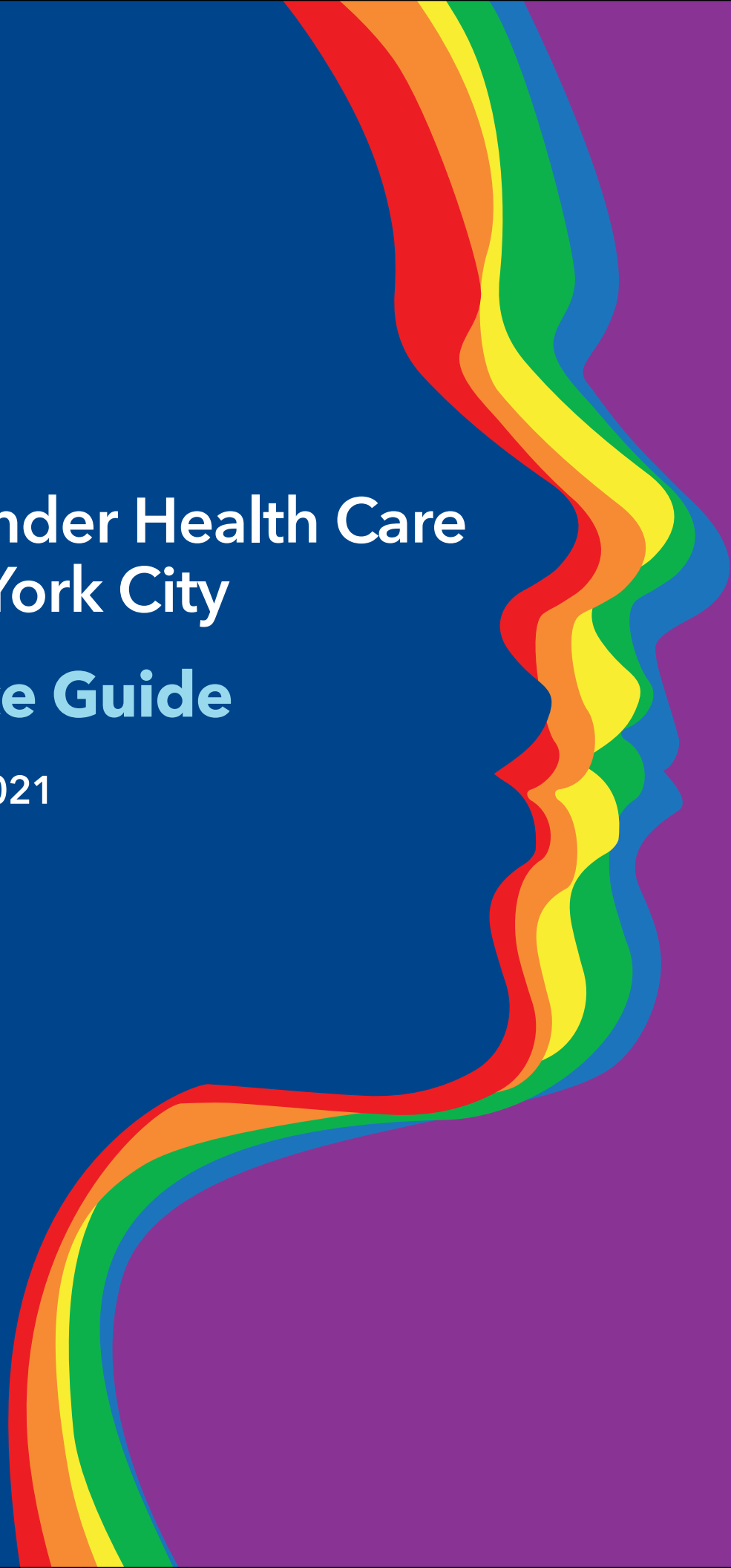


**NYC**  
**HEALTH+**  
**HOSPITALS**

# Transgender Health Care in New York City

## Resource Guide

November 2021



## CONTENTS

<a href="#">About this Guide</a>	3
<a href="#">About NYC Health + Hospitals</a>	3
<a href="#">About NYC Health + Hospitals' Office of Diversity and Inclusion</a>	3
<a href="#">Hormones</a>	4
<a href="#">Puberty Blockers</a>	7
<a href="#">Top Surgery</a>	8
<a href="#">Bottom Surgery</a>	10
<a href="#">Facial Feminization and Masculinization</a>	12
<a href="#">Voice Therapy and Modification</a>	13
<a href="#">Tracheal Cartilage Shave</a>	13
<a href="#">Electrolysis</a>	14
<a href="#">Changing Identity Documents</a>	15
<a href="#">Mental Health</a>	16
<a href="#">Substance Use Services</a>	19
<a href="#">HIV and STI Services</a>	22
<a href="#">Older Adult Services</a>	25
<a href="#">Youth Services</a>	25
<a href="#">Insurance and Financial Services</a>	28
<a href="#">References</a>	29
<a href="#">Glossary of Procedures</a>	30

## About this Guide

For many transgender, gender non-conforming, and non-binary individuals (TGNCNB), access to gender affirming health care is a crucial and life-saving resource that can improve mental health and overall well-being. Despite the importance of these services, it can be incredibly challenging to find information and access to gender affirming health care.

To help address some of the challenges that TGNCNB communities experience in accessing affirming health care, NYC Health + Hospitals has created this Transgender Health Care Resource Guide to assist TGNCNB New Yorkers and their allies in finding the necessary services to live their healthiest lives possible.

While NYC Health + Hospitals offers various gender affirming care, we also understand the importance of referrals in order for patients to have comprehensive information about services like hormones, top surgery, and bottom surgery. We also include other affirming resources in this guide because we know that transitioning can involve more than just medical care and not all TGNCNB people pursue gender affirming health care.

This guide is for informational purposes only and should not be considered a recommendation or endorsement of any particular service provider or treatment. Patients should do their own research and make individualized decisions about what providers and treatments are best for them.

Finally, some of the information listed may change over time. If you know of a resource for TGNCNB people that is not listed on this guide or you have a suggestion, please email [LGBTQ@nychhc.org](mailto:LGBTQ@nychhc.org).

## About NYC Health + Hospitals

NYC Health + Hospitals is the largest public health care system in the United States. We provide essential services to more than one million New Yorkers every year in more than 70 locations across the city's five boroughs. We are an integrated health care system of hospitals, neighborhood health centers, long-term care facilities, nursing homes, and home care, and we provide services in many areas such as behavioral health, substance use treatment, rehabilitation services, OB/GYN, primary care, and more. NYC Health + Hospitals is committed to the health and well-being of all New Yorkers and we offer a wide range of high quality and affordable health care services to keep our patients healthy and to address the needs of New York City's diverse populations. Our mission is to deliver high quality health services with compassion, dignity, and respect to all, regardless of income, gender identity, or immigration status.

## About NYC Health + Hospitals' Office of Diversity and Inclusion

The NYC Health + Hospitals' Office of Diversity and Inclusion provides system-wide support for diversity and inclusion initiatives that embed effective diversity and inclusion practices into day-to-day operations, processes, and employee development. The Office of Diversity and Inclusion also provides support to direct care providers and front-line staff in the provision of culturally and linguistically appropriate services. Our services support system-wide efforts that increase patient experience and satisfaction, enhance patient and family engagement, and improve patient safety. New York City continues to be home to one of the largest communities of LGBTQ people in the country, and NYC Health + Hospitals is committed to working to increase access to equitable care for LGBTQ people. We have created this guide in the hope of making it easier for TGNCNB New Yorkers to access gender affirming care.

## HORMONES

### **NYC Health + Hospitals**

Multiple locations across NYC. To find a location near you or to schedule an appointment, call 1-844-NYC-4NYC. Medicaid, Medicare, private insurances accepted, financial assistance available.

Pride Health Center at NYC Health + Hospitals / Bellevue

Manhattan

212-562-8416 / 1-844-NYC-4NYC

[www.nychealthandhospitals.org/bellevue/the-pride-health-center-at-nyc-health-hospitals-bellevue](http://www.nychealthandhospitals.org/bellevue/the-pride-health-center-at-nyc-health-hospitals-bellevue)

Pride Health Center at NYC Health + Hospitals / Gotham Health, Gouverneur

Manhattan

212-441-5469 / 1-844-NYC-4NYC

[www.nychealthandhospitals.org/gouverneur/the-pride-health-center-at-nyc-health-hospitals-gotham-health-gouverneur](http://www.nychealthandhospitals.org/gouverneur/the-pride-health-center-at-nyc-health-hospitals-gotham-health-gouverneur)

Pride Health Center at NYC Health + Hospitals / Gotham Health, Judson

Manhattan

Ages 11-29

212-925-5000 (ext. 2 or 3) / 1-844-NYC-4NYC

[www.nychealthandhospitals.org/judson/pride-health-center](http://www.nychealthandhospitals.org/judson/pride-health-center)

Pride Health Center at NYC Health + Hospitals / Metropolitan

Manhattan

212-423-7292 / 1-844-NYC-4NYC

[www.nychealthandhospitals.org/metropolitan/our-services/lgbtq-health-center](http://www.nychealthandhospitals.org/metropolitan/our-services/lgbtq-health-center)

Pride Health Center at NYC Health + Hospitals / Woodhull

Brooklyn

718-963-8068 / 1-844-NYC-4NYC

[www.nychealthandhospitals.org/woodhull/the-pride-health-center-at-nyc-health-hospitalswoodhull](http://www.nychealthandhospitals.org/woodhull/the-pride-health-center-at-nyc-health-hospitalswoodhull)

Pride Health Center at NYC Health + Hospitals / Jacobi

Bronx

718-918-7787 / 1-844-NYC-4NYC

[www.nychealthandhospitals.org/jacobi/the-pride-health-center-at-nyc-health-hospitals-jacobi](http://www.nychealthandhospitals.org/jacobi/the-pride-health-center-at-nyc-health-hospitals-jacobi)

NYC Health + Hospitals / Lincoln - Gender Affirming Integrated Services Practice

Bronx

718-579-5264 / 1-844-NYC-4NYC

[www.nychealthandhospitals.org/lincoln](http://www.nychealthandhospitals.org/lincoln)

For more information: [www.nychealthandhospitals.org/services/lgbtq-health-care-services](http://www.nychealthandhospitals.org/services/lgbtq-health-care-services)

**Ali Forney Center**

Manhattan

Medicaid, private insurances accepted, financial services available

212-222-3427

[www.aliforneycenter.org](http://www.aliforneycenter.org)

**APICHA**

Manhattan

Medicaid, Medicare, private insurances accepted

866-274-2429

[www.apicha.org/en/home](http://www.apicha.org/en/home)

**Betances Health Center**

Multiple locations

Medicaid, Medicare, private insurances accepted

Manhattan: 212-227-8401

Brooklyn: 347-390-8701

[www.betances.org](http://www.betances.org)

**Callen-Lorde**

Multiple locations

Medicaid, Medicare, private insurances accepted

Manhattan: 212-271-7200

Brooklyn: 718-215-1818

Bronx: 718-215-1800

[callen-lorde.org](http://callen-lorde.org)

**Community Healthcare Network**

Multiple locations

Medicaid, Medicare, private insurances

866-246-8259

[www.chnny.org/for-patients/communities/lgbt](http://www.chnny.org/for-patients/communities/lgbt)

**Endocrine Associates of West Village PC**

Multiple locations

Medicare, private insurances accepted

Queens: 347-946-6939

Manhattan: 332-529-1029

[www.endocrinenyc.com](http://www.endocrinenyc.com)

**Interfaith Medical Center**

Brooklyn

Medicaid, Medicare, private insurances accepted

718-613-7555

[interfaithmedical.com/index.html](http://interfaithmedical.com/index.html)

**Mount Sinai**

Multiple locations

Medicaid, Medicare, private insurances accepted

Mount Sinai Center for Transgender Medicine and Surgery

Manhattan

212-604-1730

Mount Sinai Beth Israel Medical Center

Manhattan

212-420-2000

Mount Sinai Peter Krueger Clinic

Manhattan

212-420-2620

[www.mountsinai.org/locations/center-transgender-medicine-surgery?utm\\_source=google&utm\\_medium=sem&utm\\_campaign=mshsctms&utm\\_content=trans\\_medicine\\_and\\_surgery&vsrefdom=mchxctmscpc&gclid=EAIaIQobChMI2rbcrLHb8gIV04ZbCh2fUAiREAAAYASAAEgleO\\_D\\_BwE&gclsrc=aw.ds](http://www.mountsinai.org/locations/center-transgender-medicine-surgery?utm_source=google&utm_medium=sem&utm_campaign=mshsctms&utm_content=trans_medicine_and_surgery&vsrefdom=mchxctmscpc&gclid=EAIaIQobChMI2rbcrLHb8gIV04ZbCh2fUAiREAAAYASAAEgleO_D_BwE&gclsrc=aw.ds)

**Northwell Health**

Gerald J. Friedman Transgender Program for Health & Wellness

Manhattan

Medicaid, Medicare, private insurances accepted

212-434-3556

[www.friedmantransgenderprogram.org](http://www.friedmantransgenderprogram.org)

**NYU Langone**

Diabetes & Endocrine Associates – Transgender Endocrinology

Manhattan

Medicaid, Medicare, private insurances accepted

212-481-1350

[nyulangone.org/locations/transgender-health](http://nyulangone.org/locations/transgender-health)

**Planned Parenthood**

Multiple locations

Medicaid, Medicare, private insurances accepted

800-230-7526

[www.plannedparenthood.org](http://www.plannedparenthood.org)

## PUBERTY BLOCKERS

### **NYC Health + Hospitals**

Multiple locations across NYC. To find a location near you or to schedule an appointment, call 1-844-NYC-4NYC. Medicaid, Medicare, private insurances accepted, financial services available.

Pride Health Center at NYC Health + Hospitals / Gotham Health, Judson

Manhattan

212-925-5000 (ext. 2 or 3) / 1-844-NYC-4NYC

[www.nychealthandhospitals.org/judson/pride-health-center](http://www.nychealthandhospitals.org/judson/pride-health-center)

Pride Health Center at NYC Health + Hospitals / Jacobi

Bronx

718-918-7787 / 1-844-NYC-4NYC

[www.nychealthandhospitals.org/jacobi/the-pride-health-center-at-nyc-health-hospitals-jacobi](http://www.nychealthandhospitals.org/jacobi/the-pride-health-center-at-nyc-health-hospitals-jacobi)

### **Ali Forney Center**

Manhattan

Medicaid, private insurances accepted, financial services available

212-222-3427

[www.aliforneycenter.org](http://www.aliforneycenter.org)

### **Callen-Lorde**

HOTT Program

Manhattan

Medicaid, Medicare, private insurances accepted

212-271-7200

[callen-lorde.org/hott](http://callen-lorde.org/hott)

### **Mount Sinai**

Adolescent Health Center

Manhattan

Medicaid, Medicare, private insurances accepted

212-423-3000

[www.mountsinai.org/locations/adolescent-health-center/services/lgbtq-support-services](http://www.mountsinai.org/locations/adolescent-health-center/services/lgbtq-support-services)

### **Northwell Health**

Gerald J. Friedman Transgender Program for Health & Wellness

Manhattan

Medicaid, Medicare, private insurances accepted

212-434-3556

[www.friedmantransgenderprogram.org](http://www.friedmantransgenderprogram.org)

### **NYU Langone**

Transgender Youth Health Program

Manhattan

Medicaid, Medicare, private insurances accepted

212-263-5940 x 5

[nyulangone.org/locations/hassenfeld-childrens-hospital?cid=sem\\_google&googadcamp=Hassenfeld\\_HCH\\_Brand&googadgroup=HCH&googkeyword=%2Bhassenfeld%20%2Bchildren&googmatchtype=b&insitesid=1318&gclid=EAlaIQobChMI6vXet7Lb8gIVY\\_rjBx21\\_QU4EAYASAAEglpD\\_D\\_BwE](http://nyulangone.org/locations/hassenfeld-childrens-hospital?cid=sem_google&googadcamp=Hassenfeld_HCH_Brand&googadgroup=HCH&googkeyword=%2Bhassenfeld%20%2Bchildren&googmatchtype=b&insitesid=1318&gclid=EAlaIQobChMI6vXet7Lb8gIVY_rjBx21_QU4EAYASAAEglpD_D_BwE)

## **SUNY Heat Program**

Brooklyn

Medicaid, private insurances accepted

718-613-8543

[heatprogram.org](http://heatprogram.org)

## **TOP SURGERY (MASTECTOMY AND AUGMENTATION)**

### **NYC Health + Hospitals**

Multiple locations across NYC. To find a location near you or to schedule an appointment, call 1-844-NYC-4NYC. Medicaid, Medicare, private insurances accepted, financial assistance available.

Pride Health Center at NYC Health + Hospitals / Metropolitan

Surgeon: Dr. Aron Kressel

Mastectomy and augmentation

Manhattan

212-423-7292 / 1-844-NYC-4NYC

[www.nychealthandhospitals.org/metropolitan/our-services/lgbtq-health-center](http://www.nychealthandhospitals.org/metropolitan/our-services/lgbtq-health-center)

NYC Health + Hospitals / Lincoln - Gender Affirming Integrated Services Practice

Surgeon: Dr. Aloysius Smith

Mastectomy

Bronx

718-579-5264 / 1-844-NYC-4NYC

[www.nychealthandhospitals.org/lincoln](http://www.nychealthandhospitals.org/lincoln)

### **Dr. Alexes Hazen**

Mastectomy and augmentation

Manhattan

Medicare, private insurances accepted

917-301-6563

[www.alexeshazenmd.com](http://www.alexeshazenmd.com)

### **Dr. Douglas Senderoff**

Mastectomy and augmentation

Manhattan

Private insurances accepted

212-481-3939

[www.drsenderoff.com](http://www.drsenderoff.com)

### **Dr. Paul Weiss**

Mastectomy and augmentation

Manhattan

Private insurances accepted

212-861-8000

[paulweissmd.com/index.php](http://paulweissmd.com/index.php)



### **Long Island Plastic Surgical Group, PC**

Mastectomy and augmentation

Multiple locations

Medicaid, Medicare, private insurances accepted

516-200-1645

[www.lipsg.com/transgender-surgery](http://www.lipsg.com/transgender-surgery)

### **Mount Sinai**

Center for Transgender Medicine and Surgery

Mastectomy and augmentation

Manhattan

Medicaid, Medicare, private insurances accepted

212-604-1730

[www.mountsinai.org/locations/center-transgender-medicine-surgery?utm\\_source=google&utm\\_medium=sem&utm\\_campaign=mshsctms&utm\\_content=trans\\_medicine\\_and\\_surgery&vsrefdom=mchxctmscpc&gclid=EAlalQobChMI2rbcrLHb8gIV04ZbCh2fUAiREAYASAAEgleO\\_D\\_BwE&gclsrc=aw.ds](http://www.mountsinai.org/locations/center-transgender-medicine-surgery?utm_source=google&utm_medium=sem&utm_campaign=mshsctms&utm_content=trans_medicine_and_surgery&vsrefdom=mchxctmscpc&gclid=EAlalQobChMI2rbcrLHb8gIV04ZbCh2fUAiREAYASAAEgleO_D_BwE&gclsrc=aw.ds)

### **Northwell Health**

Gerald J. Friedman Transgender Health & Wellness Program

Mastectomy and augmentation

Manhattan

Medicaid, Medicare, private insurances accepted

212-434-3556

[www.friedmantransgenderprogram.org](http://www.friedmantransgenderprogram.org)

### **NYU Langone**

Plastic Surgery Associates

Mastectomy and augmentation

Manhattan

Medicaid, Medicare, private insurances accepted

646-501-4449

[nyulangone.org/locations/plastic-surgery/transgender-surgery-services](http://nyulangone.org/locations/plastic-surgery/transgender-surgery-services)

### **Weill Cornell Medicine**

Mastectomy and augmentation

Manhattan

Medicaid, Medicare, private insurances accepted

646-962-4210

[weillcornell.org/gender-affirming-surgeries](http://weillcornell.org/gender-affirming-surgeries)

## BOTTOM SURGERY

### **NYC Health + Hospitals / Lincoln - Gender Affirming Integrated Services Practice**

Surgeon: Dr. Hsun-Ming (Simon) Lu

Hysterectomy, oophorectomy

Bronx

Medicaid, Medicare, private insurances accepted, financial services available

718-579-5264 / 1-844-NYC-4NYC

[www.nychealthandhospitals.org/lincoln](http://www.nychealthandhospitals.org/lincoln)

### **BronxCare**

Possible surgeon: Dr. Joseph Silletti

Orchiectomy

Bronx

Medicaid, Medicare, private insurances accepted

718-579-7030

[www.bronxcare.org/our-services/surgery](http://www.bronxcare.org/our-services/surgery)

### **Dr. Rajveer Purohit, Reconstructive Urology**

Orchiectomy, metoidioplasty, certain types of phalloplasties, vaginoplasty

Manhattan

Medicaid, Medicare, private insurances accepted

212-772-3900

[rajveerpurohitmd.com](http://rajveerpurohitmd.com)

### **Mount Sinai**

Center for Transgender Medicine and Surgery

Possible surgeons: Dr. Zoe Rodriguez; Dr. Aaron Grotas; Dr. Miroslav Djorjevic; Dr. Jess Ting

Hysterectomy, oophorectomy, orchiectomy, metoidioplasty, phalloplasty, vaginoplasty

Manhattan

Medicaid, Medicare, private insurances accepted

646-733-4362

[www.mountsinai.org/locations/center-transgender-medicine-surgery?utm\\_source=google&utm\\_medium=sem&utm\\_campaign=mshsctms&utm\\_content=trans\\_medicine\\_and\\_surgery&vsrefdom=mchxctmscpc&gclid=EAIaIQobChMI2rbcrLHb8gIV04ZbCh2fUAiREAAAYASAAEgleO\\_D\\_BwE&gclidsrc=aw.ds](http://www.mountsinai.org/locations/center-transgender-medicine-surgery?utm_source=google&utm_medium=sem&utm_campaign=mshsctms&utm_content=trans_medicine_and_surgery&vsrefdom=mchxctmscpc&gclid=EAIaIQobChMI2rbcrLHb8gIV04ZbCh2fUAiREAAAYASAAEgleO_D_BwE&gclidsrc=aw.ds)

### **New York-Presbyterian**

Columbia University Irving Medical Center

Possible surgeon: Dr. Nancy R. Jasper

Hysterectomy, oophorectomy

Manhattan

Medicaid, Medicare, private insurances accepted

212-305-2500

[www.nyp.org/locations/newyork-presbyterian-columbia-university-medical-center](http://www.nyp.org/locations/newyork-presbyterian-columbia-university-medical-center)

**Northwell Health**

Gerald J. Friedman Transgender Health & Wellness Program  
Possible surgeons: Dr. David M. Whitehead; Dr. Jeannine Villela  
Metoidioplasty, phalloplasty, vaginoplasty  
Manhattan  
Medicaid, Medicare, private insurances accepted  
212-434-3556  
[www.friedmantransgenderprogram.org](http://www.friedmantransgenderprogram.org)

**NYU Langone**

Multiple locations  
Medicaid, Medicare, private insurances accepted

NYU Langone Downtown Women OBGYN Associates, LLP  
Possible surgeon: Dr. Dorothy L. Min  
Hysterectomy  
Manhattan  
212-966-7600

NYU Langone Kips Bay Gynecology  
Possible surgeons: Dr. Christopher N. Eswar; Dr. Ruth A. Tessler  
Oophorectomy  
Manhattan  
212-545-5400

NYU Langone Plastic Surgery Associates  
Possible surgeons: Dr. Rachel Bluebond-Langner; Dr. Lee Zhao; Dr. Jamie Levine; Dr. Eduardo Rodriguez  
Metoidioplasty, phalloplasty, vaginoplasty  
Manhattan  
646-501-4449

NYU Langone Urology Associates  
Possible surgeons: Dr. Lauren E. Stewart; Dr. Lee C Zhao; Dr. Bobby B. Najari  
Oophorectomy, orchiectomy  
Manhattan  
646-825-6300  
[nyulangone.org/locations/transgender-health](http://nyulangone.org/locations/transgender-health)

**Weill Cornell Medicine**

Possible surgeons: Dr. Leslie E. Cohen; Dr. David M. Otterburn; Dr. Jason A. Spector; Dr. Mia Talmor  
Phalloplasty and vaginoplasty  
Manhattan  
Medicaid, Medicare, private insurances accepted  
646-962-4210  
[weillcornell.org/gender-affirming-surgeries](http://weillcornell.org/gender-affirming-surgeries)

## FACIAL FEMINIZATION AND MASCULINIZATION

### **Dr. Nicholas Bastidas**

Manhattan  
212-485-0616  
[www.drbastidas.com](http://www.drbastidas.com)

### **Dr. Mark Filstein**

Manhattan  
212-481-4041  
[www.markfilstein.com/index.php](http://www.markfilstein.com/index.php)

### **Dr. Alexes Hazen**

Manhattan  
917-301-6563  
[www.alexeshazenmd.com/transgender-facial-feminization](http://www.alexeshazenmd.com/transgender-facial-feminization)

### **Dr. Joshua D. Rosenberg**

Multiple locations  
Manhattan: 212-241-9410  
Staten Island: 718-420-1279  
[www.drjoshuarosenberg.com](http://www.drjoshuarosenberg.com)

### **Dr. Paul Weiss**

Manhattan  
212-861-8000  
[paulweissmd.com/drweiss.php](http://paulweissmd.com/drweiss.php)

### **Long Island Plastic Surgical Group, PC**

Multiple locations  
516-218-1019  
[www.lipsg.com/transgender-surgery](http://www.lipsg.com/transgender-surgery)

### **Montefiore**

Bronx  
800-636-6683  
[www.montefiore.org/default.cfm](http://www.montefiore.org/default.cfm)

### **Mount Sinai**

Center for Transgender Medicine and Surgery  
Manhattan  
646-733-4362  
[www.mountsinai.org/locations/center-transgender-medicine-surgery?utm\\_source=google&utm\\_medium=sem&utm\\_campaign=mshsctms&utm\\_content=trans\\_medicine\\_and\\_surgery&vsrefdom=mchxctmscpc&gclid=EAIaIQobChMI2rbcrLHb8gIV04ZbCh2fUAiREAAAYASAAEgleO\\_D\\_BwE&gclsrc=aw.ds](http://www.mountsinai.org/locations/center-transgender-medicine-surgery?utm_source=google&utm_medium=sem&utm_campaign=mshsctms&utm_content=trans_medicine_and_surgery&vsrefdom=mchxctmscpc&gclid=EAIaIQobChMI2rbcrLHb8gIV04ZbCh2fUAiREAAAYASAAEgleO_D_BwE&gclsrc=aw.ds)

### **Northwell Health**

Gerald J. Friedman Transgender Health & Wellness Program  
Manhattan  
212-434-3556  
[www.friedmantransgenderprogram.org](http://www.friedmantransgenderprogram.org)

**NYU Langone**

Plastic Surgery Associates  
Manhattan  
646-501-4449

[nyulangone.org/locations/plastic-surgery/transgender-surgery-services](http://nyulangone.org/locations/plastic-surgery/transgender-surgery-services)

## VOICE THERAPY AND MODIFICATION

**Mount Sinai**

Center for Transgender Medicine and Surgery  
Manhattan  
646-733-4362

[www.mountsinai.org/locations/center-transgender-medicine-surgery?utm\\_source=google&utm\\_medium=sem&utm\\_campaign=mshsctms&utm\\_content=trans\\_medicine\\_and\\_surgery&vsrefdom=mchxctmspc&gclid=EAIaIQobChMI2rbcrLHb8gIV04ZbCh2fUAiREAAAYASAAEgleO\\_D\\_BwE&gclid=aw.ds](http://www.mountsinai.org/locations/center-transgender-medicine-surgery?utm_source=google&utm_medium=sem&utm_campaign=mshsctms&utm_content=trans_medicine_and_surgery&vsrefdom=mchxctmspc&gclid=EAIaIQobChMI2rbcrLHb8gIV04ZbCh2fUAiREAAAYASAAEgleO_D_BwE&gclid=aw.ds)

**New York Speech and Voice Lab**

Manhattan  
347-677-3619

[www.speechvoicelab.com](http://www.speechvoicelab.com)

**NYU Langone**

Transgender Voice and Communication Group  
Manhattan  
212-992-7691

[www.nyu.edu/students/health-and-wellness/services/tnbgnc-health-wellness.html](http://www.nyu.edu/students/health-and-wellness/services/tnbgnc-health-wellness.html)

## TRACHEAL CARTILAGE SHAPE

**NYC Health + Hospitals / Lincoln - Gender Affirming Integrated Services Practice**

Surgeon: Dr. Rita Roure  
Bronx

718-579-5264 / 1-844-NYC-4NYC

[www.nychealthandhospitals.org/lincoln](http://www.nychealthandhospitals.org/lincoln)

**Dr. Alexes Hazen**

Manhattan  
917-301-6563

[www.alexeshazenmd.com/transgender-facial-feminization](http://www.alexeshazenmd.com/transgender-facial-feminization)

**Dr. Harrison H. Lee**

Manhattan  
212-988-9769

[www.harrisonleeplasticsurgeon.com/best-nyc-plastic-surgeons](http://www.harrisonleeplasticsurgeon.com/best-nyc-plastic-surgeons)

**Dr. Joshua D. Rosenberg**

Multiple locations

Manhattan: 212-241-9410

Staten Island: 718-420-1279

[www.drjoshuarosenberg.com](http://www.drjoshuarosenberg.com)

**Mount Sinai**

Center for Transgender Medicine and Surgery

Manhattan

646-733-4362

[www.mountsinai.org/locations/center-transgender-medicine-surgery?utm\\_source=google&utm\\_medium=sem&utm\\_campaign=mshsctms&utm\\_content=trans\\_medicine\\_and\\_surgery&vsrefdom=mchxctmscpc&gclid=EAlalQobChMI2rbcrLHb8gIV04ZbCh2fUAiREAYASAAEgleO\\_D\\_BwE&gclsrc=aw.ds](http://www.mountsinai.org/locations/center-transgender-medicine-surgery?utm_source=google&utm_medium=sem&utm_campaign=mshsctms&utm_content=trans_medicine_and_surgery&vsrefdom=mchxctmscpc&gclid=EAlalQobChMI2rbcrLHb8gIV04ZbCh2fUAiREAYASAAEgleO_D_BwE&gclsrc=aw.ds)

**Weill Cornell Medicine**

Multiple locations

646-962-4210

[weillcornell.org/gender-affirming-surgeries](http://weillcornell.org/gender-affirming-surgeries)

## ELECTROLYSIS

**Affordable Permanent Electrolysis**

Manhattan

212-633-1503

[affordablepermanentelectrolysis.com](http://affordablepermanentelectrolysis.com)

**Electrolysis**

Queens

917-697-0542

[endunwantedhair.com](http://endunwantedhair.com)

**Lambda Electrolysis**

Brooklyn

[lambdaelectrolysis@gmail.com](mailto:lambdaelectrolysis@gmail.com)

[lambdaelectrolysis.com](http://lambdaelectrolysis.com)

**New York Electrolysis Office**

Manhattan

[nyelectrolysis@gmail.com](mailto:nyelectrolysis@gmail.com)

[nyelectrolysisoffice.com](http://nyelectrolysisoffice.com)

**Nios**

Manhattan

212-863-9058

[www.niosspa.com](http://www.niosspa.com)

## CHANGING IDENTITY DOCUMENTS

### **Chosen Family Law Center, Trans Umbrella Project**

Manhattan

732-639-1657

[chosenfamilylawcenter.org/trans-umbrella-project](https://chosenfamilylawcenter.org/trans-umbrella-project)

### **Colectivo Intercultural TRANSgrediendo, Legal AID Network Project**

Queens

347-738-6989

[www.ourvoicesarefree.org/programs](https://www.ourvoicesarefree.org/programs)

### **Lambda Legal**

Manhattan

212-809-8585

[www.lambdalegal.org](https://www.lambdalegal.org)

### **Legal Services NYC**

Multiple locations

Bronx: 718-928-3700

Brooklyn: 718-237-5500

Manhattan: 646-442-3100

Queens: 347-592-2200

Staten Island: 718-233-6480

[www.legalservicesnyc.org](https://www.legalservicesnyc.org)

### **NYLAG**

Manhattan

212-659-6161

[nylag.org/lgbtq-law](https://nylag.org/lgbtq-law)

### **Sylvia Rivera Law Project**

Manhattan

212-337-8550

[srlp.org](https://srlp.org)

### **Transgender Legal Defense & Education Fund**

Manhattan

646-862-9396

[transgenderlegal.org](https://transgenderlegal.org)

### **Urban Justice Center, Peter Cicchino Youth Project**

Multiple locations

877-542-9529

[pcyp.urbanjustice.org](https://pcyp.urbanjustice.org)

## Do-It-Yourself Resources

### Callen-Lorde Guide

Resource for NYS ID, passport, birth certificate, immigration documentation, green card.  
[callen-lorde.org/graphics/2012/03/Changing-Gender-Markers-Federal-NY-NJ-CT.pdf](http://callen-lorde.org/graphics/2012/03/Changing-Gender-Markers-Federal-NY-NJ-CT.pdf)

### National Center for Transgender Equality

ID Documents Center

Guides to change name on passport, birth certificate, ID, social security card, immigration documents, military/veteran records.

[transequality.org/documents](http://transequality.org/documents)

### Sylvia Rivera Law Project

Name change resource: [srlp.org/resources/namechange](http://srlp.org/resources/namechange)

Do-It-Yourself resource for changing IDs: [srlp.org/resources/changeid](http://srlp.org/resources/changeid)

## MENTAL HEALTH

### NYC Health + Hospitals

Individual counseling, support groups, psychiatric services, substance use services, inpatient services, crisis intervention, case management services.

Multiple locations across NYC

For more information or to schedule an appointment, call 1-844-NYC-4NYC

[www.nychealthandhospitals.org/services/mental-health-services](http://www.nychealthandhospitals.org/services/mental-health-services)

### Ackerman Institute's Gender and Family Project

Family therapy, support groups, school and professional support.

Manhattan

212-879-4900 x 370

[genderandfamilyproject.org](http://genderandfamilyproject.org)

### AIDS Center of Queens County

Individual, couples, family, and group counseling as well as psychiatric services.

Multiple locations

Jamaica: 718-896-2500

Harm Reduction, Jamaica: 718-739-2525

Far Rockaway: 718-868-8645

LGBTQ Homeless Youth Drop in Center: 718-472-9400

Brooklyn: 929-244-5006

[acqc.org](http://acqc.org)



**Bridging Access To Care**

Individual counseling, support groups, health monitoring, medication management, as well as substance use services.

Multiple locations

347-505-5000

[bac-ny.org/behavioral-health](http://bac-ny.org/behavioral-health)

**Brooklyn Community Pride Center**

In person and online support groups.

Brooklyn

347-889-7719

[lgbtbrooklyn.org](http://lgbtbrooklyn.org)

**Callen-Lorde**

Individual counseling, support groups, psychiatry services, crisis intervention, HIV pre/post-test counseling.

Manhattan: 212-271-7200

Brooklyn: 718-215-1818

Bronx: 718-215-1800

[callen-lorde.org/behavioral-health](http://callen-lorde.org/behavioral-health)

**Caribbean Equality Project**

Mental health services for Caribbean LGBTQ community, including individual counseling and support groups.

Queens

347-709-3179

[www.caribbeanequalityproject.org](http://www.caribbeanequalityproject.org)

**Community Healthcare Network**

Individual counseling, support groups, psychiatric services.

Multiple locations

866-246-8259

[www.chnyc.org/for-patients/communities/lgbt](http://www.chnyc.org/for-patients/communities/lgbt)

**Exponents**

Individual counseling.

Manhattan

212-243-3434

[www.exponents.org](http://www.exponents.org)

**GMHC**

Individual counseling, support groups, psychiatric services.

Manhattan

212-367-1000

[www.gmhc.org](http://www.gmhc.org)

**Hetrick Martin Institute**

Individual counseling for LGBTQ youth ages 13-24. Also offers psychiatry appointments and letters of support (for housing, gender affirming surgery, gender marker change, or other need).

Manhattan

212-674-2400

[hmi.org](http://hmi.org)

**Housing Works**

Individual counseling, group therapy, couples and family therapy, psychiatry services.

Multiple locations

718-277-0386

[healthcare.housingworks.org](http://healthcare.housingworks.org)

**Identity House**

Peer counseling, support groups, crisis intervention, therapy referrals.

Manhattan

[identityhouse.org](http://identityhouse.org)

**Institute for Human Identity Therapy Center**

Individual counseling, couples therapy, support groups.

Manhattan

212-243-2830

[www.ihitherapy.org](http://www.ihitherapy.org)

**Jewish Board of Family and Children's Services**

GLBTQ Counseling Unit

Individual, group, couples, and family therapy, psychiatry, medication management.

Manhattan

844-663-2255

[jewishboard.org/?gclid=CjwKCAjwj8eJBhA5EiwAg3z0m8gB7EwQx2\\_cmGiPqYSECIstBxtiHI9e1u7RqUs16RTolX9w5hQxYRoCe6cQAvD\\_BwE](http://jewishboard.org/?gclid=CjwKCAjwj8eJBhA5EiwAg3z0m8gB7EwQx2_cmGiPqYSECIstBxtiHI9e1u7RqUs16RTolX9w5hQxYRoCe6cQAvD_BwE)

**Manhattan Alternative**

A network of therapeutic service providers who are sex-positive, affirmative, and have expertise related to issues that kink, poly, consensually non-monogamous, trans, gender non-conforming, and/or LGBTQ-identified individuals face.

[www.manhattanalternative.com](http://www.manhattanalternative.com)

**Mount Sinai**

Center for Transgender Medicine and Surgery

Individual counseling, support groups, psychiatric evaluations, psychotherapeutic support.

Manhattan

212-604-1730

[www.mountsinai.org/locations/center-transgender-medicine-surgery](http://www.mountsinai.org/locations/center-transgender-medicine-surgery)

**National Queer and Trans Therapists of Color Network**

A national mental health directory for queer and trans therapists of color.

[nqttcn.com/en](http://nqttcn.com/en)

**Rainbow Heights Club**

Support groups, social activities, referral services, meal program.

Brooklyn

718-852-2584

[www.rainbowheights.org](http://www.rainbowheights.org)

**The Door**

Mental health resources for LGBTQ youth ages 12-24, individual counseling, support groups, psychiatric services, art therapy, crisis intervention.

Manhattan

212-941-9090 ext. 3452

[door.org/programs-services/counseling](http://door.org/programs-services/counseling)

**The LGBT Community Center**

Short term individual counseling, group counseling, support groups, private therapy referrals.

Manhattan

212-620-7310

[gaycenter.org](http://gaycenter.org)

**The Pride Center of Staten Island**

Individual counseling, group therapy.

Staten Island

718-808-1360

[www.pridecentersi.org](http://www.pridecentersi.org)

**Trans New York**

Individual, group, and family counseling and tele-health services.

516-421-1663

[transnewyork.org](http://transnewyork.org)

**Hot Lines**

Trans Lifeline: 877-565-8860

GLBT National Hotline: 888-843-4564

National Coalition of Anti-Violence Programs: 212-714-1141 (English and Spanish)

Trevor Project LGBT Lifeline: 866-488-7386

## SUBSTANCE USE SERVICES

**Bridge Back to Life Center Inc**

Detox services, LGBTQ specific groups, case management service, mental health services, integrated primary care services.

Brooklyn

718-852-5552

[www.bridgebacktolife.com](http://www.bridgebacktolife.com)

**Brooklyn Community Pride Center**

LGBTQ focused substance use groups, 12 step support groups for co-dependents anonymous, and crystal meth anonymous.

Brooklyn

347-889-7719

[lgbtbrooklyn.org/12-step-support-groups](http://lgbtbrooklyn.org/12-step-support-groups)

**Brooklyn Hospital Center**

9B Detox Unit

Detoxification services, hospital inpatient treatment, case management service, mental health services.

Brooklyn

718-250-8900 x 8096

[www.tbh.org/specialized-services/detox-unit](http://www.tbh.org/specialized-services/detox-unit)

**East Village Group of Alcoholics Anonymous**

Alcoholic anonymous group with a special focus on LGBTQ community, offering six groups a week.

Manhattan

[eastvillagegroup@gmail.com](mailto:eastvillagegroup@gmail.com)

[eastvillagegroup.com/about-our-group](http://eastvillagegroup.com/about-our-group)

**Exponents**

Outpatient counseling programs for addiction services.

Manhattan

212-243-3434

[www.exponents.org](http://www.exponents.org)

**Frost'D | Harlem United**

Syringe exchange, harm reduction planning and overdose prevention.

Manhattan

212-924-3733

[www.frostd.org](http://www.frostd.org)

**Greenwich House**

Methadone Maintenance Treatment Program

Outpatient methadone/buprenorphine or naltrexone treatment, case management, mental health services.

Manhattan

212-677-3400

[www.greenwichhouse.org](http://www.greenwichhouse.org)

**Hazelden Betty Ford Foundation**

Outpatient methadone/buprenorphine or naltrexone treatment, LGBTQ focused programs and support groups, case management.

Manhattan

646-601-7594

[www.hazeldenbettyford.org/treatment/locations/tribeca](http://www.hazeldenbettyford.org/treatment/locations/tribeca)

**Housing Works Community Healthcare**

Substance use counseling with a harm reduction approach, syringe exchange, supportive services.

Multiple locations

718-277-0386

[healthcare.housingworks.org/services/behavioral-health-substance-use](http://healthcare.housingworks.org/services/behavioral-health-substance-use)

**Montefiore Medical Center**

Outpatient methadone/buprenorphine or naltrexone treatment, case management service, mental health services, opioid treatment programs, integrated primary care services.

Multiple locations

800-636-6683

[www.montefiore.org/outpatient-substance-abuse-services](http://www.montefiore.org/outpatient-substance-abuse-services)

**Osborne Treatment Services Inc**

Intensive outpatient treatment, as an alternative to incarceration or a condition of parole. Individual counseling, medication-assisted treatment.

Bronx

718-842-0500

[www.osborneny.org](http://www.osborneny.org)

**Rainbow Room**

LGBTQ alcoholics anonymous group, meeting in person and online. QPOC group offered as well. Manhattan

[RainbowRoomSecretary@gmail.com](mailto:RainbowRoomSecretary@gmail.com)

[rainbowroomaa.org](http://rainbowroomaa.org)

**Realization Center**

LGBTQ specific programming, 12-Step clinical program, group therapy, individual counseling. Manhattan

212-627-9600

[realizationcenternyc.com/lgbt-program](http://realizationcenternyc.com/lgbt-program)

**Saint Marks Place Institute for Mental Health**

Outpatient detox, intensive outpatient treatment, methadone/buprenorphine or naltrexone treatment.

Manhattan

212-982-3470 x 125

[www.unitas-nyc.org](http://www.unitas-nyc.org)

**START Treatment and Recovery Centers**

Intensive outpatient treatment, methadone/buprenorphine or naltrexone treatment.

Manhattan

212-543-1603 | 800-211-0996

[www.startny.org](http://www.startny.org)

**Success Counseling Services**

Intensive Outpatient Program (IOP), substance abuse treatment and co-occurring disorders, behavioral counseling.

Bronx

718-538-6112

[www.success-counseling.com](http://www.success-counseling.com)

**The Alliance for Positive Change**

Harm reduction approach, syringe exchange, case management, therapy and psychiatry, wellness services, transgender advocacy group.

Manhattan

212-645-0875 x100

[alliance.nyc/leshrc](http://alliance.nyc/leshrc)

**The LGBT Community Center**

Programming is specifically designed for LGBTQ patients. Outpatient methadone/buprenorphine or naltrexone treatment, case management service, individual and group counseling.

Manhattan

212-620-7310

[gaycenter.org/recovery-health/recovery/#substance-](http://gaycenter.org/recovery-health/recovery/#substance-)

## HIV AND STI SERVICES

### **NYC Health + Hospitals**

Multiple locations across NYC. To find a location near you or to schedule an appointment, call 1-844-NYC-4NYC.

Pride Health Center at NYC Health + Hospitals / Bellevue  
Manhattan

212-562-8416 / 1-844-NYC-4NYC

[www.nychealthandhospitals.org/bellevue/the-pride-health-center-at-nyc-health-hospitals-bellevue](http://www.nychealthandhospitals.org/bellevue/the-pride-health-center-at-nyc-health-hospitals-bellevue)

Pride Health Center at NYC Health + Hospitals / Gotham Health, Gouverneur  
Manhattan

212-441-5469 / 1-844-NYC-4NYC

[www.nychealthandhospitals.org/gouverneur/the-pride-health-center-at-nyc-health-hospitals-gotham-health-gouverneur](http://www.nychealthandhospitals.org/gouverneur/the-pride-health-center-at-nyc-health-hospitals-gotham-health-gouverneur)

Pride Health Center at NYC Health + Hospitals / Gotham Health, Judson  
Manhattan

Ages 11-29

212-925-5000 (ext. 2 or 3) / 1-844-NYC-4NYC

[www.nychealthandhospitals.org/judson/pride-health-center](http://www.nychealthandhospitals.org/judson/pride-health-center)

Pride Health Center at NYC Health + Hospitals / Metropolitan  
Manhattan

212-423-7292 / 1-844-NYC-4NYC

[www.nychealthandhospitals.org/metropolitan/our-services/lgbtq-health-center](http://www.nychealthandhospitals.org/metropolitan/our-services/lgbtq-health-center)

Pride Health Center at NYC Health + Hospitals / Woodhull  
Brooklyn

718-963-8068 / 1-844-NYC-4NYC

[www.nychealthandhospitals.org/woodhull/the-pride-health-center-at-nyc-health-hospitalswoodhull](http://www.nychealthandhospitals.org/woodhull/the-pride-health-center-at-nyc-health-hospitalswoodhull)

Pride Health Center at NYC Health + Hospitals / Jacobi  
Bronx

718-918-7787 / 1-844-NYC-4NYC

[www.nychealthandhospitals.org/jacobi/the-pride-health-center-at-nyc-health-hospitals-jacobi](http://www.nychealthandhospitals.org/jacobi/the-pride-health-center-at-nyc-health-hospitals-jacobi)

NYC Health + Hospitals / Lincoln - Gender Affirming Integrated Services Practice  
Bronx

718-579-5264 / 1-844-NYC-4NYC

[www.nychealthandhospitals.org/lincoln](http://www.nychealthandhospitals.org/lincoln)

For more information: [www.nychealthandhospitals.org/services/lgbtq-health-care-services](http://www.nychealthandhospitals.org/services/lgbtq-health-care-services)

**AIDS Center of Queens County**

Multiple locations

Jamaica: 718-896-2500

Harm Reduction, Jamaica: 718-739-2525

Far Rockaway: 718-868-8645

LGBTQ Homeless Youth Drop in Center: 718-472-9400

Brooklyn: 929-244-5006

[acqc.org](http://acqc.org)

**APICHA**

Manhattan

866-274-2429

[www.apicha.org/en/home](http://www.apicha.org/en/home)

**Betances Health Center**

Multiple locations

Manhattan: 212-227-8401

Brooklyn: 347-390-8701

[www.betances.org](http://www.betances.org)

**Bridging Access To Care**

Brooklyn

347-505-5000

[bac-ny.org](http://bac-ny.org)

**Callen-Lorde**

Manhattan: 212-271-7200

Brooklyn: 718-215-1818

Bronx: 718-215-1800

[callen-lorde.org](http://callen-lorde.org)

**Community Healthcare Network**

Multiple locations

866-246-8259

[www.chnyc.org/for-patients/communities/lgbt](http://www.chnyc.org/for-patients/communities/lgbt)

**Exponents**

Manhattan

212-243-3434

[www.exponents.org](http://www.exponents.org)

**GMHC**

Manhattan

212-367-1000

[www.gmhc.org](http://www.gmhc.org)

**Harlem United**

Manhattan  
212-803-2850  
[www.harlemunited.org](http://www.harlemunited.org)

**Hispanic AIDS Forum**

Multiple locations  
Queens Pride House: 718-409-5309  
Bronx: 718-328-4188  
[hafnyc.org](http://hafnyc.org)

**Housing Works**

Multiple locations  
347-473-7400  
[healthcare.housingworks.org](http://healthcare.housingworks.org)

**Interfaith Medical Center**

Brooklyn  
718-613-7555  
[interfaithmedical.com/index.html](http://interfaithmedical.com/index.html)

**Latino Commission on AIDS**

Manhattan: 212-584-9325  
Oasis Latino LGBTs Wellness Center: 917-438-0698  
[www.latinoaids.org/services/hiv\\_testing.php](http://www.latinoaids.org/services/hiv_testing.php)

**LGBT Network**

Queens  
718-514-2155  
[lgbtnetwork.org](http://lgbtnetwork.org)

**NYC Sexual Health Clinics, NYC Health Department**

Multiple locations  
347-396-7959  
[www1.nyc.gov/site/doh/services/sexual-health-clinics.page](http://www1.nyc.gov/site/doh/services/sexual-health-clinics.page)

**SUNY Downstate Medical Center**

STAR Program  
Brooklyn  
718-270-2690  
[www.starprogram.nyc/star-health-center/hiv-care](http://www.starprogram.nyc/star-health-center/hiv-care)

**The LGBT Community Center**

Manhattan  
212-620-7310  
[gaycenter.org](http://gaycenter.org)

**The Pride Center of Staten Island**

Staten Island  
718-808-1360  
[www.pridecentersi.org](http://www.pridecentersi.org)



## OLDER ADULT SERVICES

### **GMHC**

Manhattan

212-367-1063

Ages 50+

[www.gmhc.org/communities/older-adults](http://www.gmhc.org/communities/older-adults)

### **GRIOT Circle**

Brooklyn

718-246-2775

Ages 50+

[griotcircle.org](http://griotcircle.org)

### **Queens Center for Gay Seniors**

Queens

718-533-6459

Ages 50+

[www.qchnyc.org/qcgs](http://www.qchnyc.org/qcgs)

### **SAGE**

Multiple locations

Manhattan, Midtown: 646-576-8669

Manhattan, Harlem: 646-660-8951

Bronx: 718-960-3337

Staten Island: 718-808-1365

Ages 60+

[www.sageusa.org](http://www.sageusa.org)

## YOUTH SERVICES

### **NYC Health + Hospitals**

Multiple locations across NYC. To find a location near you or to schedule an appointment, call 1-844-NYC-4NYC.

Health services, behavioral health services

Pride Health Center at NYC Health + Hospitals / Gotham Health, Judson

Manhattan

212-925-5000 (ext. 2 or 3) / 1-844-NYC-4NYC

Ages 11-29

[www.nychealthandhospitals.org/judson/pride-health-center](http://www.nychealthandhospitals.org/judson/pride-health-center)

Pride Health Center at NYC Health + Hospitals / Jacobi

Bronx

718-918-7787 / 1-844-NYC-4NYC

[www.nychealthandhospitals.org/jacobi/the-pride-health-center-at-nyc-health-hospitals-jacobi](http://www.nychealthandhospitals.org/jacobi/the-pride-health-center-at-nyc-health-hospitals-jacobi)

**AIDS Center of Queens County**

Youth drop in center, social activities, job readiness, academic support, case management, health services, support services.

Queens

718-472-9400 x 5738

Ages 13-24

[acqc.org/youth-drop-in-center](http://acqc.org/youth-drop-in-center)

**Ali Forney**

Services for homeless LGBTQ youth, emergency housing, job readiness & education, health services.

Manhattan

212-222-3427

Ages 16-24

[www.aliforneycenter.org](http://www.aliforneycenter.org)

**CAMBA**

Family acceptance support, youth development, support groups, testing and prevention, referrals.

Brooklyn

718-675-3372

Ages 13+

[camba.org](http://camba.org)

**Fierce**

Services for LGBTQ youth of color, community organizing, leadership development, mentorship program.

Bronx

646-336-6789

Ages 13-24

[fierce.nyc](http://fierce.nyc)

**Generation Q**

Youth drop in center, recreational activities, academic support, counseling, family services.

Queens

718-592-5757 Ext. 450

Ages 13-21

[www.qchnyc.org/programs/lgbtq-services/generation-q-youth-center](http://www.qchnyc.org/programs/lgbtq-services/generation-q-youth-center)

**GMHC**

HIV services, LGBTQ youth of color drop in center.

Manhattan

212-367-1000

Ages 18-29

[www.gmhc.org/communities/youth-young-adults](http://www.gmhc.org/communities/youth-young-adults)

**Hetrick Martin Institute**

Academic support, arts programming, job readiness, counseling, health and wellness services.

Manhattan

212-674-2400

Ages 13-24

[hmi.org](http://hmi.org)

**New Alternatives**

LGBTQ homeless youth services, meal program, case management, client groups, HIV testing services.

Manhattan

718-300-0133

Ages 16-30

[www.newalternativesnyc.org](http://www.newalternativesnyc.org)

**The Door**

Academic support, counseling, arts programming, food and nutrition services, health and wellness services, housing services, recreational activities.

Manhattan: 212-941-9090 x 3249

Bronx: 212-941-9090 x 3522

Ages 12-24

[door.org](http://door.org)

**The LGBT Community Center**

Counseling services, substance use services, peer groups, social activities, arts programming, leadership development, college preparation, job readiness.

Manhattan

212-620-7310

Ages 13-21

[gaycenter.org](http://gaycenter.org)

**The Pride Center of Staten Island**

Youth drop in center, discussion groups, recreational activities, leadership development.

Staten Island

718-808-1353

Ages 13-24

[www.pridecentersi.org](http://www.pridecentersi.org)

## INSURANCE AND FINANCIAL SERVICES

### **NYC Health + Hospitals**

NYC Health + Hospitals delivers high quality health services regardless of ability to pay. Financial concerns should not keep New Yorkers from seeking the health care they need.

To learn about health plans you may be eligible for, enroll in low-or no-cost insurance programs, or to qualify for financial assistance programs visit [www.nychealthandhospitals.org/paying-for-your-health-care](http://www.nychealthandhospitals.org/paying-for-your-health-care) or call 1-844-692 4692 and select option 3 to speak to a financial counselor.

NYC Health + Hospitals will keep your information confidential.

### **Jim Collins Foundation**

Program that provides direct financial assistance for gender affirming surgery.  
[jimcollinsfoundation.org/apply](http://jimcollinsfoundation.org/apply)

### **National Center for Transgender Equality**

Resources on Medicare coverage for gender affirming surgeries.  
202-642-4542  
[transequality.org/know-your-rights/medicare](http://transequality.org/know-your-rights/medicare)

### **New York State Department of Health**

Health coverage information for transgender New Yorkers.  
[www.dfs.ny.gov/consumers/health\\_insurance/transgender\\_healthcare](http://www.dfs.ny.gov/consumers/health_insurance/transgender_healthcare)

### **Point of Pride**

Program that provides direct financial assistance for gender affirming surgery.  
[pointofpride.org/annual-transgender-surgery-fund](http://pointofpride.org/annual-transgender-surgery-fund)

### **QueerCare**

QueerCare is a volunteer collective of queer individuals and allies who provide free, non-medical care and support to members of the LGBT+ community who are recovering from surgeries. Support services include, in-person care, shelter for those recovering, pet care, cooking/meal delivery, grocery shopping and errands, transportation, and basic home care.  
[msha.ke/queercare](http://msha.ke/queercare)

### **The Legal Aid Society**

Information on Medicaid coverage for gender affirming care.  
212-577-3300  
[legalaidsoc.org/get-help/government-benefits/what-you-need-to-know-about-medicare-coverage-transition-related-care](http://legalaidsoc.org/get-help/government-benefits/what-you-need-to-know-about-medicare-coverage-transition-related-care)

### **Transgender Legal Defense & Education Fund**

Trans health project providing information on health insurance and coverage for surgeries.  
646-862-9396  
[transhealthproject.org](http://transhealthproject.org)

## REFERENCES

NYC Health + Hospitals would like to thank all of the amazing community resources that helped make this guide possible. Below we have listed links to the websites and guides that helped shape the services we chose to include.

NYC Health + Hospitals

[www.nychealthandhospitals.org/services/lgbtq-health-care-services](http://www.nychealthandhospitals.org/services/lgbtq-health-care-services)

The Audre Lorde Project “NYC Resources for Lesbian, Gay, Bisexual, Two-Spirit, Trans & Gender Non-Conforming People of Color Organizations”

[alp.org/resources/nyc](http://alp.org/resources/nyc)

Callen-Lorde “Gender Confirming/GRS Surgeon List and Resources for Preparing for Surgery”

[callen-lorde.org/graphics/2018/09/CL0007\\_TBGN\\_Surgeons\\_List\\_7.pdf](http://callen-lorde.org/graphics/2018/09/CL0007_TBGN_Surgeons_List_7.pdf)

Callen-Lorde “NYC- Metro Area Transgender and Gender Non-Binary (TGNB) Community Resources”

[callen-lorde.org/graphics/2018/03/2018-NYC-Metro-Area-Transgender-and-Gender-Non-Binary-Community-Resources.pdf](http://callen-lorde.org/graphics/2018/03/2018-NYC-Metro-Area-Transgender-and-Gender-Non-Binary-Community-Resources.pdf)

Callen-Lorde “TransAtlas”

[transatlas.callen-lorde.org](http://transatlas.callen-lorde.org)

New York City Comptroller “LGBTQ Guide of Services and Resources”

[comptroller.nyc.gov/lgbtq](http://comptroller.nyc.gov/lgbtq)

Generation NYC “NYC Unity Project LGBTQ Youth”

[growingupnyc.cityofnewyork.us/generationnyc/topics/lgbtq](http://growingupnyc.cityofnewyork.us/generationnyc/topics/lgbtq)

NYC Up & Out “LGBT Resources”

[www.nycupandout.com/lgbt-directory.html](http://www.nycupandout.com/lgbt-directory.html)

NYU Langone “Transgender Surgery Services”

[nyulangone.org/locations/plastic-surgery/transgender-surgery-services](http://nyulangone.org/locations/plastic-surgery/transgender-surgery-services)

Mount Sinai “Trans-Feminine Surgeries”

[www.mountsinai.org/locations/center-transgender-medicine-surgery/care/surgery/male-to-female](http://www.mountsinai.org/locations/center-transgender-medicine-surgery/care/surgery/male-to-female)

Mount Sinai “Trans-Masculine Surgeries”

[www.mountsinai.org/locations/center-transgender-medicine-surgery/care/surgery/female-to-male](http://www.mountsinai.org/locations/center-transgender-medicine-surgery/care/surgery/female-to-male)

The LGBT Community Center “Resource Center”

[gaycenter.org/resources](http://gaycenter.org/resources)

We are New York Values “LGBTQIA+”

[www.wearenewyorkvalues.org/lgbtqia](http://www.wearenewyorkvalues.org/lgbtqia)

## GLOSSARY OF PROCEDURES

This glossary of terms was adapted from Callen-Lorde and Mount Sinai, Center for Transgender Medicine and Surgery. For more information, please visit: [callen-lorde.org](http://callen-lorde.org) and/or [www.mountsinai.org/locations/center-transgender-medicine-surgery/care/surgery](http://www.mountsinai.org/locations/center-transgender-medicine-surgery/care/surgery)

**Breast Augmentation:** A procedure that increases chest size and is more common for transfeminine patients. It involves a surgeon inserting breast implants into the chest with optional fat grafting.

**Chest Mastectomy:** A surgery that removes mammary and fat tissue from the chest and is more common for transmasculine patients.

**Electrolysis:** Electrolysis is the only method of permanent hair removal available, and is often required before certain bottom surgeries. Electrolysis involves passing an electrical current through a hair follicle, which damages the follicle and prevents new hair growth.

**Facial Feminization and Masculinization:** A group of procedures designed to change the bone structure of the face and reshape features that resulted from testosterone or estrogen exposure. These procedures could include brow lift, cheek augmentation, chin reshaping, lip lift, and more.

**Hormone Therapy:** The use of estrogen or testosterone to modify secondary sex characteristics. Can affect fat distribution, hair growth, tone of voice, muscle mass and other characteristics depending on which hormone you take. Hormone therapy can be tailored to a patient's transition goals.

**Hysterectomy:** Commonly used to refer to removing all internal reproductive organs: the cervix, uterus, fallopian tubes and ovaries, although technically "hysterectomy" only means removal of the uterus. Getting all parts removed at once is called a "total hysterectomy with bilateral salpingo-oophorectomy."

**Metoidioplasty:** Metoidioplasty is a procedure for patients looking to create a phallus. Plastic and urological surgeons collaborate to release the clitoris from the ligament that holds it in place. Then wrap skin around it to create a phallus. The result is a phallus that can become erect.

**Oophorectomy:** Surgical removal of one or both ovaries.

**Orchiectomy:** Surgical removal of testes, shutting down internal testosterone production.

**Phalloplasty:** Phalloplasty uses non-genital skin grafts from the body to create a new phallus. Common sites used are forearm, thigh, and abdomen. Size is dependent on patient preference, donor site availability, and surgeon comfort, however, the phallus does not grow/ shrink with arousal, and it is always the same size in your pants.

**Puberty Blockers:** Puberty blockers are medications that prevent the body from producing the hormones that cause the physical changes of puberty. Young people who are transgender may take puberty blockers to prevent the development of breasts, facial hair, and periods.

**Tracheal Cartilage Shave:** Widely known as Adam's apple reduction surgery, tracheal cartilage shave is one of the procedures that is most commonly included in facial feminization surgery. The goal is to reduce the prominence of the Adam's apple.

**Vaginoplasty:** Vaginoplasty involves creating a vagina, clitoris, labia majora, and labia minora using existing genital tissue.

**Voice Therapy and Modification:** Voice therapy and modification can be a way for TGNCNB people to alter the tone and pitch of their voice if their voice causes them gender dysphoria or discomfort. This can be done through therapy or surgery depending on the patient's goals.

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