

Special Pathogen L1 Personal Protective Equipment Donning and Doffing Checklist

Level 1 DONNING CHECKLIST

Step #	Task	Criteria	Completed
1.	Gather PPE in proper sizes	<ul style="list-style-type: none"> Surgical gown N95 respirator mask Nitrile gloves, extended cuff (2 pr.) Face shield 	<input type="checkbox"/> Yes <input type="checkbox"/> No
2.	Prepare to don PPE	<ul style="list-style-type: none"> Trained observer present with checklist OUTSIDE of the patient's room Remove watches, jewelry, and dangling items that could interfere with integrity of PPE Secure eyeglasses with a tie Hydrate and attend to personal hygiene 	<input type="checkbox"/> Yes <input type="checkbox"/> No
3.	Inspect PPE	<ul style="list-style-type: none"> Inspect PPE for serviceability (e.g., not torn or ripped) and proper size 	<input type="checkbox"/> Yes <input type="checkbox"/> No
4.	Perform hand hygiene	<ul style="list-style-type: none"> Perform hand hygiene with alcohol-based hand sanitizer 	<input type="checkbox"/> Yes <input type="checkbox"/> No
5.	Don nitrile gloves (inner)	<ul style="list-style-type: none"> Don nitrile inner gloves 	<input type="checkbox"/> Yes <input type="checkbox"/> No
6.	Don surgical gown	<ul style="list-style-type: none"> Fully covers torso from neck to knees; arms to end of wrists Fastens at the back of neck; ties at waist Do not tie inside ties Ensures no trip hazard exists 	<input type="checkbox"/> Yes <input type="checkbox"/> No
7.	Don N95 respirator	<ul style="list-style-type: none"> Don N95 mask and check for seal 	<input type="checkbox"/> Yes <input type="checkbox"/> No
8.	Don nitrile gloves (outer)	<ul style="list-style-type: none"> Extends to cover the sleeves or cuffs of the isolation gown Tuck excess material at sleeve into cuff 	<input type="checkbox"/> Yes <input type="checkbox"/> No
9.	Don face shield	<ul style="list-style-type: none"> Positions shield above eyebrows and mid-forehead to cover eyes 	<input type="checkbox"/> Yes <input type="checkbox"/> No
10.	Inspection	<ul style="list-style-type: none"> Extends arms and verifies integrity of PPE with observer: <ul style="list-style-type: none"> Bends at waist Squats and returns to standing position Slowly turns in circle for final inspection Observer to mark suit with wearer's name and time donned 	<input type="checkbox"/> Yes <input type="checkbox"/> No

Colored steps indicate location: **Red** = in patient room | **Yellow** = In designated decontamination area | **Green** = In cold/clean zone outside decontamination area
 Reference: Healthcare providers in the U.S. evaluating PUIs for Ebola who are clinically stable AND do not have bleeding, vomiting, or diarrhea. Accessed online at <https://www.cdc.gov/vhf/ebola/healthcare-us/ppe/guidance-clinically-stable-puis.html>; Accessed on 3/30/2018

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11.	Reminder	<ul style="list-style-type: none"> Hands are to be kept away from all mucous membranes / Review hand signals 	<input type="checkbox"/> Yes <input type="checkbox"/> No
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Level 1 DOFFING CHECKLIST

Step #	Task	Criteria	Completed
1.	Trained Observer	<ul style="list-style-type: none"> Engage the trained observer outside patient room with the checklist Determine contact time requirement for disinfectant wipe per product label 	<input type="checkbox"/> Yes <input type="checkbox"/> No
2.	Inspect PPE	In patient room; <ul style="list-style-type: none"> Inspect PPE for soiling or breaches If PPE is visibly contaminated, disinfect by using an EPA-registered disinfectant wipe (allow contact time per product label) 	<input type="checkbox"/> Yes <input type="checkbox"/> No
3.	Perform hand hygiene	<ul style="list-style-type: none"> Perform hand hygiene by using an EPA-registered disinfectant wipe (allow contact time per product label) or with alcohol-based hand sanitizer 	<input type="checkbox"/> Yes <input type="checkbox"/> No
4.	Doff outer gloves	<ol style="list-style-type: none"> Using gloved hand, grasp the palm area of the other gloved hand and peel off first glove Hold the removed glove in the opposite, gloved hand Slide fingers of the ungloved hand under the remaining glove at the wrist and peel off the remaining outer glove over the first glove Discard both outer gloves in the infectious waste container 	<input type="checkbox"/> Yes <input type="checkbox"/> No
5.	Hand hygiene	<ul style="list-style-type: none"> Clean hands with alcohol-based hand sanitizer 	<input type="checkbox"/> Yes <input type="checkbox"/> No
6.	Doff face shield	<ul style="list-style-type: none"> Face shield is considered contaminated Remove by tilting the head slightly forward, grasping the rear strap and pulling it gently over the head and allowing the face shield to fall forward Discard in the infectious waste container 	<input type="checkbox"/> Yes <input type="checkbox"/> No
7.	Hand hygiene	<ul style="list-style-type: none"> Clean hands with an EPA-registered disinfectant wipe (allow contact time per product label) or alcohol-based hand sanitizer 	<input type="checkbox"/> Yes <input type="checkbox"/> No
8.	Doff surgical gown	<ul style="list-style-type: none"> Front and sleeves are potentially contaminated Pull the gown away from the body until the ties break Remove gown by pulling the gown away from the neck and shoulders, touching the inside only As the gown is rolled away from the body it is turned inside out, folded, or rolled into a bundle and discarded into an infectious waste container 	<input type="checkbox"/> Yes <input type="checkbox"/> No
9.	Perform hand hygiene	<ul style="list-style-type: none"> Perform hand hygiene by using an EPA-registered disinfectant wipe (allow contact time per product label) or with alcohol-based hand sanitizer 	<input type="checkbox"/> Yes <input type="checkbox"/> No

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Step #	Task	Criteria	Completed
10.	Doff inner gloves	<ol style="list-style-type: none"> Using gloved hand, grasp the palm area of the other gloved hand and peel off first glove Hold the removed glove in the opposite, gloved hand Slide fingers of the ungloved hand under the remaining glove at the wrist and peel off the remaining outer glove over the first glove Discard both outer gloves in the infectious waste container 	<input type="checkbox"/> Yes <input type="checkbox"/> No
11.	Hand hygiene	<ul style="list-style-type: none"> Clean hands with alcohol-based hand sanitizer 	<input type="checkbox"/> Yes <input type="checkbox"/> No
12.	Don nitrile gloves	<ul style="list-style-type: none"> Don a new pair of nitrile gloves 	<input type="checkbox"/> Yes <input type="checkbox"/> No
13.	Relocate	<ul style="list-style-type: none"> Move to designated doffing area 	<input type="checkbox"/> Yes <input type="checkbox"/> No
14.	Remove N95 respirator	<ul style="list-style-type: none"> Remove N95 respirator from the back to front and discard in the infectious waste container 	<input type="checkbox"/> Yes <input type="checkbox"/> No
15.	Doff final gloves	<ul style="list-style-type: none"> Remove gloves using same procedure as first two pairs 	<input type="checkbox"/> Yes <input type="checkbox"/> No
16.	Hand Hygiene	<ul style="list-style-type: none"> Wash or clean hands with an alcohol-based hand sanitizer; hands completely dry before exiting the area 	<input type="checkbox"/> Yes <input type="checkbox"/> No
17.	Inspect	<ul style="list-style-type: none"> Inspect for any contamination of the clothing worn under the PPE. If there is contamination, shower immediately. 	<input type="checkbox"/> Yes <input type="checkbox"/> No
18.	Follow Up	<ul style="list-style-type: none"> Perform staff rehab, medical monitoring, documentation, and behavioral wellness check as indicated 	<input type="checkbox"/> Yes <input type="checkbox"/> No

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