

# DEFEND AGAINST COVID-19

PROTÉJASE CONTRA LA COVID-19

抗击 COVID-19

對抗 COVID-19

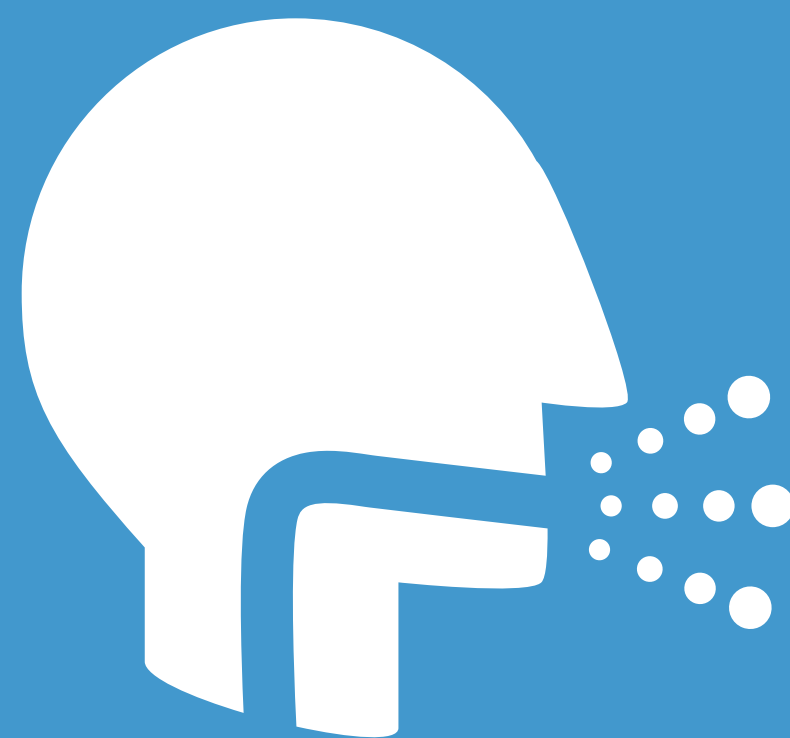


**Wash your hands**

Lávese las manos

勤洗手

勤洗手

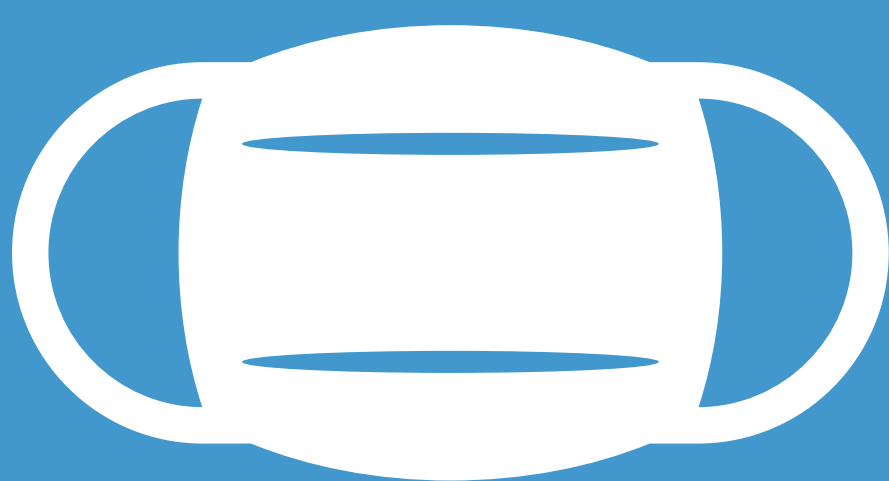


**Cover your coughs and sneezes**

Tápese la boca cuando tosa o estornude

咳嗽和打喷嚏时遮住口鼻

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**Wear a mask**

Use mascarilla

戴上口罩

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**Avoid touching your face**

Evite tocarse la cara

避免触碰面部

避免觸碰臉部

If you have fever, cough, sore throat, loss of smell or shortness of breath, call your doctor.

Si tiene fiebre, tos, dolor de garganta, pérdida del olfato o falta de aire, llame a su médico.

如果您发烧、咳嗽、喉咙痛、丧失嗅觉或呼吸急促，请致电您的医生。

如果您發燒、咳嗽、喉嚨痛、喪失嗅覺或呼吸短促，請打電話給您的醫生。

**NYC**  
**HEALTH+**  
**HOSPITALS**