

IRENE BURDETT, RN BSN

Head Nurse

NYC Health + Hospitals | Metropolitan Hospital



As a nurse for more than three decades, Irene Burdett can easily recall what drew her to the profession: “My parents,” she says, crediting their support and positive influence with inspiring her to become a nurse.

Burdett is dedicated to her patients, and says their satisfaction is her major motivation. “After each visit, seeing them happy makes me come back the next day,” she remarks, noting that one of her proudest accomplishments was during the COVID-19 crisis, when she had patients that had previously been on a ventilator recover and be able to go home.

Burdett says she constantly strives for improvement, and is especially committed to enhancing “communication between co-workers, providers and patients as well.”

As for the values that are important to her as a nurse, Burdett says integrity, compassion, accountability, respect and excellence are all essential characteristics for being in the profession. She particularly prizes accountability, however. “Accountability is the one I would choose if only one applied,” she says, adding, “I am willing to share the good work with everyone around me.”