HEALTH CARE HEROES

In the face of a frightening pandemic and mounting uncertainty, NYC Health + Hospitals staff is showing remarkable courage. This week alone, doctors, nurses, managers, administrators and support staff have been working around the clock to triage ED patients, care for the severely ill, set up new testing centers, and manage their own anxiety and fears. To honor them, we are launching a new feature entitled “Health Care Heroes,” dedicated to our outstanding staff — the essential workers behind the COVID-19 epidemic.

NYC HEALTH + HOSPITALS/LINCOLN

MISTRY RAKESHKUMAR, MD
Why I’m Fighting COVID-19: Physicians are role models for society, and we must be on the front lines to service whenever a threat arises. Keeping patients informed on what they need to do to prevent the spread of COVID-19 is important, as is testing to confirm those who are positive so that more stringent self-isolation can be done. Sharing the burden helps reduce the stress on an individual.

TRANICE JACKSON, MD
COVID-19 Impact: As a physician, we must do all we can to protect the community and ourselves. Many patients have underestimated the seriousness of this disease and how easy it can be spread.

KENISHA WILLIAMSON, RN
Managing Stress: We have to help our communities and ourselves remain healthy during this COVID-19 crisis. I am proud to be an employee here at Lincoln and be able to assist our community. We manage the stress by being team players. It is great to know we are all in this together.