Nursing Excellence Awards
THURSDAY, OCTOBER 24, 2019
NYC Health + Hospitals/Jacobi Auditorium
Lunch at 1:00 p.m. / Program at 1:30 p.m.

NETWORKING LUNCH

GREETINGS
Natalia Cineas, DNP, RN, NEA-BC
Senior Vice President, System Chief Nurse Executive

Mitchell Katz, MD
President and Chief Executive Officer

Machelle Allen, MD
Chief Medical Officer

INTRODUCTION OF CHIEF NURSING OFFICERS
Natalia Cineas, DNP, RN, NEA-BC

CARING SCIENCE JOURNEY - SOUL COLLAGE
Joan Levinson
NYC Health + Hospitals/Kings County

Albert Belaro, DNP, RN
Sr. Director, Professional Practice

Natalia Cineas, DNP, RN, NEA-BC

INTRODUCTION OF KEYNOTE SPEAKER
Natalia Cineas, DNP, RN, NEA-BC

KEYNOTE
Jean Watson, PhD, RN, AHN-BC, FAAN, LL (AAN)
Distinguished Professor Emerita and Dean Emerita, University of Colorado Denver, College of Nursing

NURSING CHAMPION AWARD
Natalia Cineas, DNP, RN, NEA-BC

2019 NURSING EXCELLENCE NOMINEES
Natalia Cineas, DNP, RN, NEA-BC

2019 NURSING EXCELLENCE AWARDS CEREMONY
Omar Abedalrhman, MPA, RN
NYC Health + Hospitals/Bellevue

Mei Kong, MSN, RN
NYC Health + Hospitals/Coney Island

Joann Gull, MSN, RN
NYC Health + Hospitals/Elmhurst

Keisha Wisdom, BSN, MBA, RN
NYC Health + Hospitals/Harlem

Suzanne Pennacchio, MSN, RN, CNE
NYC Health + Hospitals/Jacobi

Opal Sinclair-Chung, BSN, MS, RN
NYC Health + Hospitals/Kings County

Lillian Diaz, DHA, RN, NEA-BC
NYC Health + Hospitals/Lincoln

Noreen Brennan, PhD, RN-BC, NEA-BC
NYC Health + Hospitals/Metropolitan

Mary Anne Marra, DNP, MSN, RN, NEA-BC
NYC Health + Hospitals/North Central Bronx

Carolyn Harvey, DNP, NPP, RN, PMHCNS-BC
NYC Health + Hospitals/Queens

Angela Edwards, DNP, RN, FABC
NYC Health + Hospitals/Woodhull

Roya Agahi, RN, MSHCM, WCC
NYC Health + Hospitals/Post Acute Care

Carey Hamblin, MSN, RN
NYC Health + Hospitals/Gotham Health

Yolanda Smith, MSN, RN
NYC Health + Hospitals/Community Care

Nancy Arias, BSN, RN
NYC Health + Hospitals/Correctional Health Services

Katie Walker, RN, MBA
NYC Health + Hospitals/Simulation Center

CLOSING REMARKS
Natalia Cineas, DNP, RN, NEA-BC
A MESSAGE FROM PRESIDENT AND CEO DR. MITCH KATZ

Every year, our annual Nursing Excellence Awards allow us a wonderful opportunity to celebrate the more than 8,000 NYC Health + Hospitals nurses who show compassion to our patients in every corner of our essential health care system.

This year, I am pleased that we have expanded our honorees to include some of the dedicated nurses who provide care outside the walls of our hospitals and health centers. We recognize the hard work of our nurses in Community Care which serves our most vulnerable patients in their communities and homes. We also honor our Correctional Health Services nurses for caring for those in our city’s jails and detention centers. In addition, we acknowledge nurse educators in our Simulation Center, who are working to improve patient safety that will ultimately save countless lives.

The expansion of our Nursing Awards illustrates the evolving and critical importance of our nurses for the future of our health system and New York City. I truly believe that our nurses are at the heart of our mission to care for every New Yorker without exception. Every day, our nurses reach beyond their routine duties to ensure patients are taking better charge of their own health and the health of their families. As a primary care physician, I am proud to be working beside all of you. As President of NYC Health + Hospitals, I am honored to have your voices as key representatives of our health system.

Congratulations to this year’s Nursing Excellence Award winners, and to all the nurses in our health system. Thank you for all you do.

Dr. Mitchell Katz
President and Chief Executive Officer

WELCOME TO THE ANNUAL NURSING EXCELLENCE AWARDS!

Each year leadership is challenged, more and more, as we are given the task to review the nominations for our annual awards. This year we have selected 16 honorees, representing each of our facilities and clinical services, from acute care to post-acute, correctional health to ambulatory care. We reviewed over 150 nominations, highlighting nurses who have shown their commitment to the care of our patients within our facilities and in the community. That is why we are unique and special as a health system. Our 16 honorees not only reflect the diversity of our city but also reflect the mission, vision and strategic pillars of NYC Health + Hospitals, whether addressing care experience, quality of outcomes, access to care, or culture of safety.

Caring is a central component of nursing care - care of self, colleagues and community. This is what I find remarkable, not only do our nurses exemplify the idea of nursing excellence but also the theory and concepts of “caring.” This is why we found it fitting and an honor to have world-renowned nursing theorist Dr. Jean Watson as part of our program. Dr. Watson’s Theory of Caring is the foundation of our professional practice model and focuses on the interconnectedness of a caring relationship and a caring environment that attends to the whole-being. Our nurses connect with their patients and go beyond the status quo, bringing to life what has always been special about the profession of nursing. Nurses touch all components of care and all aspects of a person’s health and life.

Our nurses demonstrate what makes NYC Health + Hospitals unique - it is the culture of our system, the fact that we serve one and all and we are for the people. I am proud to stand along with the over 8,000 nurses at NYC Health + Hospitals and, even more honored to be here with our leadership to recognize those nurses who have shown excellence in care. This opportunity to celebrate our nurses is only the beginning and I am inspired by you all. The goal of this celebration has always been to honor our Nurses of Excellence, illuminating talent, passion and professionalism demonstrated by our nurses every day. Today is also an opportunity to show what is possible in the future if we continue to work together to innovate and build each other up, whether it is through mentorship, self-care and recognition. It is my sincere honor to be a NYC Health + Hospitals nurse leader working with all of you. Please join me in congratulating this year’s Nursing Excellence Awards recipients!

Natalia Cineas, DNP, RN, NEA-BC
Senior Vice President
System Chief Nurse Executive

Dr. Mitchell Katz
President and Chief Executive Officer

Natalia Cineas, DNP, RN, NEA-BC
Senior Vice President
System Chief Nurse Executive
2019 NURSING EXCELLENCE AWARD RECIPIENTS

NYC Health + Hospitals/Bellevue
SHILA PANDYA, BSN, RN
Staff Nurse

NYC Health + Hospitals/Community Care
FRANCINE KEOGH, RN, BC
Associate Director of Nursing

NYC Health + Hospitals/Coney Island
MAUREEN DALY MARONEY, MS, MSN, RN-BC, CCRN
Assistant Director of Nursing/Nurse Educator

NYC Health + Hospitals/Correctional Health Services
ABIOLA SALAMI, RN, BSN, FNP
Assistant Director of Nursing

NYC Health + Hospitals/Elmhurst
MARILOU OMOYON-PERHAM, BSN, MSN, RN-BC, NNP-BC
Assistant Director of Nursing/Nurse Educator

NYC Health + Hospitals/Gotham Health
JASMINE PASCUAL, RN
Assistant Head Nurse, Pediatrics

NYC Health + Hospitals/Harlem
NABIHA MINHAS, RN-BC, BSN
Staff Nurse, Medical - Surgical and Stroke Unit

NYC Health + Hospitals/Lincoln
QUEENIE JOY PAPA, BSN, RN, MN
Care Management Program

NYC Health + Hospitals/Metropolitan
JUDE COYE, RN
Staff Nurse, Emergency/Radiology

NYC Health + Hospitals/North Central Bronx
TRICHELLE PHILLIPS, RN, BSN
Head Nurse, Adult Primary Care

NYC Health + Hospitals/Queens
SOOSY JOSEPH, RN, BSN
Staff Nurse, Emergency/Radiology

NYC Health + Hospitals/Sea View
NENITA PREMIAN, RN, BSN
Assistant Director of Nursing

NYC Health + Hospitals/Simulation Center
KIMBERLY CAMPBELL-TAYLOR, RN, BSN, MSN
Director HCPPA, - Nurse Educator

NYC Health + Hospitals/Woodhull
LORNA MULLINGS, RN, MSN/MPH, WCC
Associate Director of Nursing
NURSING EXCELLENCE NOMINEES

Abiola Salami
NYC Health + Hospitals/ Correctional Health Services

Adelaide Powers
NYC Health + Hospitals/ Jacobi

Agathe Armand
NYC Health + Hospitals/ Correctional Health Services

Alicia Butler
NYC Health + Hospitals/ Correctional Health Services

Allison Brown
NYC Health + Hospitals/ Bellevue

Allison Huggins
NYC Health + Hospitals/ Metropolitan

Alma Bascon
NYC Health + Hospitals/ North Central Bronx

Alma Pamandanan
NYC Health + Hospitals/ Bellevue

Althea Jones
NYC Health + Hospitals/ Kings County

Amanda Calderon
NYC Health + Hospitals/ Woodhull

Anastasia Adefolayan
NYC Health + Hospitals/ Jacobi

Angela Beirne
NYC Health + Hospitals/ Elmhurst

Anshel Tavera
NYC Health + Hospitals/ Coney Island

Antonina Sukhanova
NYC Health + Hospitals/ Coney Island

Ashley Charles
NYC Health + Hospitals/ Elmhurst

Audrey Clarke
NYC Health + Hospitals/ North Central Bronx

Avlyn Fludd
NYC Health + Hospitals/ Correctional Health Services

Azucena Enojado
NYC Health + Hospitals/ Metropolitan

Barbara Biaggi
NYC Health + Hospitals/ Jacobi

Beatrice Tirado
NYC Health + Hospitals/ Jacobi

Blesilda Zapanta
NYC Health + Hospitals/ Metropolitan

Cassandra Forbes-Jewell
NYC Health + Hospitals/ Woodhull

Cherilyn Dickno
NYC Health + Hospitals/ Bellevue

Christine Polius
NYC Health + Hospitals/ Kings County

Cindy Luz Hernaandez
NYC Health + Hospitals/ Gotham Health, Belvis

Cindyann Gaskin Best
NYC Health + Hospitals/ Kings County

Claudilide Ligonde
NYC Health + Hospitals/ Correctional Health Services

Cordelia Eze
NYC Health + Hospitals/ Kings County

Crisililla, Sino-Ag Pascal
NYC Health + Hospitals/ Carter

Daniel Babakhanov
NYC Health + Hospitals/ Correctional Health Services

Deborah Carr-Joyner
NYC Health + Hospitals/ Jacobi

Deon Lee
NYC Health + Hospitals/ Elmhurst

Diana Chernisheva
NYC Health + Hospitals/ Coney Island

Dianne Velez
NYC Health + Hospitals/ Metropolitan

Dina Belen
NYC Health + Hospitals/ Metropolitan

Doris Amalu
NYC Health + Hospitals/ Harlem

Edwine Joseph
NYC Health + Hospitals/ Gouverneur

Elizabeth Burda
NYC Health + Hospitals/ Bellevue

Elsie Okon
NYC Health + Hospitals/ Lincoln

Emad Saadeh
NYC Health + Hospitals/ Metropolitan

Erwin Ceniza
NYC Health + Hospitals/ Jacobi

Eva Calo
NYC Health + Hospitals/ Lincoln

Francisca Njoku
NYC Health + Hospitals/ North Central Bronx

Frank Druse
NYC Health + Hospitals/ Metropolitan

Funmilola, Omoye
NYC Health + Hospitals/ Coler

Ga-Young Lee
NYC Health + Hospitals/ Metropolitan

Galina Vadrar
NYC Health + Hospitals/ Coney Island

Garilyn Martin
NYC Health + Hospitals/ Bellevue

Garilyn Martin
NYC Health + Hospitals/ Metropolitan

Georgina R. Howard
NYC Health + Hospitals/ Woodhull

Gloria Kyei-Baffour
NYC Health + Hospitals/ Jacobi

Grace Ajuluchukwu
NYC Health + Hospitals/ Harlem

Hortense Henderson
NYC Health + Hospitals/ Gotham Health, Cumberland

Hyse Cosaj
NYC Health + Hospitals/ Jacobi

Ipek Pehlivan
NYC Health + Hospitals/ Elmhurst

Ivy Bannis
NYC Health + Hospitals/ Woodhull

Izabella Rodina
NYC Health + Hospitals/ Coney Island

Janette Fanio
NYC Health + Hospitals/ Bellevue

Jasmine Pascual
NYC Health + Hospitals/ Gotham Health, Gouverneur

Jasmine Punnoose
NYC Health + Hospitals/ Queens

Jasmine Samuel
NYC Health + Hospitals/ Queens

Jaymie Alcantara
NYC Health + Hospitals/ Metropolitan

Jean Emery
NYC Health + Hospitals/ Metropolitan

Jenecia Valle
NYC Health + Hospitals/ Woodhull

Jennifer Yepez
NYC Health + Hospitals/ Gotham Health, Vanderbilt

Ji Hyun Jung
NYC Health + Hospitals/ Jacobi

Joan Lam
NYC Health + Hospitals/ Coney Island

Kalliopi Parginos
NYC Health + Hospitals/ Coney Island

Kelly Rong
NYC Health + Hospitals/ Kings County

Kamilah A. Shirley
NYC Health + Hospitals/ Jacobi

Kimberly Campbell-Taylor
NYC Health + Hospitals/ Gouverneur

Larisa Zeltser
NYC Health + Hospitals/ Coney Island

Lena Prashad
NYC Health + Hospitals/ Gouverneur

Lillian Maldonado
NYC Health + Hospitals/ Kings County

Lillian Ramos-Rivera
NYC Health + Hospitals/ Gotham Health, Gouverneur

Lisa Wing
NYC Health + Hospitals/ Bellevue

Lissette Maestre
NYC Health + Hospitals/ Gotham Health, Sydenham

Lorna Mullings
NYC Health + Hospitals/ Woodhull
Lorraine Boehm  
NYC Health + Hospitals/ Elmhurst

Lourdes Ramirez  
NYC Health + Hospitals/ Lincoln

Lyudmila Pestruyeva  
NYC Health + Hospitals/ Coney Island

Ma-Riza Lising  
NYC Health + Hospitals/ Gouverneur

Magna McQuilkin  
NYC Health + Hospitals/ Kings County

Maria Suarez  
NYC Health + Hospitals/ Gotham Health, Gouverneur

Maria Teresa Perez  
NYC Health + Hospitals/ Lincoln

Marichu DeJesus  
NYC Health + Hospitals/ Bellevue

Marilou Horn  
NYC Health + Hospitals/ Bellevue

Marilou Omoyon-Perham  
NYC Health + Hospitals/ Elmhurst

Marina Bekker  
NYC Health + Hospitals/ Coney Island

Marina Grishechkin  
NYC Health + Hospitals/ Woodhull

Marjorie Daly -Walsh  
NYC Health + Hospitals/ Coney Island

Martha Herrera  
NYC Health + Hospitals/ Gotham Health, Vanderbilt

Marybeth Santiago  
NYC Health + Hospitals/ Metropolitan

Maureen Maroney  
NYC Health + Hospitals/ Coney Island

Mavis Denton  
NYC Health + Hospitals/ Lincoln

Melisa Smith  
NYC Health + Hospitals/ Kings County

Melissa Tellechea  
NYC Health + Hospitals/ Jacobi

Meredith Neka  
NYC Health + Hospitals/ Kings County

Merlyn Bennett  
NYC Health + Hospitals/ Correctional Health Services

Meyeron, Victoria  
NYC Health + Hospitals/ Mckinney

Miriam Rivera  
NYC Health + Hospitals/ Gotham Health, Gouverneur

Mohandai Lowtan  
NYC Health + Hospitals/ Kings County

Monica Velicu  
NYC Health + Hospitals/ Correctional Health Services

Mwakalinga Kissah  
NYC Health + Hospitals/ Jacobi

Myrtle Johnson  
NYC Health + Hospitals/ Bellevue

Nabiha Minhas  
NYC Health + Hospitals/ Kings County

Natalie Cunningham-Warren  
NYC Health + Hospitals/ Queens

Nataliai Vaysband  
NYC Health + Hospitals/ Gotham Health, Vanderbilt

Nidia Dinn  
NYC Health + Hospitals/ Elmhurst

Nikisha Howard  
NYC Health + Hospitals/ Coney Island

Olga Andrianova  
NYC Health + Hospitals/ Kings County

Olga Sandy  
NYC Health + Hospitals/ Kings County

Oneika Thomas  
NYC Health + Hospitals/ Kings County

Patricia Reseau  
NYC Health + Hospitals/ Gouverneur

Pauline Winters  
NYC Health + Hospitals/ Kings County

Phillipa Maddan  
NYC Health + Hospitals/ Kings County

Queenie Joy Papa  
NYC Health + Hospitals/ Queens

Rohit Sheth  
NYC Health + Hospitals/ Queens

Rona Tubon  
NYC Health + Hospitals/ Bellevue

Rosilimol, Clement  
NYC Health + Hospitals/ Elmhurst

Rup Shah Acharya  
NYC Health + Hospitals/ Kings County

Ruth Eligio  
NYC Health + Hospitals/ Bellevue

Sarah Ajagbe  
NYC Health + Hospitals/ Kings County

Saundra Moore  
NYC Health + Hospitals/ Correctional Health Services

Shana Collingwooed-Williams  
NYC Health + Hospitals/ Harlem

Sharon Shorter  
NYC Health + Hospitals/ Kings County

Shila Pandya  
NYC Health + Hospitals/ Bellevue

Shirley Payoen  
NYC Health + Hospitals/ Elmhurst

Sonia Aviles  
NYC Health + Hospitals/ Jacobi

Soosy Joseph  
NYC Health + Hospitals/ North Central Bronx

Susan Brady  
NYC Health + Hospitals/ Metropolitan

Tashema Allen  
NYC Health + Hospitals/ Queens

Tenzin Choekyi  
NYC Health + Hospitals/ Bellevue

Trichelle Phillips  
NYC Health + Hospitals/ Queens

Tulip Williams  
NYC Health + Hospitals/ North Central Bronx

Tyhisha Dukes  
NYC Health + Hospitals/ Metropolitan

Uchenna Konkwo  
NYC Health + Hospitals/ Correctional Health Services

Veena Santiago  
NYC Health + Hospitals/ Metropolitan

Victoria Robles  
NYC Health + Hospitals/ Bellevue

Viola White  
NYC Health + Hospitals/ North Central Bronx

Virginia Supsup  
NYC Health + Hospitals/ Coney Island

Werlina Subervi  
NYC Health + Hospitals/ Metropolitan

Yi Hsiang Hsiao  
NYC Health + Hospitals/ Gouverneur

Youngeun Ou  
NYC Health + Hospitals/ Jacobi
SHILA PANDYA, BSN, RN
NYC Health + Hospitals/Bellevue

When Shila Pandya says her “greatest joy and reward comes from helping others in need,” it isn’t just a cliché. Aside from her service at NYC Health + Hospitals/Bellevue, she is widely admired for her travels as a medical volunteer to countries around the world.

Pandya has traveled to Mexico with the New York State Nurses Association to help migrant children and their families detained at the border. She has gone to Guatemala with an RN response network to help disaster victims and to the Amazon to aid families who have limited access to health care. “All of these patients have one thing in common,” Pandya says. “They are grateful for any nurse to help them with their health and the health of their children and families. All of these patients inspire me with their resilience and determination to move forward regardless of their situation.

Back here in New York, Pandya credits her colleagues in the Bellevue Emergency Department with inspiring her. “I see my coworkers working so hard every single day to better the lives of our patients, one by one. They are excellent, passionate, skillful, caring. They motivate me every day,” she says.

FRANCINE KEOGH, RN, BC
Associate Director of Nursing
NYC Health + Hospitals/Community Care

Francine Keogh says that for as long as she can remember, “I could not bear to see anyone or anything suffer.” For nearly 40 years, she has been easing the suffering of New Yorkers in a wide range of health care settings.

A certified psychiatric nurse, she now supervises teams that provide care coordination and nursing services to clients with complex medical and psychiatric conditions who live in shelters, safe havens or “anywhere they call home.”

NYC Health + Hospitals/Community Care clients are among the most fragile and vulnerable populations. To care for them, Keogh says, she and her colleagues must first try to alleviate their stress, anxiety, fear and pain. “We get to know the people we care for. Their strengths and weaknesses, their wants and needs. Supporting them in managing their health means that every day I can be a part of alleviating someone’s suffering."

One of the most memorable – and gratifying – moments in her long career was a home visit with one of her very first clients, a woman in Far Rockaway who needed wound care. “One day I arrived to find her distraught. Her cat, Leo, had jumped up onto the stove and burned his paws. From then on, wound care and bandaging were administered to both client and cat until both were healed,” she said.
MAUREEN DALY MARONEY, MS, MSN, RN-BC, CCRN
Assistant Director of Nursing/Nurse Educator
NYC Health + Hospitals/Coney Island

Maureen Maroney says the experience that best exemplifies her pride in being a 36-year veteran of NYC Health + Hospitals/Coney Island is the aftermath of Superstorm Sandy in 2012.

The nursing staff was sent to various facilities while their hospital was being repaired - even as they were dealing with the devastation themselves. “Many of us were unable to live in our homes. Our cars were destroyed,” Maroney recalls. “But we worked together as a team to adjust to our new workplaces and deliver quality patient care. And when we went back we had one goal: to get the hospital ready for the return of our patients and the community we serve. We knew we would be successful because, as a Joint Commission surveyor later said, ‘At Coney Island Hospital anything is possible.’”

A nurse educator, Maroney leads by example and uses creative strategies tailored to the individual learning needs of the hospital’s nurses. “I’m passionate about teaching and get great satisfaction watching them transition from novice to expert nurse,” she says. “Health care is evolving, and nurses need to use the latest evidence-based practices to improve care.”

She traces her inspiration back to her teenage years when she helped care for her grandmother, who moved in with her family after suffering a stroke. “My grandmother loved telling stories of her childhood in Ireland, but she had some difficulty choosing the correct words. This experience made me cognizant of how meaningful it is to listen to someone and be present for them in their time of need and not just focus on their illness,” she said.

ABIOLA SALAMI, RN, BSN, FNP
Assistant Director of Nursing
NYC Health + Hospitals/Correctional Health Services

Over the course of her career, Abiola Salami has worked in a variety of settings: hospital, nursing home, long-term home health, managed care and correctional facility.

“Nursing provides endless opportunities to not only help improve the quality of life of others but ensures that you keep growing as a person,” says Salami, the assistant director of nursing at NYC Health + Hospitals/Correctional Health Services Horizon Juvenile Center.

Salami came to the profession circuitously. As a teenager growing up in Nigeria, she wanted to be a nurse but recalls her mother sternly telling her she couldn’t. Instead, she earned a degree in accounting. “It wasn’t until I arrived in America, after a whole career in accounting, that I began volunteering my weekends and free time in different units of the hospital and felt complete. Nursing was where I was supposed to be.”

Working for the city’s public health system, she draws deep satisfaction from caring for low-income and vulnerable New Yorkers, including those who are undocumented and might be too afraid to seek necessary health care. “I want to improve relationships and service, until it’s time to improve again,” she says. “A smile or a thank you is confirmation that I am doing something right.”
MARILOU OMOYON-PERHAM, BSN, MSN, NNP-BC
Assistant Director of Nursing/Nurse Educator
NYC Health + Hospitals/Elmhurst

After more than 30 years in the NYC Health + Hospitals system, the past six at Elmhurst, Marilou Omoyon-Perham has earned a reputation as a dynamic nurse educator who makes everyone she works with better.

As Elmhurst’s chief nursing officer puts it: “She is the nurse that you hope you can get to mentor you. She rolls up her sleeves and gets things done, always volunteers for the tasks that are big or complicated or difficult and completes them with grace.”

Omoyon-Perham began her career in her native Philippines and immigrated to the United States in 1985. She continued her education with a master’s degree in nursing from Columbia University and has had an impact everywhere she’s worked in the city’s public health care system: in the NICU and PICU at Bellevue, as the head of nursing quality and management at Metropolitan and as a key leader in Elmhurst’s designation this year as a “Baby-Friendly” facility.

Looking back on her career, Omoyon-Perham says that working for NYC Health + Hospitals has given her a lifetime of opportunities to have a positive impact on people of many backgrounds. “The cultural diversity of both patients and workforce has enhanced both my personal and professional growth,” she says.

JASMINE PASCUAL, RN
Assistant Head Nurse, Pediatrics
NYC Health + Hospitals/Gotham Health, Gouverneur

A first-generation immigrant of Dominican parents, Jasmine Pascual grew up in New York admiring the NYC Health + Hospitals nurses who took care of her sister, who was in and out of hospitals with cerebral palsy. Despite the language barrier, the nurses comforted her mother.

Pascual has come full circle as a nurse in both Pediatrics and Collaborative Care at NYC Health + Hospitals/Gotham Health, Gouverneur since 2016. “My family and I appreciate the care we were given by the city nurses and doctors - their professionalism and their caring spirit,” she says. “Being able to come back and help serve my community means a lot to me. Growing up Latina, there were not many role models that looked like me, that sounded like my family. Serving the Latino community, I strive to make a difference. I want our patients to be able to receive care that they understand, regardless of the language barrier, and to be involved in their care.”

Her colleagues at Gouverneur attest to Pascual’s unusual ability to communicate with her patients. “She has an emotional intelligence about her that allows her to tune in to needs that patients may have difficulty expressing,” said a social worker who recalled a time when Pascual diffused a precarious situation with a suicidal patient. “She practices sensitivity and understanding in some of the most difficult situations.”
DORIS AMALU, BSN, RN
NYC Health + Hospitals/Harlem

Nurses throughout NYC Health + Hospitals are always under pressure to deliver quality care to many patients at once. Doris Amalu is one who stands out for her ability to overcome the obstacles and withstand the strain.

“She is often seen running around the hospital to make contact with patients,” says Harlem’s chief nursing officer. “She’s always ready to take on any task, even when it is given to her at the last minute. She is a driven and motivated nurse – the nurse we would all want if we weren’t feeling well.”

Amalu grew up in Nigeria and received her nursing training there before immigrating to New York in 2010. In her eight years with NYC Health + Hospitals/Harlem, she has come to be known for her keen eye for lapses in patient care and her instinct for finding better approaches. She is admired for her ability to use - and teach peers to use - data tools, such as the population health and collaborative care dashboards to help identify patients who are not improving. Her goal is to reduce unnecessary hospitalizations by linking patients to primary care services, communicating updates to providers and working to help close referral loops that can cause gaps in care.

Her use of data tools led to what she considers her proudest accomplishment: increasing the number of patients successfully treated in a hypertension clinic. “Our patients with controlled blood pressure went from 33 to 57 percent. We helped them avoid complications of uncontrolled hypertension and be healthy,” she says.

ERWIN B. CENIZA, RN
Staff and Charge Nurse
NYC Health + Hospitals/Jacobi

A 27-year veteran of NYC Health + Hospitals/Jacobi, Erwin Ceniza has been a staff nurse, charge nurse and, since 2016, a staff member focused on organizational systems to improve performance.

The hospital’s chief nursing officer says that Ceniza “is willing to do anything and everything to help strengthen the nursing department.” For his part, Ceniza sees himself as “a diligent advocate providing a voice for patients.”

Ceniza’s duties include evaluating clinical care services and administrative operations, implementing patient-care protocols and directing clinical training. His work helped Jacobi earn recognition this year for a “Get with the Guidelines-Resuscitation” award from the American Heart Association - a first for the hospital.

Educated and trained in the Philippines, Ceniza came to New York and joined Jacobi in 1992. He’s been the recipient of a variety of honors through the years, including a Nurse of Distinction award, an Outstanding Performance award and recognition for providing best quality of care in emergency/trauma/critical care services.

“To be a person of integrity is to stand for something, even if that stance comes at a cost,” Ceniza says. “In order to understand patients and staff, I always take a moment to think and put myself in their shoes.”
Since joining the staff of NYC Health + Hospitals/Kings County four years ago, Nabiha Minhas has established herself as a knowledgeable, caring and patient nurse who is a natural leader and teacher.

“Nabiha is one of our go-to preceptors,” says a veteran staff member. “She gravitates to new orientees because she remembers what it was like as a new graduate and how crucial a well-rounded preceptor experience was for her in becoming the best nurse that she is today. She takes the time to get to know them, even following up on her personal time, and she’s one of the few nurses who comes up with ways to streamline the process and make changes based on the unique individual needs of each preceptee.”

Minhas knew from an early age that nursing was the career for her. “I have always found gratification in seeing other people happy,” she says. “If I can influence that, especially when someone is in a state of vulnerability, I feel a sense of profound accomplishment.” She’s inspired by the dedication of her colleagues: “Our workforce is highly reflective of the community we serve, and seeing how much good we nurses do, in spite of the limited resources we have, makes me more empathetic, innovative and mindful. It pushes me to advocate more strongly for my patients.”

Queenie Joy Papa is credited with pioneering the role of care manager at NYC Health + Hospitals/Lincoln and the wider city health care system.

Starting in 2012, she helped build workflow and system processes, and she later served as the project lead for a Capability Maturity Model Integration (CMMI) grant that led to the growth of the care management program at Lincoln and other facilities.

Papa has worked in nursing and nursing education for more than 25 years – as a clinical instructor in the Philippines, a charge nurse in critical care telemetry units and a supervisor in a nursing staff development department. She was inspired to become a nurse by her parents. Her father is a surgeon and her mother a nurse who has spent her career working in underserved areas. “They are loved and respected by all patients they’ve touched in the community they served,” Papa says. “As I grew, I cemented my parents’ compassionate deeds as a guiding principle for my own journey.”

At NYC Health + Hospitals, Papa says, “I have the privilege of taking care of a diverse, underserved population. As an Accountable Care Manager, what I appreciate is the availability of a number of intrahospital and community programs and resources that improve outcomes for patients of minority and lower socioeconomic backgrounds, while involving their families and caregivers.”
For Jude Coye, every shift he works at NYC Health + Hospitals/Metropolitan is an opportunity to help his patients overcome the power their illnesses have over them.

“To see the journey each patient takes from the moment of their diagnosis to the moment when they take control of their illness so that it doesn’t define them, that’s what motivates me every day,” he says. “Knowing that I’m somehow part of that, what could be better?”

Coye was born in Queens, grew up in California and served in the U.S. Army as an EMT before returning to school for his nursing degree at New York City College of Technology in Brooklyn. He’s worked for NYC Health + Hospitals since his graduation in 2006 – first at Woodhull and the past seven at Metropolitan, where he splits his time between the emergency and interventional radiology departments.

Coye was inspired to become a nurse by an aunt in the profession who told him, “Taking care of someone else fills a part of you that never empties. It makes you a better person.” Coye, in turn, says that one of his proudest moments came when a college student told him that after seeing the care he gave her grandmother, she was changing her major to nursing.

“Compassion drives all values in my opinion,” Coye says, adding, “When you’re passionate about what you do and know why you’re doing it, the other values just become a part of who you are.”

Over a career of nearly 35 years, Soosy Joseph has been a nurse in India, Saudi Arabia, St. Louis and, for the past 17 years, in the ICU and Emergency Department of NYC Health + Hospitals/North Central Bronx.

It’s made her not only multicultural but also a master of multitasking who embraces the challenges of working calmly under stress. “I enjoy working in a fast-paced environment where each decision could be life or death,” she says.

Joseph’s colleagues laud her ability to prepare residents and nursing teams for high-stress situations. She organizes mock codes in the middle of regular shifts, and as a preceptor, she has a knack for noticing both the skills and deficiencies of new nurses and nursing students who rotate through the ICU. “She is a powerful charge nurse in a busy unit who gets her nursing staff to understand the impact of teamwork,” says the hospital’s chief nursing officer. “She gains their trust, she’s consistent in her face-to-face dealings, she divides and conquers the checklist we prepare early in the day and she’s always on her feet.”

Joseph brings the same qualities to her interactions with patients and their families, spending time to educate them to prevent readmissions. Her excellence has been recognized with the Daisy Award for extraordinary nurses in 2017 and the Clinical Practice Award in 2016. She’s a role model in every way – including her ability to both perform at a high level in a stressful job and know how to decompress from it. “We always know what is growing in her garden in her backyard,” said her colleague.
TRICHELLE PHILLIPS, RN, BSN
Head Nurse, Adult Primary Care
NYC Health + Hospitals/Queens

Trichelle Phillips, a head nurse in the ambulatory care clinic at NYC Health + Hospitals/Queens, contributes to her facility’s quality of care in many ways, but among the most important is her focus on improving population health and leadership as a change agent for that goal.

Early this year, after tracking and studying medical clinic metrics, Phillips led a drive to reduce uncontrolled hypertension among the clinic’s patients. She persuaded an attending physician to be the physician champion for the campaign and provided in-service education to her staff about hypertension and diabetes. In just five months, the rate of controlled hypertension rose from 71 percent to 76 percent. “A monumental achievement,” she marveled.

Phillips started as an agency staff nurse in 2011, came aboard two years later and has worked her way up the ranks with her unusual combination of expertise and personality. She has a wealth of clinical knowledge and an innate ability to share it among her team. She’s also known for her skill in handling patient concerns and complaints in real time, often diffusing situations triggered by misunderstanding or frustration. It’s not just her personal touch. She does her homework, thoroughly researching a patient’s medical record in order to help them - an approach her staff emulates.

“What motivates me is my natural compassion and need to assist,” she says. “In a world lacking in humanism and care for others, I want to exemplify the true meaning of those values.”

NENITA PREMIAN, RN, BSN
NYC Health + Hospitals/Sea View

When the leadership of NYC Health + Hospitals/Sea View recognized a need to reduce the number of acute care transfers from the nursing and rehabilitation facility, they wisely tapped Nenita Premian to spearhead an initiative to adopt best practices targeting this important quality-of-care indicator.

Premian, who was educated and began her career in the Philippines, is a veteran of 36 years at Sea View. She became assistant director of nursing in 2005 and is now responsible for three units comprising 118 residents and 60 staff. A strong proponent of interdisciplinary practice, she responded to her task by developing and implementing protocols for reducing infections, embedding them in daily practice throughout the facility. She coupled them with changes that improved both verbal and electronic communications. The result was a reduction in hospitalizations to below the state and national averages. For Premian, it was all in service of two of her guiding principles as a nurse: “I always strive to show residents that I care for them. They have entrusted me with their lives and needs. There is always room for improvement. You need to reassess and re-evaluate.”

As someone who has worked her entire career in a facility that provides long-term skilled nursing, Premian also knows that the core obligation to residents is doing whatever possible to ease their decline. “For me, it is a great responsibility and an honor,” she says. “When I visit families of residents who have passed and they tell me how appreciative they are for the care that their loved ones received, that is a great honor.”
As a NICU nurse at NYC Health + Hospitals/Jacobi, Kimberly Campbell-Taylor took care of countless premature babies and their families.

Recently, the mother of one of these babies reached out to her to say that Kimberly’s superb and compassionate care all those years ago inspired her to become a NICU nurse herself - and that she was now working at Jacobi. “She even saved the card I made for her and the family as they faced a difficult time,” Campbell-Taylor says. “We never know what we might say or do to influence another person’s hopes or aspirations. I’m continually humbled and honored by the experience.”

Campbell-Taylor, an 18-year veteran of NYC Health + Hospitals, is now the lead nurse educator for the city’s Maternal Mortality Reduction Program, using an innovative simulation-based experiences technique in all 11 obstetric units throughout the system. “There is no room for complacency in health care,” Campbell-Taylor says. “I continuously look for opportunities to get at least one percent better. Even mistakes are opportunities for learning and improvement. And I constantly surround myself with exceptional mentors who share similar goals for what can be achieved in our health system.”

One thing she never loses sight of - and tries to convey in her current role - is the importance of the personal connection. “I find it an honor and a privilege to be a part of another human being’s life during a time when they’re the most vulnerable,” she says. “The signature on my email is one of my favorite quotes by Maya Angelou: ‘I’ve learned that people will forget what you said, people forget what you did, but people never forget how you made them feel.’”

Lora Mullings had been a nurse for several years when she decided to go back to school for a master’s degree in nursing and public health.

A course in international nursing focused her attention on health and poverty in developing countries, and that led her to organize a medical mission to Jamaica. That was nearly 20 years ago, and it led Mullings and her husband - both ordained ministers - to create a nonprofit organization, Dorcas Medical Mission, that has carried out nearly 50 medical missionary activities in 15 countries in Africa, Asia and the Caribbean.

Mullings, a nurse at NYC Health + Hospitals/Woodhull for eight years, is admired for her compassion for those in need, whether they are close to home or across the world. She’s recruited dozens of doctors, nurses, dentists, pharmacists and other health professionals to join her on medical missions. “She is quite persuasive in getting physicians to close their practices and donate their time, talent and money to care for the needy,” says Woodhull’s chief nursing officer. “She is a true humanitarian.”

At Woodhull, she covers the evening tours, when staffing and access can be challenging. Through her vast experience bringing medical aid to poor people around the world, she helps her Woodhull colleagues see beyond the horizon and meet their perceived challenges with positivity and fortitude.
The Nursing Champion Award is an annual honor that is bestowed upon a person or organization to recognize demonstrated support for nurses and the nursing profession. The winner is selected by the facility CNOs and the System Chief Nurse Executive.

This recipient does not have to be a nurse, or even be associated with NYC Health + Hospitals, but must display an understanding of the challenges facing nursing, be a facilitator in smoothing those challenges, and a supporter of both the profession and individual nurses. In addition to recognition at this ceremony, the honoree’s name will be prominently displayed on a plaque to be updated every year.

2019 NURSING CHAMPION

JEAN WATSON, PH.D., RN, AHN-BC, FAAN, LL (AAN)

Dr. Jean Watson is Distinguished Professor and Dean Emerita, College of Nursing Anschutz Medical Center, USA; founder of the original Center for Human Caring in Colorado; a Fellow of the American Academy of Nursing (FAAN); Founder and Director of non-profit organization, Watson Caring Science Institute; past President of the National League for Nursing; founding member of International Association in Human Caring and International Caritas Consortium; She held the nation’s first endowed chair in Caring Science for 16 years; holds fifteen (15) Honorary Doctoral Degrees, including 12 International Honorary Doctorates; Her work is studied and implemented around the world. She is a widely published author and recipient of many awards and honors; authored and co-authored over 30 books on caring; In October, 2013, Dr. Watson was inducted as a Living Legend by the American Academy of Nursing, its highest honor.
In full knowledge of the obligations I am undertaking, I promise to care for the sick with all the skill and understanding I possess, without regard to race, creed, color, politics, or social status, sparing no effort to conserve life, to alleviate suffering, and to promote health.

I will respect at all times the dignity and religious beliefs of the patients under my care, holding in confidence all personal information entrusted to me, and refrain from any action which might endanger life or health.

I will endeavor to keep my professional knowledge and skill at the highest level and to give loyal support and cooperation to all members of the health team.

I will do my utmost to honor the international code of ethics applied to nursing and to uphold the integrity of the professional nurse.