

# STAND AGAINST BULLYING

## What is Bullying?

- + Making fun of, putting down or threatening another person.
- + Done on purpose, and it's usually done over and over again.

## What's Bullying got to do with me?

You could be the:

- + Victim
- + Bystander
- + Bully

## Forms of Bullying

- + Cyberbullying
- + Physical bullying
- + Social bullying
- + Verbal bullying

## What can I do?

We have the power to stop bullying!

- + Don't partake in any form of bullying.
- + Say something or ask for help to stop it if it is safe for you to speak up.
- + Work together to show that bullying is NOT ok!



**YouthHealth Services at Metropolitan**

To make an appointment, call 212-423-7670

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