

CHILDBIRTH EDUCATION CLASSES

The Women's Health Center at NYC Health + Hospitals/Jacobi offers a series of 3 classes to help you prepare for the birth of your baby. You will learn about labor and delivery, postpartum, breastfeeding and infant care. A new series of classes is offered each month. It's best to start in your 7th month.

FEBRUARY 2019

Wednesdays: 5:45pm – 8pm

February 6th, 13th, & 20th

Building #8, 3rd Floor, Area 3A

Or

MARCH 2019

Tuesdays: 5:45pm – 8pm

March 5th, 12th, & 19th

Building #8, 3rd Floor, Area 3A

Or

APRIL 2019

Thursdays: 5:30pm- 7:45pm

April 4th, 11th, & 18th

Building #8, 3rd Floor, Area 3A

There is a one-time charge of \$10/series for Jacobi and NYC Health + Hospitals patients; \$45 for all other patients.

Classes are held at:

NYC Health + Hospitals/Jacobi

1400 Pelham Parkway South, Bronx, NY 10461

To pre-register and for more information, please call Ellen Walk at (718) 918- 6391.

Supported by the Jacobi Medical Center Auxiliary, Inc.

