EUNICE KWARTENG, RN Staff Nurse, Pediatric Primary Care NYC Health + Hospitals/Lincoln



A chance encounter in a hospital years ago led Eunice Kwarteng into the nursing profession. "I wanted to become a nurse when I went to the hospital one day and saw a nurse help feed a patient who could not feed himself," she recalls. "After the nurse finished feeding the patient, he reached out to grab the nurse's hand and said 'thank you'...which touched my heart so much that I wanted to help people too."

In her 10 years serving as an RN in the medical and mental health departments at NYC Health + Hospitals/Lincoln, Kwarteng has seen both how challenging and how rewarding nursing can be.

"My proudest moment was when my co-worker encountered a difficult patient and I was the only one the patient wanted to listen to," she remarked. "The patient told me I have the calmest approach to make patients feel better.

"Seeing the satisfaction of my patients keeps me going and want to do more," she continues. "I love working in a City hospital, as I see different people. The health care is mostly free for some people who cannot afford the health cost. I am glad to be part of this amazing team."

Kwarteng notes that she is committed to helping her patients learn more about wellness and healthy lifestyles. "I want to improve on educating my patients more and more to reduce the hospitalization rate," she says.

Compassion and integrity are two of the most important characteristics for nurses to have, according to Kwarteng. "I think I am a compassionate nurse and assume integrity as much as I can; I find joy in being compassionate and giving to others who cannot give back to me in the moment," she says. "I am always trying to do the right thing for my patients and for others, which provides me a sense of purpose."