

# PREVENT THE SPREAD OF COVID-19 IN NYC!

## TAKE THESE STEPS:

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### Stay home if you're sick

Only leave for essential medical care and testing or other essential errands.



### Wear a face covering

You can be contagious without symptoms. Protect those around you by wearing a face covering.



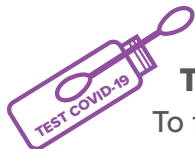
### Keep physical distance

Stay at least 6 feet away from other people.



### Keep your hands clean

Wash your hands often with soap and water or use hand sanitizer if soap and water are not available.



### There are free COVID-19 testing sites in all five boroughs.

To find a site, visit [nyc.gov/covidtest](https://nyc.gov/covidtest), or text "COVID test" to 855-48.

For the latest information, visit [nyc.gov/coronavirus](https://nyc.gov/coronavirus).

