

Special Pathogen L2 VHF Personal Protective Equipment Donning and Doffing Checklist: N95 + Gown Ensemble

SP Level 2 VHF DONNING CHECKLIST N95 + Gown Step Task Criteria Complete # Remove watches, jewelry, ID badge, and dangling items that could interfere with integrity of PPE. Prepare to don Scrubs should be worn under PPE. PPE ☐ Yes 1. Hair should be off the collar. □ No Note: Trained observer to be present with checklist and should assist as needed. N95 respirator Face shield Surgical gown Gather PPE in 2 pairs of extended cuff gloves Yes 2. Tip: Consider using one size larger for outer gloves to facilitate easier donning appropriate ☐ No sizes and doffing. Surgical hood 1 pair knee-high boot covers Inspect PPE for any holes, ripped seams, tears, and elasticity of bands on Yes 3. Inspect PPE ■ No respirator and face shield. Perform hand hygiene on bare hands by using an alcohol-based hand Yes Perform hand 4. hygiene sanitizer. ☐ No Don knee high boots covers, ensuring the arrow on the soles points towards Don knee high Yes 5. the toes. boot covers ■ No Ensure excess material from scrubs is tucked into boot covers. Yes Don inner 6. Don inner gloves, ensuring gloves are fully extended over wrist. gloves ☐ No Ensure gown fully covers torso from neck to knees; arms to end of wrists. Ensure cuffs of inner gloves are fully extended under the gown sleeves. Yes 7. Don gown Tuck the left flap under the right /outer flap and tie the outer strings at the ☐ No waist. Do not tie inside ties. Fasten gown at the back of neck. Don N95 respirator, covering your mouth and nose. Pull both bands over your head. Place the lower band at the base of your head (below ears) and the upper band at the crown of your head (above ears). Don N95 Slide fingertips down both sides of the metal nose piece to mold it to the Yes 8. ■ No respirator shape of your face. **Perform seal check** by inhaling and exhaling several times. Mask should deflate and inflate with breaths. Adjust mask until seal is achieved. Don hood over the respirator. Ensure all parts of the skin are covered, no hair Don surgical Yes 9. is hanging down, and the hood extends to the shoulders. hood ■ No Recheck N95 respirator for seal.

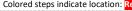
Colored steps indicate location: Red = in patient room | Yellow = immediately outside patient room | Green = in clean zone

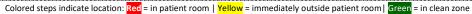
Updated: 10/2022 Page **1** of **5**

Special Pathogen L2 VHF Personal Protective Equipment Donning and Doffing Checklist: N95 + Gown Ensemble

SP Level 2 VHF DONNING CHECKLIST N95 + Gown			
Step #	Task	Criteria	Complete
10.	Don apron	 Don apron over hood. Secure apron ties at the waist in the back. Recheck N95 respirator for seal. 	☐ Yes ☐ No
11.	Don outer gloves	 Don outer pair of gloves over the cuffs of gown. Tuck any excess material from the sleeves under the cuff of the gloves. 	☐ Yes ☐ No
12.	Don face shield	 Expand the elastic band. Place over the back of head, pulling forward and over the head. Rest the foam strip above the eyebrows but on top of the hood. Recheck N95 respirator for seal. 	☐ Yes ☐ No
13.	Verify PPE	 Verify there is no exposed skin and PPE is comfortable and fits properly by: Extending arms Bending at waist Squatting and returning to standing position Slowly turning in circle for final inspection Trained Observer will mark the back of gown with the healthcare worker's name and time donned. Healthcare worker to sign into Staff Log before entering room. 	☐ Yes ☐ No

Updated: 10/2022 Page 2 of 5









Special Pathogen L2 VHF Personal Protective Equipment Donning and Doffing Checklist: N95 + Gown Ensemble

SP Level 2 VHF DOFFING CHECKLIST N95 + Gown Complet Step Task Criteria Engage the trained observer who should be outside the patient room with the checklist. Engage the Ensure an infectious waste container is in the doffing areas. trained 1. Yes observer ■ No Note: Trained observer must be donned in appropriate PPE (gown, respirator, face shield, 2 pairs of extended cuff gloves, shoe covers) if assisting healthcare worker during doffing. Each time assistance is provided, gloved hands must be disinfected with alcohol-based hand sanitizer. Inspect PPE for contamination or breaches. If PPE is visibly contaminated, use a single EPA approved disinfectant wipe to swipe once over the contaminated area and immediately discard wipe into Yes 2. Inspect PPE ☐ No infectious waste container. Use a new wipe for each visibly contaminated area. (Remember: 1 wipe for 1 swipe.) Note: PPE is still highly contaminated even if soiled area is no longer visible. Use caution. Disinfect Yes 3. Disinfect outer gloves using an alcohol-based hand sanitizer. ■ No outer gloves With one gloved hand, pinch the palm or wrist area of the other gloved hand and gently peel off outer glove. Doff outer Yes 4. Discard glove in the infectious waste container. gloves ■ No Slide finger under cuff of the other outer glove and gently peel off. Discard glove in the infectious waste container. Yes Disinfect 5. Disinfect inner gloves using an alcohol-based hand sanitizer. ■ No inner gloves Grasp neck tie at shoulder level; pull forward and down to break the neck tie. Fold the apron over itself. Grasp the inner folded area of apron at waist level and pull forward to break the Yes Doff apron 6. ☐ No waist tie. Touching only the **INSIDE**, roll the apron into a bundle. Discard into an infectious waste container. Disinfect Yes 7. Disinfect inner gloves using an alcohol-based hand sanitizer. ■ No inner gloves **Transition to Yellow Zone Close Patient Room Door** Remaining PPE: Face shield, hood, N95 respirator, gown, gloves, knee high boot covers Disinfect Yes 8. Disinfect inner gloves using an alcohol-based hand sanitizer. inner gloves ■ No Bend at waist over the infectious waste container. Doff face Yes 9. Grasp the elastic strap at the temples and pull it up and over the head, allowing shield ☐ No it to fall away into the infectious waste container. Disinfect Yes Disinfect inner gloves using an alcohol-based hand sanitizer. 10. ■ No inner gloves

Colored steps indicate location: Red = in patient room | Yellow = immediately outside patient room | Green = in clean zone

Updated: 10/2022 Page **3** of **5**



Special Pathogen L2 VHF Personal Protective Equipment Donning and Doffing Checklist: N95 + Gown Ensemble

SP Level 2 VHF DOFFING CHECKLIST N95 + Gown Complet Step Task Criteria # е Tilt head forward. Grasp hood at the crown of the head. ☐ Yes Doff hood Use one hand to pull the hood forward, away from the body, and off the head. 11. ☐ No Discard in the infectious waste container. Disinfect Yes 12. Disinfect inner gloves using an alcohol-based hand sanitizer. inner gloves ■ No Release the tie at the waist side by breaking or untying. Grasp the gown at shoulder level and pull down and away from body. Once the gown is off the shoulders, pull each sleeve of the gown downward Doff gown Yes (one at a time) so that the gown arms are bunched. 13. ☐ No Gently pull out hands and roll the gown inward into a bundle. Only touch the inside areas of the gown. Discard in infectious waste container. Disinfect Yes 14. Disinfect inner gloves using an alcohol-based hand sanitizer. inner gloves ☐ No **Note:** If chair is used when removing boot covers, ensure it is disinfected with an EPA approved disinfectant wipe before use. Grasp the outside of the boot cover and pull down toward your ankle. Doff knee-Remove boot cover by pulling down and away from foot. Yes 15. ■ No high boot Place uncovered shoe in the Green Zone without touching the floor in Yellow covers Discard boot cover in the infectious waste container. Repeat with second foot. **Transition into Green Zone** Remaining PPE: gloves, N95 respirator Disinfect Yes 16. Disinfect inner gloves using an alcohol-based hand sanitizer. inner gloves ■ No With one gloved hand, pinch the palm or wrist area of the other gloved hand and gently peel off outer glove. Yes **17.** Doff inner ☐ No Discard glove in the infectious waste container. gloves Slide finger under cuff of the other glove and gently peel off. Discard glove in the infectious waste container. Perform hand Yes 18. Perform hand hygiene on bare hands by using an alcohol-based hand sanitizer. ■ No hygiene Yes Don new 19. Don new pair of gloves. gloves ■ No Avoid touching outer area of respirator. Doff N95 Bend at waist over the infectious waste container. Yes 20. respirator Use both hands to grab the bottom elastic strap pull over the head. ■ No Grab the top elastic strap and pull over the head and away from face, allowing it to fall into the infectious waste container.

Colored steps indicate location: Red = in patient room | Yellow = immediately outside patient room | Green = in clean zone

Updated: 10/2022 Page **4** of **5**

Special Pathogen L2 VHF Personal Protective Equipment Donning and Doffing Checklist: N95 + Gown Ensemble

SP Level 2 VHF DOFFING CHECKLIST N95 + Gown Complet Step Task Criteria е Disinfect ☐ Yes 21. Disinfect gloves using an alcohol-based hand sanitizer. gloves ■ No With one gloved hand, pinch the palm or wrist area of the other gloved hand and gently peel off outer glove. Yes ■ No 22. Doff gloves Discard glove in the infectious waste container. Slide finger under cuff of the other glove and gently peel off. Discard glove in the infectious waste container. Perform hand Yes 23. Perform hand hygiene on bare hands by using an alcohol-based hand sanitizer. ■ No hygiene Trained observer will perform a visual inspection for any contaminants. Yes Inspect and Perform staff rehab, medical monitoring, documentation, and behavioral 24. Follow Up wellness check as indicated. ■ No Sign out of staff log.

Updated: 10/2022 Page 5 of 5