

## VACCINATIONS FOR ALL

### + Flu Shots

### + Pfizer and J&J COVID-19 Vaccines

- Adult Doses
- Doses for children 5 years and up
- Additional Primary Series  
Doses for Those Who Are  
Immunocompromised
- Boosters

### Available here to all who are eligible

With COVID-19 and flu season occurring together, it is more important than ever to protect yourself and loved ones from getting sick.

COVID-19 and flu vaccines are safe and highly effective in reducing risk of illness, hospitalization and even death.

You can get a COVID-19 vaccine and the flu shot at the same time with no out-of-pocket cost to you.

Learn more about which vaccine is right for you. Scan the QR code or call  
**1-844-NYC-4NYC** (1-844-692-4692).

Learn more  
about COVID-19  
Vaccines



Learn more  
about Flu  
Vaccine



# Who Should Get Vaccinated for Flu and COVID-19?



## Influenza (Flu) Vaccine

Everyone six months and older should get a seasonal influenza (flu) vaccine each year, especially:

- + Children under 2
- + People over 65
- + People who are pregnant or recently gave birth
- + People with medical conditions like diabetes, asthma, heart disease or HIV
- + Essential workers, including health care workers and caregivers of people that are at a higher risk of getting sick. Those who care for children, especially infants younger than six months, should also get the flu vaccine.

## COVID-19 Vaccine

Most individuals are now eligible to get a COVID-19 vaccine:

- + People aged 5 to 11 can get two pediatric doses (one-third strength) of Pfizer-BioNTech
- + People 12 and older can get two doses of Pfizer-BioNTech
- + People 18 and older can get two doses of Moderna, or one dose of Johnson & Johnson/Janssen

## Additional Primary Series Doses of Pfizer or Moderna COVID-19 Vaccine

Additional primary series doses are available to people who got their second dose of COVID-19 vaccine at least 28 days ago and have a weakened immune system due to a condition or treatment. These may include:

- + Active treatment for cancer
- + Organ transplant and medicine to reduce the strength of the immune system
- + Stem cell transplant within the last 2 years
- + Moderate or severe primary immunodeficiency
- + Advanced or untreated HIV
- + Active treatment with a high dose of corticosteroids or other drugs that moderately or severely weaken the immune system

You must be 5 or older to get the Pfizer additional primary series dose and 18 or older to get the Moderna additional primary series dose. Additional primary series doses are not recommended for most people with other medical conditions such as diabetes, heart or lung disease.

## COVID-19 Booster Dose - Pfizer and Moderna Vaccine Recipients

Everyone 12 years or older should get a booster shot at least 5 months after receiving the second dose of their primary Pfizer or Moderna COVID-19 vaccination series.

People who received two shots of the Pfizer or Moderna vaccine should try to get the same vaccine as their booster, but have the choice to switch to any of the three types of vaccines authorized in the U.S.

People ages 12-17 who previously got the Pfizer primary series more than five months ago are eligible for the Pfizer booster shot only. Certain immunocompromised children ages 5-11 may be eligible for an additional dose of the Pfizer vaccine 28 days after their second shot.

## COVID-19 Booster Dose - Johnson & Johnson Vaccine Recipients

Everyone 18 years or older should get a booster shot at least two months after receiving the single dose primary COVID-19 vaccination. Pfizer or Moderna (mRNA COVID-19 vaccines) boosters are preferred in most situations.

Hospitals in the NYC Health + Hospitals system offer Pfizer and J&J vaccines. NYC Health + Hospitals/Gotham Health sites offer Moderna vaccine. For a full list of locations, visit our website: [nychealthandhospitals.org](https://nychealthandhospitals.org).