



THE BRIDGE:

Services for Teens
and Young Adults

NYC
HEALTH+
HOSPITALS

Gotham Health



If you're 12 or older, we're here to help you no matter what. That means we're here for you regardless of your ability to pay, immigration status, gender identity, disability, or sexual orientation.

The Bridge program at NYC Health + Hospitals/Gotham Health provides a range of high quality specialized services for teens and young adults up to the age of 29. Our providers can answer questions and are available to discuss any topic ranging from nutrition to puberty to family planning. The Bridge program offers confidential screening services that include, but are not limited to, screening for pregnancy, HIV, sexually transmitted diseases (STDs), and depression.

SEXUAL & REPRODUCTIVE HEALTH SERVICES

- + **Sexually Transmitted Diseases (STDs):** Testing and treatment for STDs, including chlamydia, gonorrhea, HIV, and other diseases.
- + **Birth Control:** Including the pill, the patch, the ring, Depo-Provera (“the shot”), and condoms. We also offer the most effective methods of contraception, such as intrauterine devices (IUDs) and implants.
- + **Emergency Contraception:** Also known as the “morning after pill.” Girls can use emergency contraception within 3 days of having unprotected sex. **No appointment is necessary for emergency contraception. Just come in.**
- + **Pregnancy Tests:** We can screen you for pregnancy through urine and blood tests.

If you are under 18 you do not need your parent’s or guardian’s permission for these services. These visits are kept private. The doctor cannot tell anyone about your visit.





PRIMARY CARE SERVICES

We provide check-ups, immunizations (shots), exams for working papers, care if you are sick, care for conditions such as asthma, and advice about eating and exercise. If you are under 18 you will need to bring your parent or guardian with you for these services. After the first visit, they can sign a form so that you can come in by yourself.

SPORTS PHYSICAL AND SPORTS INJURY CARE

It is important to get a physical exam before starting any sport. If an injury occurs while playing a sport, our doctors can help decide the best care.

MENTAL HEALTH AND DEPRESSION HELP

Mental illness and depression can affect people of all ages. If you are struggling emotionally, we're available to help. We can connect you with someone to talk to about your concerns, however big or small.

LGBTQ CARE

Our mission is to provide high quality health care to ALL New Yorkers. Whether you're straight, lesbian, gay, bisexual, transgender, or queer, our doctors are committed to providing confidential and compassionate care. We provide some specialty care services such as Hormone Replacement Therapy (HRT) and medication for Pre-Exposure Prophylaxis (PrEP), otherwise known as Truvada.

NYC HEALTH + HOSPITALS/ GOTHAM HEALTH

34 Spring Street
New York, NY 10012

For same day services: 212-925-5000

For appointments: 212-238-7000

HOURS OF OPERATION

Monday	10:00 AM - 6:00 PM
Tuesday	10:00 AM - 6:00 PM
Wednesday	9:00 AM - 5:00 PM
Thursday	9:00 AM - 5:00 PM
Friday	9:00 AM - 12:00 PM

BY SUBWAY

Take the **2** **4** **6** **N** **Q** **R** **W** **B** **D** **F** **J** or **Z** train to NYC Health + Hospitals | Gotham Health.



Live Your Healthiest Life.

NYC
HEALTH+
HOSPITALS

NYC Health + Hospitals/
Gotham Health at Judson
is a Federally Qualified
Health Center.



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www.nychealthandhospitals.org