

# CHILDBIRTH EDUCATION CLASSES

The Women's Health Center at NYC Health + Hospitals/Jacobi offers a series of 3 classes to help you prepare for the birth of your baby. You will learn about labor and delivery, postpartum, breastfeeding and infant care. A new series of classes is offered each month. It's best to start in your 7th month.

## AUGUST 2019

Thursdays: 5:45pm–8:00pm

August 8<sup>th</sup>, 15<sup>th</sup>, & 22<sup>nd</sup>

Building #8, 3rd Floor, Area 3A

OR

## SEPTEMBER 2019

Thursdays: 5:00pm – 7:30pm

September 5<sup>th</sup>, 12<sup>th</sup>, & 19<sup>th</sup>

Building #8, 3rd Floor, Area 3A

There is a one-time charge of \$10/series for Jacobi and NYC Health + Hospitals patients; \$45 for all other patients.

Classes are held at:

NYC Health + Hospitals/Jacobi

1400 Pelham Parkway South, Bronx, NY 10461

To pre-register and for more information, please call Ellen Walk at (718) 918- 6391.

Supported by the Jacobi Medical Center Auxiliary, Inc.

