HOW WELL DOES BIRTH CONTROL WORK?

Really, really well

- The Implant (Nexplanon)
  - Works, hassle-free, for up to... 3 years

- IUD (Skyla)
  - 3 years

- IUD (Mirena)
  - 5 years

- IUD (ParaGard)
  - 12 years

- Sterilization, for men and women
  - Forever

Less than 1 in 100 women

Okay

- The Pill
  - For it to work best, use it... Every. Single. Day.

- The Patch
  - Every week

- The Ring
  - Every month

- The Shot (Depo-Provera)
  - Every 3 months

6-9 in 100 women, depending on method

Not so well

- Withdrawal
  - For each of these methods to work, you or your partner have to use it every single time you have sex.

- Diaphragm
  - Use with any other method

- Fertility Awareness

- Condoms, for men and women

12-24 in 100 women, depending on method

What is your chance of getting pregnant?

FYI, without birth control, over 90 in 100 young women get pregnant in a year.