

SP Level 2 VHF DONNING CHECKLIST
N95 + Coverall

Step #	Task	Criteria	Complete
1.	Prepare to don PPE	<ul style="list-style-type: none"> Remove watches, jewelry, ID badge, and dangling items that could interfere with integrity of PPE. Scrubs should be worn under PPE. Hair should be off the collar. <p>Note: <i>Trained observer to be present with checklist should assist as needed.</i></p>	<input type="checkbox"/> Yes <input type="checkbox"/> No
2.	Gather PPE in appropriate sizes	<ul style="list-style-type: none"> N95 respirator Face shield Coverall 2 pairs of extended cuff gloves Surgical hood 1 pair knee-high boot covers 1 pair shoe covers (“surgical booties”) Apron <p>Tips:</p> <ul style="list-style-type: none"> Consider using one size larger for outer gloves to facilitate easier donning and doffing. Coverall should be appropriately sized for a looser fit (not baggy) that is comfortable and will allow you to move freely. A snug fitting coverall may lead to discomfort, excessive tugging or pulling, and potential breaches. 	<input type="checkbox"/> Yes <input type="checkbox"/> No
3.	Inspect PPE	<ul style="list-style-type: none"> Inspect PPE for any holes, ripped seams, tears, and elasticity of bands on respirator and face shield. 	<input type="checkbox"/> Yes <input type="checkbox"/> No
4.	Perform hand hygiene	<ul style="list-style-type: none"> Perform hand hygiene on bare hands by using an alcohol-based hand sanitizer. 	<input type="checkbox"/> Yes <input type="checkbox"/> No
5.	Don shoe covers	<ul style="list-style-type: none"> Don shoe covers. 	<input type="checkbox"/> Yes <input type="checkbox"/> No
6.	Don inner gloves	<ul style="list-style-type: none"> Don inner gloves, ensuring gloves are fully extended to cover the wrists. 	<input type="checkbox"/> Yes <input type="checkbox"/> No
7.	Don coverall	<ul style="list-style-type: none"> Don coverall. Ensure cuffs of inner gloves are fully extended <u>under</u> the sleeves of the coverall. Zip coverall completely. <p>Note: <i>Trained Observer to assist in tucking hood into coverall if applicable.</i></p>	<input type="checkbox"/> Yes <input type="checkbox"/> No
8.	Don knee high boot covers	<ul style="list-style-type: none"> Don knee high boots covers, ensuring the arrow on the soles points towards the toes. Ensure excess material from coverall is tucked in to boot covers. <p>Note: <i>knee-high boot covers are worn on top of coverall to provide better traction on floor.</i></p>	<input type="checkbox"/> Yes <input type="checkbox"/> No

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Step #	Task	Criteria	Complete
9.	Don N95 respirator	<ul style="list-style-type: none"> • Don N95 respirator, covering your mouth and nose. • Pull both bands over your head. Place the lower band at the base of your head (below ears) and the upper band at the crown of your head (above ears). • Slide fingertips down both sides of the metal nose piece to mold it to the shape of your face. • Perform seal check by inhaling and exhaling several times. Respirator should deflate and inflate with breaths. Adjust mask until seal is achieved. 	<input type="checkbox"/> Yes <input type="checkbox"/> No
10.	Don surgical hood	<ul style="list-style-type: none"> • Don hood over the respirator. Ensure all parts of the skin are covered, no hair is hanging down, and the hood extends to the shoulders. • Recheck N95 respirator for seal. 	<input type="checkbox"/> Yes <input type="checkbox"/> No
11.	Don apron	<ul style="list-style-type: none"> • Don apron over hood. • Secure apron ties at the waist in the back. • Recheck N95 respirator for seal. 	<input type="checkbox"/> Yes <input type="checkbox"/> No
12.	Don outer gloves	<ul style="list-style-type: none"> • Don outer gloves over the cuffs of the coverall. • Tuck any excess material from the sleeves under the cuff of the gloves. 	<input type="checkbox"/> Yes <input type="checkbox"/> No
13.	Don face shield	<ul style="list-style-type: none"> • Expand the elastic band. Place over the back of head, pulling forward and over the head. • Rest the foam strip above the eyebrows but on top of the hood. • Recheck N95 respirator for seal. 	<input type="checkbox"/> Yes <input type="checkbox"/> No
14.	Verify PPE	<ul style="list-style-type: none"> • Verify there is no exposed skin and PPE is comfortable and fits properly by: <ul style="list-style-type: none"> ○ Extending arms ○ Bending at waist ○ Squatting and returning to standing position ○ Slowly turning in circle for final inspection • Trained Observer will mark the back of coverall with the healthcare worker's name and time donned. • Healthcare worker to sign into Staff Log before entering room. 	<input type="checkbox"/> Yes <input type="checkbox"/> No

SP Level 2 VHF DOFFING CHECKLIST
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Step #	Task	Criteria	Completed
1.	Engage the trained observer	<ul style="list-style-type: none"> Engage the trained observer who should be outside the patient room with the checklist. Ensure an infectious waste container is in the doffing areas. <p>Note: Trained observer must be donned in appropriate PPE (gown, respirator, face shield, 2 pairs of extended cuff gloves, shoe covers) if assisting healthcare worker during doffing. Each time assistance is provided, gloved hands must be disinfected with alcohol-based hand sanitizer.</p>	<input type="checkbox"/> Yes <input type="checkbox"/> No
2.	Inspect PPE	<ul style="list-style-type: none"> Inspect PPE for contamination or breaches. If PPE is visibly contaminated, use a single EPA approved disinfectant wipe to swipe once over the contaminated area and immediately discard wipe into infectious waste container. Use a new wipe for each visibly contaminated area. (Remember: 1 wipe for 1 swipe.) <p>Note: PPE is still considered contaminated even if soiled area is no longer visible. Use caution.</p>	<input type="checkbox"/> Yes <input type="checkbox"/> No
3.	Disinfect outer gloves	<ul style="list-style-type: none"> Disinfect outer gloves by using an alcohol-based hand sanitizer. 	<input type="checkbox"/> Yes <input type="checkbox"/> No
4.	Doff outer gloves	<ul style="list-style-type: none"> With one gloved hand, pinch the palm or wrist of the other gloved hand and gently peel off outer glove. Discard glove in the infectious waste container. Slide finger under the cuff of the other outer glove and gently peel off. Discard glove in the infectious waste container. 	<input type="checkbox"/> Yes <input type="checkbox"/> No
5.	Disinfect inner gloves	<ul style="list-style-type: none"> Disinfect inner gloves using an alcohol-based hand sanitizer. 	<input type="checkbox"/> Yes <input type="checkbox"/> No
6.	Doff apron	<ul style="list-style-type: none"> Grasp neck tie at shoulder level; pull forward and down to break the neck tie Fold the apron over itself. Grasp the inner folded area of apron at waist level and pull forward to break the waist tie. Touching only the INSIDE, roll the apron into a bundle. Discard into an infectious waste container. 	<input type="checkbox"/> Yes <input type="checkbox"/> No
7.	Disinfect inner gloves	<ul style="list-style-type: none"> Disinfect inner gloves using an alcohol-based hand sanitizer. 	<input type="checkbox"/> Yes <input type="checkbox"/> No

Transition to Yellow Zone

Close Patient Door

Remaining PPE: Face shield, hood, N95 respirator, coverall, gloves, knee high boot covers, shoe covers

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8.	Disinfect inner gloves	<ul style="list-style-type: none"> Disinfect inner gloves using an alcohol-based hand sanitizer. 	<input type="checkbox"/> Yes <input type="checkbox"/> No
9.	Doff face shield	<ul style="list-style-type: none"> Bend at waist over the infectious waste container. Grasp the elastic strap at the temples and pull it up and over the head, allowing it to fall away into the infectious waste container 	<input type="checkbox"/> Yes <input type="checkbox"/> No
10.	Disinfect inner gloves	<ul style="list-style-type: none"> Disinfect inner gloves using an alcohol-based hand sanitizer. 	<input type="checkbox"/> Yes <input type="checkbox"/> No
11.	Doff hood	<ul style="list-style-type: none"> Tilt head forward. Grasp at the crown of the head. Use one hand to pull the hood forward, away from the body, and off the head. Discard in the infectious waste container. 	<input type="checkbox"/> Yes <input type="checkbox"/> No
12.	Disinfect inner gloves	<ul style="list-style-type: none"> Disinfect inner gloves using an alcohol-based hand sanitizer. 	<input type="checkbox"/> Yes <input type="checkbox"/> No
13.	Doff coverall with knee high boots	<ul style="list-style-type: none"> Tilt head back, grasp the zipper and unzip completely. Grasp the outside of the coverall near the shoulders, touching the area that was covered by the apron. Pull downwards until coverall is off the shoulders. Continue to pull downwards, slowly and carefully removing arms from sleeves. Continue to roll downwards and inside out. Once at the waist, sit on clean chair. Pull legs out of coverall one at a time without removing the shoe covers. Dispose coverall and knee-high boot covers in infectious waste container. <p>Note for Trained Observer:</p> <ul style="list-style-type: none"> Consider placing a chair (no wheels) OR mirror in the yellow zone. Ensure chair is disinfected with an EPA approved disinfectant wipe before use. If assisting HCP, stand behind the HCP and grasp the outside of the coverall at the shoulders, and pull it downwards until the coverall is off the shoulders completely. Continue to roll the suit outward and down towards waist, allowing the HCP to remove arms from sleeves. 	<input type="checkbox"/> Yes <input type="checkbox"/> No
14.	Disinfect inner gloves	<ul style="list-style-type: none"> Disinfect inner gloves using an alcohol-based hand sanitizer. 	<input type="checkbox"/> Yes <input type="checkbox"/> No
15.	Doff inner shoe covers	<ul style="list-style-type: none"> Remove shoe cover and place uncovered shoe in the Green Zone without touching the floor in Yellow Zone Discard shoe cover in the infectious waste container. Repeat with second foot. 	<input type="checkbox"/> Yes <input type="checkbox"/> No
<p>Transition to Green Zone Remaining PPE: gloves, N95 respirator</p>			
16.	Disinfect inner gloves	<ul style="list-style-type: none"> Disinfect inner gloves using an alcohol-based hand sanitizer. 	<input type="checkbox"/> Yes <input type="checkbox"/> No

Colored steps indicate location: **Red** = in patient room | **Yellow** = immediately outside patient room | **Green** = in clean zone

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Step #	Task	Criteria	Completed
17.	Doff inner gloves	<ul style="list-style-type: none"> With one gloved hand, pinch the palm of the other gloved hand and peel off first glove. Discard glove in the infectious waste container. Slide fingers of the ungloved hand under the cuff of remaining glove and peel off. Discard glove in the infectious waste container. 	<input type="checkbox"/> Yes <input type="checkbox"/> No
18.	Perform hand hygiene	<ul style="list-style-type: none"> Perform hand hygiene on bare hands by using an alcohol-based hand sanitizer. 	<input type="checkbox"/> Yes <input type="checkbox"/> No
19.	Don new gloves	<ul style="list-style-type: none"> Don new pair of gloves. 	<input type="checkbox"/> Yes <input type="checkbox"/> No
20.	Doff N95 respirator	<p>Avoid touching outer area of respirator.</p> <ul style="list-style-type: none"> Bend forward at waist over the infectious waste container. Use both hands to grab the bottom elastic strap pull over the head. Grab the top elastic strap and pull over the head and away from face, allowing it to fall into the infectious waste container. 	<input type="checkbox"/> Yes <input type="checkbox"/> No
21.	Disinfect gloves	<ul style="list-style-type: none"> Disinfect gloved hands using an alcohol-based hand sanitizer. 	<input type="checkbox"/> Yes <input type="checkbox"/> No
22.	Doff gloves	<ul style="list-style-type: none"> With one gloved hand, pinch the palm of the other gloved hand and peel off first glove. Discard glove in the infectious waste container. Slide fingers of the ungloved hand under the cuff of remaining glove and peel off. Discard glove in the infectious waste container. 	<input type="checkbox"/> Yes <input type="checkbox"/> No
23.	Perform hand hygiene	Perform hand hygiene on bare hands by using an alcohol-based hand sanitizer.	<input type="checkbox"/> Yes <input type="checkbox"/> No
24.	Inspect and Follow Up	<ul style="list-style-type: none"> Trained observer will perform a visual inspection for any contaminants. Perform staff rehab, medical monitoring, documentation, and behavioral wellness check as indicated. Sign out of staff log. 	<input type="checkbox"/> Yes <input type="checkbox"/> No