What is Bullying?
+ Making fun of, putting down or threatening another person.
+ Done on purpose, and it’s usually done over and over again.

Forms of Bullying
+ Cyberbullying
+ Physical bullying
+ Social bullying
+ Verbal bullying

What’s Bullying got to do with me?
You could be the:
+ Victim
+ Bystander
+ Bully

What can I do?
We have the power to stop bullying!
+ Don’t partake in any form of bullying.
+ Say something or ask for help to stop it if it is safe for you to speak up.
+ Work together to show that bullying is NOT ok!

BULLYING HAS NO AGE LIMIT!

YouthHealth Services at Metropolitan
To make an appointment, call 212-423-7670