes <input type="checkbox"/> No
12.	Disinfect inner gloves	<ul style="list-style-type: none"> Disinfect inner gloves using an alcohol-based hand sanitizer. 	<input type="checkbox"/> Yes <input type="checkbox"/> No
13.	Doff gown	<ul style="list-style-type: none"> Release the tie at the waist side by breaking or untying. Grasp the gown at shoulder level and pull down and away from body. Once the gown is off the shoulders, pull each sleeve of the gown downward (one at a time) so that the gown arms are bunched. Gently pull out hands and roll the gown inward into a bundle. Only touch the inside areas of the gown. Discard in infectious waste container. 	<input type="checkbox"/> Yes <input type="checkbox"/> No
14.	Disinfect inner gloves	<ul style="list-style-type: none"> Disinfect inner gloves using an alcohol-based hand sanitizer. 	<input type="checkbox"/> Yes <input type="checkbox"/> No
15.	Doff knee-high boot covers	<p>Note: If chair is used when removing boot covers, ensure it is disinfected with an EPA approved disinfectant wipe before use.</p> <ul style="list-style-type: none"> Grasp the outside of the boot cover and pull down toward your ankle. Remove boot cover by pulling down and away from foot. Place uncovered shoe in the Green Zone without touching the floor in Yellow Zone. Discard boot cover in the infectious waste container. Repeat with second foot. 	<input type="checkbox"/> Yes <input type="checkbox"/> No
Transition into Green Zone			
Remaining PPE: gloves, N95 respirator			
16.	Disinfect inner gloves	<ul style="list-style-type: none"> Disinfect inner gloves using an alcohol-based hand sanitizer. 	<input type="checkbox"/> Yes <input type="checkbox"/> No
17.	Doff inner gloves	<ul style="list-style-type: none"> With one gloved hand, pinch the palm or wrist area of the other gloved hand and gently peel off outer glove. Discard glove in the infectious waste container. Slide finger under cuff of the other glove and gently peel off. Discard glove in the infectious waste container. 	<input type="checkbox"/> Yes <input type="checkbox"/> No
18.	Perform hand hygiene	<ul style="list-style-type: none"> Perform hand hygiene on bare hands by using an alcohol-based hand sanitizer. 	<input type="checkbox"/> Yes <input type="checkbox"/> No
19.	Don new gloves	<ul style="list-style-type: none"> Don new pair of gloves. 	<input type="checkbox"/> Yes <input type="checkbox"/> No
20.	Doff N95 respirator	<p>Avoid touching outer area of respirator.</p> <ul style="list-style-type: none"> Bend at waist over the infectious waste container. Use both hands to grab the bottom elastic strap pull over the head. Grab the top elastic strap and pull over the head and away from face, allowing it to fall into the infectious waste container. 	<input type="checkbox"/> Yes <input type="checkbox"/> No

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Step #	Task	Criteria	Complete
21.	Disinfect gloves	<ul style="list-style-type: none"> Disinfect gloves using an alcohol-based hand sanitizer. 	<input type="checkbox"/> Yes <input type="checkbox"/> No
22.	Do off gloves	<ul style="list-style-type: none"> With one gloved hand, pinch the palm or wrist area of the other gloved hand and gently peel off outer glove. Discard glove in the infectious waste container. Slide finger under cuff of the other glove and gently peel off. Discard glove in the infectious waste container. 	<input type="checkbox"/> Yes <input type="checkbox"/> No
23.	Perform hand hygiene	<ul style="list-style-type: none"> Perform hand hygiene on bare hands by using an alcohol-based hand sanitizer. 	<input type="checkbox"/> Yes <input type="checkbox"/> No
24.	Inspect and Follow Up	<ul style="list-style-type: none"> Trained observer will perform a visual inspection for any contaminants. Perform staff rehab, medical monitoring, documentation, and behavioral wellness check as indicated. Sign out of staff log. 	<input type="checkbox"/> Yes <input type="checkbox"/> No